

Rotary
Club of Pasig



UNITE
FOR
GOOD

21 MAY 2026
ROTARY YEAR 2025 - 2026

TINIG

The Official Newsletter of the Rotary Club of Pasig



MANUEL P. BUENSUCESO, JR.



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AulumDev Ventures Corporation (AulumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



0935-8213984



luxidrotarymcc@gmail.com

Today's Programme

**Valle Verde Country Club
May 21, 2026 12:00 Noon
Pangkat 3 Leader: Dir. Gary Ona**

Call to Order	Pres. Roy Quejada
Invocation	Dir Aris Marfil
National Anthem	Rtn Paolo Diaz
FOUR-WAY TEST	Rtn James Porter
Introduction of Visiting Rotarians & Guests	PP Vic Lim
Community Singing	Pangkat 3
Wise or Otherwise	Dir Gary Ona
Fining Moments	PP Peter Javier
President's Time	Pres. Roy Quejada

Rtn. Manuel P. Buensuceso, Jr.
CLASSIFICATION TALK

Open Forum	
Adjournment	Pres. Roy Quejada

Dir. Gary Ona
Emcee
*** Youth Service Month ***
1.



Invocation



Heavenly Father, As we lift up our country to You for we are facing a lot of crises and issues, we pray that you continue to bless us. Strengthen our weak hearts with courage, enlighten our feeble minds with wisdom, and heal our despair with Hope. This we ask through Christ our Lord.

Amen.

From: Rtn. Fr. Kell Ortega

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng Kina-uukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN** at **LALONG MATAPAT NA PAKIKIPAG-KAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kina-uukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay **“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.



Song of the Day



IT'S THE 4-WAY TEST

(Tune: It's The Real Thing)

We'd like to help Pilipinos live
In perfect harmony
We'd like to help Pilipinos grow
As honest as can be.

The 4-Way Test is what we offer
To guide their way through life
It teaches them to tell the truth
And not to tell a lie.

Refrain:

It's the 4-Way Test
It's Rotary's way
We're all proud to say
It's the 4-Way Test

We'd like to help Philippines grow
In the most beneficial ways
And bring Pilipinos all together
In harmony and peace.

The 4-Way Test is what we offer
To bind them all as one.
They'll cherish truth as their ideal
Put lying out of mind

(Repeat Refrain)

(Adaptation from It's The Real Thing for Rotary by PP Peter)



From the President

Pres. Roy Quejada



Goals, Leadership, and the Risk of Derailment

This month is celebrated as Youth Service Month, and in many ways, it is also a reminder about youth leadership the energy, ambition, and drive of young leaders who want to create impact and succeed.

Recently, I spoke with a young department head who had just been promoted. He reached out to seek advice because he genuinely wanted his team to thrive and become successful. He understood that for the company to move forward, goals needed to be achieved.

But one reminder I shared with him was this:

“Be careful with the level of intensity you place on the goals you set because sometimes, too much pressure can derail rather than motivate.”

As leaders, it is natural to become focused on targets, deadlines, and performance. We want results. We want improvement. We want to prove ourselves worthy of the responsibility given to us.

But leadership is not only about arriving at the goal. It is also about making sure the team arrives there together.

Sometimes, when goals become too heavy, people stop feeling inspired and start feeling pressured. Communication becomes tense. Relationships weaken. The team begins operating out of fear instead of purpose. And ironically, this can slow down the very success we are trying to achieve.

From the President

Pres. Roy Quejada

Continuation 1.

This is what derailment can look like not failure of the goal itself, but failure to keep the team aligned, motivated, and emotionally engaged along the journey.

The best leaders understand that goals are important, but people matter just as much. They know when to push, when to pause, and when to encourage.

As we celebrate Youth Leadership Month, may we continue guiding young leaders not only to become goal-oriented, but also people-oriented. Because true leadership is not measured only by how fast we reach success, but by how many people grow, stay inspired, and move forward with us along the way.

