



TINIG

The Official Newsletter of the Rotary Club of Pasig

PAGPUPUGAY SA KABAYANIHAN NG PASIG PULIS 2026

(THE IGNACIO GIMENEZ AWARDS)

HALL OF FAMERS



PSSG MELVE ANN ESPIN



PEMS ALFREDO SOLOMON



PCMS MIGUEL TORALLO



PCPT JASON LOVENDINO



PCPT RESEL GUEVARRA

PNCO OF THE YEAR

PCO OF THE YEAR

RCP HONESTY
AND INTEGRITY AWARD



PSSG FLORIAN SEVERANO



PLT AL A ALVAREZ



PSMS FERNANDO ANGELES



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AulumDev Ventures Corporation (AulumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



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Today's Programme

Valle Verde Country Club

May 14, 2026 12:00 Noon

Pangkat 2 Leader: Pres. Roy Quejada

Call to Order	Pres. Roy Quejada
Invocation	Rtn Abe Sarangaya
National Anthem	Rtn Bernard Bobadilla
FOUR-WAY TEST	Rtn Rod Moreno
Introduction of Visiting Rotarians & Guests	Rtn Bebert Lacuna
Community Singing	Pangkat 2
Wise or Otherwise	
Fining Moments	PP Bong Paloma
President's Time	Pres. Roy Quejada
Introduction of Guest Speaker	Dir Gary Ona

***Pagpupugay sa Kabayanihan ng
Pasig Pulis 2026 Hall of Famers
GUEST SPEAKER***

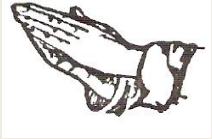
Open Forum	
Adjournment	Pres. Roy Quejada

**Rtn. Bebert Lacuna
Emcee**

**** Youth Service Month ****



Invocation



Heavenly Father we thank you for bringing us together as a brotherhood with commitment to make a difference in our community. In a very divisive situation our country is facing right now, we beg you to enlighten our leaders and guide us too that all our thoughts and actions may contribute to towards nation building. We ask all these through Christ our Lord. **Amen.**

From: Rtn. Fr. Jojo Opinio

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng Kina-uukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAG-KAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kina-uukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay ***“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT*** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.

Song of the Day



PASIG ROTARIANS

(Tune: Dancing Queen)

Woo, woo, woo, woo, woo, woo, woo, woo
You can see, you can feel
Having the time of our life
Oh see us now, watch us now
Pasig Rotarians

Thursday noon and we're on the go
Meeting in a place you know
Breaking bread with one another
Getting in the swing
We come to meet with friends
Pasig Rotarians we all are
Young and old, wise and otherwise
With a sense of service
Everything we do
for the community
And when we get the chance
Pasig Rotarians
Young and old, since seventy one
Pasig Rotarians serves the need
of the community

You can see, you can feel
Having the time of our life
Oh see us now, watch us now

Song of the Day



Continuaation 1.

Pasig Rotarians
We're Rotarians, we're on the go
Looking for opportunities
Where we can serve our brothers
Looking beyond ourselves
We're in the search to serve
And when we get the chance
Pasig Rotarians
Young and old, since seventy one
Pasig Rotarians serves the need
of the community

You can see, you can feel
Having the time of our life
Oh see us now, watch us now
Pasig Rotarians, Pasig Rotarians

(Lyrics adaptation by PP Peter)



From the President

Pres. Roy Quejada



Transformation Begins with Mindset

Over the past year, one thing I have clearly seen from the Pasig City Police is transformation not only in the way they perform their duties, but also in the way they carry and present themselves.

Recently, during the interviews and screening activities for the Pagpupugay sa Kabayanihan ng Pulis awards, I noticed something different. The police officers spoke with more confidence, composure, and professionalism. There was clarity in the way they answered questions and sincerity in the way they shared their experiences. You could sense discipline, but at the same time humility.

And perhaps that is what transformation really means.

Transformation is not simply about awards, appearance, or performance metrics. It is the gradual improvement of mindset, attitude, discipline, and character that eventually reflects in the work, culture, and identity of a team or organization.

But transformation never happens when the mindset remains poor. Real change starts when people begin believing that improvement is possible. And to strengthen mindset, people need a model someone they can look up to and emulate.

Over the past year, I have seen that example through PCOL Hendrix Mangaldan. I would describe him as humble,

From the President

Pres. Roy Quejada

Continuation 1.

hardworking, and deeply committed to his responsibilities sometimes to the point of forgetting to take care of himself. Kaya naman when we met again a few months ago, we were all pleasantly surprised by his physical transformation as well.

Leadership has a way of influencing culture. And the achievements of Pasig PNP over the years the awards received and the decreasing crime metrics reflect the hard work of the entire organization.

As Pasigueños, we are proud and grateful.

Maraming salamat, PCOL Hendrix, and to our Pasig police force, for your service and dedication. Masaya kaming makita ang inyong mga tagumpay, at umaasa kami sa mas progresibo pang kapulisan at mas marami pang pagkilala sa mga darating na taon.

Roy E. Quejada

Respect. Support. Serve



Rotary Notes

PP Benny P. De Guzman



The summer heat plus my other needed duties are telling now in making my column. But duty first.

Tinig wants to recognize the outstanding award of our very own Mayor Vico and his nice acceptance of the same in Madrid with a grant of US\$ 1 million. In the Pagpupugay sa Kabayanihan ng Pasig Pulis 2026, it was mentioned that our police force was adjudged one of the country's very best. I am sure it was inspired by the leadership style of our Mayor Vico as well. And the biggest city hall of our beloved city with first class construction open to the eyes of the public is in full all out transformation. Galing mo Mayor Vico. Galing din talaga ng Pasig at mga tagarito. Legitimo or dayo, magaling tayong lahat!

Outstanding Rotarians Chony, during the awards night of the project he established assured us he will join us last Thursday's meeting but urgent matters came out per his office info.

PP Vic A. did a very fine fining session last meeting. He prepared for it a la HOF/PP Peter, who writes down details every meeting, not only for his well liked Tidbits but to recall activities and events that both he and Vic add some degree of recognition for members who have excelled in their activities for the club. We have always supposedly as guest of HOF/PP Peter, Jerry Quibilan who was to be inducted president of RC Valle Verde when he resigned from the world of Rotary decades ago. His attendance level is better than half of our club members. Should not Peter just invite him? Nagparticipate naman sa open forum. He knows most of our member.

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Belated 90th birthday to PP Ner. The heat and the distance where he is based in his second hometown, with Pasig as first is the main reason why he is out most often. He is Batangas based. Na onsehan ako ni Ner. 11 days after his 90th is my 90th too, kaya onse ang lamang niya sa akin. I think he shares the same birthday as spouse Meanne of PP Topax and our late PP Bing