Roy E. Quejada

Respect. Support. Serve



Rotary Notes

PP Benny P. De Guzman



Congratulation to both PP Nick and HOF/PP John! PP Nick was elected a Fellow of the International Honor Dental Organization. HOF/PP John was appointed Vice Dean for Academic Affairs, School of Law of Pamantasan ng Lungsod ng Pasig. Mabuhay kayo

The attendance last week was so pathetic. Mas marami pa yung Luxid board meeting. Hindi naman, teaser lang yan. But less than 2 dozens. Pres. Roy, tap the Pangkat heads even if they are not in charge of the particular meeting. A text message to attend is important as you deny others a chance for fellowship with you.

What happened to the second Roy? The Mendoza who was so active before now a RINO? The list of RINOs are increasing. RINotism?

PP Henry is a candidate for Mr. PAREB for 2027 at the MR. & MS. PAREB Real Estate 2026 First National Convention. He's asking for the club's assistance. PAREB stands for PARE Baka next time na lang muna, attendance Ng club muna bago PAREB. Kumukita naman kayong lahat diyan, pa PAREB PareB lang kita na.

The Hall of Famers among the police awardees last week lacked a lot of pep. Parang mga losers lang. Walang pep. Kulang ang binigay?

Our very nationalistic PP Celso was calling tha lawmakers that our country needs serious attention to not only lead BUT even

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

to survive. His letter was so well written that it will a very good homily if he carried his priesthood to the helm.

There are only two charter members in our club. CM/PP Peping celebrated his 70th wedding anniversary last Tuesday in a very nice air conditioned church that he also assisted in building. It was a sight to behold as both Peping and lovely bride Bella were in their wheelchairs. And what better gifts can they ask for? No gifts for themselves but donation to the church they helped built, now fully air-conditioned with an extra room that can be used for meetings and social functions. Of course, may bayad but in a very good location and comfortably arranged even for 40 to 50 people. Our very own member Rtn Rudy is an officer of the barangay where the church is.

PP Vic Lim took notice that the Committee on Education of the Senate, formerly chaired by Sen. Bam Aquino based on the new leadership of the Senate will go to Sen. Robinhood Padilla. A summa cum laude versus a non college graduate. Dating convict pa na nabigyan lang ng executive pardon? Pardon me, baka forma lang maituro niyan. Vic is right. We must sound off if the sarsuela is becoming too funny that even us will be laughing stock of other countries.

It is nice if your congressman is also a member of your club. He gave us pointers on how to get your legislated seniors cash awards from the local to national government for those reaching 85, 90, 95 and above. Kami ni PP Ner are entitled on the 90 years. This September, PP Totoy will hit 100. Pati Rotary Club of Pasig should give a major award to PP Totoy. Am sure he has more years of marital anniversaries than CM/PP Peping.



Walking the Avenues

PP Jun C. Zafra



Passport clubs offer ticket to flexibility

Marco Cecala and Rebecca Wilks had been Rotary members for years when the couple moved to Yarnell, Arizona, in 2019. Suddenly, they were more than 25 miles from the nearest Rotary club. “We were wondering what to do,” Cecala recalls.

Eventually, they stumbled upon the Rotary Club of Valley of the Sun Passport, a reinvention of a traditional club based in a Phoenix suburb. The club meets online only once per month, and its board meets monthly as well. Intrigued, Cecala and Wilks tried it out and found their new Rotary home.

Rotary’s Guide to Passport Clubs explains that this type of club gives members a more flexible experience by encouraging them to regularly visit other clubs, which is where the “passport” part of the name comes from. Passport clubs can relax the attendance policy or offer a variety of meeting formats.

As Cecala and Wilks set out recruiting members, they discovered the passport format was ideal for people who were on the verge of leaving Rotary. “We talked to friends of ours who were former district governors and current presidents and said, ‘Look, if you’ve got somebody who’s teetering, send them to us,’” Cecala recalls. “We’ll talk to them and show them this is an alternative.”

Members of passport clubs often engage with people from other clubs whose interests match their own. “Many of us go to places

Walking the Avenues

Continuation 1.

and see projects we have supported for years,” Cecala says. “As a passport club, we are ambassadors for passion projects and creative ways to fund them.”

The Rotary Club of Ōtautahi Passport in New Zealand began intentionally as a passport club at a time when COVID-19 restrictions were in place, and the group held its first meetings virtually. Like the Valley of the Sun passport club, the group grew as members found other individuals who had either recently left Rotary or were unhappy in their clubs.

“Our model is very flexible. If something isn’t working, with club members’ input, we change it,” says Deb Gimblett, charter president of the New Zealand club. “Our meetings are less time-consuming. Members are encouraged to do what they can.”

The club meets every other week at varied locations throughout the Canterbury region. There are no meals to pay for, although when the club meets at a local McDonalds, members can grab a burger or fries if they want. “We don’t expect people to come to every meeting,” notes Club President Martin MacLean. “Sometimes we’ll have a meeting as part of an event, like a project. We might take half an hour at the beginning for a formal meeting and then go into our service.”

The Frederiksberg-Falconér Passport club near Copenhagen, Denmark, began as a traditional club but transitioned to the passport form in 2023, as the club and others in its district were experiencing a decline in membership. Club member Maiken Hallingskov, the district’s membership chair, says a workshop with members of clubs in the Copenhagen area determined most

Walking the Avenues

Continuation 2.

wanted to stay in Rotary but weekly meetings had become too much.

The passport club has grown from 14 to 22 members, largely from active promotion on the LinkedIn networking site. Hallingskov says the limited time commitment is the major selling point.

“People want to keep it easy, and they want to do a special thing for the local community or someone else,” says Hallingskov. “We are all very active, have our own companies, and don’t have much time. Two hours a month is enough for us to get it done.”

This story originally appeared in the April 2026 issue of Rotary magazine.



Tinig Tidbits

By: HOF/PP Peter Javier



MYTHS & FACTS ABOUT THE HUMAN BODY

1. Myth - We only use 10% of our brain.
Fact - Most of the brain cortex works at full capacity even when we are asleep.
2. Myth - Brain cells stop growing when you reach adulthood.
Fact - Neurons flourish and change throughout your entire life.
3. Myth - Your sight deteriorates if you read in the dark or on a monitor.
Fact - Your eyes get tired quickly this way, but recover after rest.
4. Myth - Split ends can be cured by shampoo or hair conditioner.
Fact - You can only get rid of split ends by cutting them.
5. Myth - Humans only have 5 senses: sight, hearing, smell, tactile sense and taste.
Fact - We have at least 21 senses. Example: sense of balance and temperature.
6. Myth - It's easier to catch a cold when it's actually cold.
Fact - Colds are caused by virus, not air temperature.
7. Myth - Our heart skips a beat when we sneeze.
Fact - The heart's rhythm sometimes changes when we sneeze, but it never stops.



Tinig Tidbits

By: HOF/PP Peter Javier

Continuation 1.

8. Myth - Alcoholic beverages make you warm.
Fact - Alcohol dilates your superficial blood vessels, making you feel warmer.
9. Myth - Sweat can remove toxins from your body.
Fact - Sweat glands cool down your body.
10. Myth - Carrots improve eyesight.
Fact - Carrots help prevent muscle degeneration, but they don't improve your eyesight.
11. Myth - Healthy teeth should be perfectly white.
Fact - A tooth's natural color is slightly yellowish.
12. Myth - Burns heal better if you apply oil to them.
Fact - You should apply something cold to the burn; oil makes a film on your skin that keeps heat inside.

(From BabaMail)

Classification Talk



Rtn. Manuel P. Buensuceso, Jr.

Partner, Audit Services

Manny is an audit partner of Reyes Tacandong & Co., a member firm of RSM International, with about 14 years of relevant professional experience.

As an audit partner, he handled engagements in various industries such as petroleum, food service, construction services, infrastructure development, solid waste management, manufacturing, real estate development, non-bank financial institutions, non-profit foundations, hospitality and educational institutions.

He also handled financial due diligence, reviews of feasibility studies for private-public partnership projects, business valuations, business process reviews and implementation of, and compliance with, the Extended Producer Responsibility (EPR) Law of the DENR.

Manny is a Certified Public Accountant and placed 1st in the May 2012 CPA Licensure Examination. He obtained his Bachelor of Science in Accountancy from San Beda University. He was a recipient of the Firm's Abacus Award for Client Servicing in the area of audit services.

He is also a holder of Fundamentals of Sustainability Accounting (FSA) Credential,

Classification Talk

Continuation 1.

a professional examination given by the International Sustainability Standards Board (ISSB) of the IFRS Foundation, and passed the Chartered Financial Analyst (CFA) Level 1.

Glimpse Our Last Meeting



Rtn Bebert emcees program; GP Roy starts program; Rtn Bebert leads invocation.



Rtn Bernard leads singing of Pambansang Awit; Rtn Paolo recites Apat na Urian ng Rotaryo; Rtn Bebert introduces guests.



Pagpupugay sa Kabayanihan ng Pasig Police 2026 awardees.

Glimpse Our Last Meeting



Pangkat 2's Rtn Bebert, PP Bong, Rtns Jon & Bernard sings Pasig Rotarians.



HOF/PP Conrad updates on Luxid Rotary; PP Bong is finemaster; GP Roy with his message.



CM/PP Peping on a relative; GP Roy hands over computer donated by PP Bong.

Glimpse Our Last Meeting



Dir Gary introduces awardees; GP Roy hands over cash award to PSMS F. Angeles, RCP Honesty & Integrity Award.



Messages from 2026 Hall of Famers, PCO & PNCO.



Glimpse Our Last Meeting



Comments from Rtn Jake, Rtn Rudy & Dir Aris.



Remarks from Hall of Famer PCpt Jason Lovendino; GP Roy adjourns meeting.



Rotarians with Pasig Police awardees.

Peping & Bella's 70th Wedding Anniversary



CM/PP Peping & Sp Bella with Rtn Rudy, PE Jun, Dir Tet & Rtn Nesty at Holy Family Parish Church.



At Niu of Vikings at SM Aura.



With PP Peter, PE Jun, PPs Benny, John, Ogie, Tito, Nick & RJ and Sps. Marissa & Patsy.



Wheat not Weeds

By: Rtn. Fr. Kell Ortega



The Most Holy Name of God

**"You shall not use the name of God in vain."
Exodus 20:7**

God is indeed holy and almighty. Thus, even the name God is to be revered at all times. It is even to be defended at all cost. It is not something to be trifled with nor be taken for granted. Worst, it is not used to be invoked to suit anyone's whims or personal desires. However, reality hurts.

Nowadays, people use the name of God in vain. Some use it to swear or to curse. Others use it to legitimize violence and even sexual crimes. Still others use it to justify their acts of impunity in public. In other words, they mocked God by using His Most Holy Name in vain.

May we learn to respect God by respecting His Most Holy Name. Not only that, we should teach others that it is indeed not only a sin but also a crime to utter the God's most holy name in foul or evil situations. If God is to be revered, may we also revere His Name.

Pangkat Members RY 2025 - 2026

Pangkat No. 1

- 1. Pres. Roy Quejada – Leader**
- 2. Dir. Mads Bengua – CL**
3. PP Adolf Aran
4. Rtn. Chony Gimenez
5. PP Conrad Cuesta
6. Rtn. Dodot Jaworski
7. Rtn. Edison Go
8. Rtn. Jojo Estolano
9. Rtn. Noel Go
10. PP Peping Mabanta
11. Rtn. Philip Yoon
12. Rtn. Roehl Fontanilla
13. Rtn. Roy Mendoza
14. PP Vic Aquino
15. Rtn. John Nepomuceno
16. Rtn. Shaquile Guiaman

Pangkat No. 3

- 1. Dir. Gary Ona – Leader**
- 2. Dir. Aris Marfil – CL**
3. Rtn. Arnel Estaniel
4. Rtn. Jimmy Gualberto
5. Rtn. Marlo Guillano
6. Rtn. Oyie Averilla
7. Rtn. Paolo Diaz
8. PP Peter Javier
9. Rtn. Raj Cordova
10. Rtn. Richie Pua
11. Rtn. Richie Defensor
12. Rtn. Simon Tantoco
13. PP Totoy Bartolome
14. PP Vic Lim
15. Rtn. James Porter

Pangkat No. 2

- 1. Dir. Tet Mallare - Leader**
- 2. Dir. Roland Vasquez – CL**
3. Rtn. Bebert Lacuna
4. Rtn. Bernard Bobadilla
5. PP Bong Paloma
6. Rtn. Chito Bernardo
7. Rtn. Hans Roxas Chua
8. Rtn. Fr. Jojo Opinio
9. Rtn. Jon Cansana
10. Rtn. Nicky Ty
11. Rtn. Nilo Ocampo
12. PRID Raffy Garcia III
13. Rtn. Rod Moreno
14. PP Tito Henson
15. Topax Colayco
16. Rtn. Abe Sarangaya

Pangkat No. 4

- 1. IPP. Bernard Dy - Leader**
- 2. Dir. Joseph Gualberto - CL**
3. PP Arjan Ramnani
4. Rtn. Ato Basco
5. PP Benny de Guzman
6. Rtn. Charles Reyes
7. PP Garrick Ang
8. Rtn. Jake Oh
9. Rtn. Karl Contreras
10. Rtn. Fr. Kell Ortega
11. PP Ner Laino
12. PP Nick Guzman
13. PP Ogie Lim
14. Rtn. Roman Romulo
15. PP Toti Buhain

Pangkat Members RY 2025 - 2026

Continuation 2.

Pangkat No. 5

- 1. PP Jun Zafra – Leader**
- 2. Rtn. Bien Sibug – CL**
3. Rtn. Alex Lacson
4. Rtn. Flor de Pano
5. Rtn. Henry Claravall
6. PP Henry Uy
7. PP Jess Acantilado
8. Rtn. JS Zamora
9. Rtn. Manfred Guangko
10. Rtn. Mike Dolar
11. Rtn. Nesty Carolina
12. Rtn. Ping Tan
13. Rtn. Richard Berganos
14. PP RJ Ermita
15. Rtn. Rudy Sanguyo

Pangkat No. 6

- 1. Dir. Pal Bolivar - Leader**
- 2. Sec. John Javier - CL**
3. Rtn. Anson Tan
4. Rtn. Ben Baniel
5. PP Bert Albano
6. Rtn. Carlos Chuaunsu
7. PP Celso Ylagan
8. Rtn. Dennis Albano
9. PP Ferd Rivera
10. Rtn. Ike Ona
11. PP Ramy Garcia IV
12. PP Rel Gmez
13. PP Rene Bocaya
14. Rtn. Vico Sotto
15. Rtn. Manny Buensuceso

ROTARY CLUB OF PASIG OFFICERS & DIRECTORS



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Victor Gabriel "Gary" M. Ona
Vice President / TRF Director

Peter John "John" U. Javier
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Bernardo "Bernard" C. Dy
Treasurer / Immediate Past President

Marcelo "Jun" C. Zafra Jr
Director / Club Trainor

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Director for Youth Service

Saturnino "Tet" G. Mallare, III
Director for Service

Aristotle "Aris" B. Marfil
Director for Administration

Rolando "Roland" P. Vasquez
Director for Membership



ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

Editorial Staff

TINIG STAFF RY 2025-2026	FEATURE WRITERS	
PP PETER JAVIER Editor in Chief DIR ARIS MARFIL Club Bulletin Admin.	ROY QUEJADA From the President	JOHN JAVIER Secretary's Desk
	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

Website : www.rcpasig.org

Email : rcpasig@hotmail.com

Secretariat Office: **Ylagan Law Office**
 Unit 809, City & Land Mega Plaza
 ADB Avenue Corner Garnet Road
 Ortigas Center, Pasig City Tel. No. 635-2234
Edgar Manalang: **0927-9414528; rcpasig@hotmail.com**

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____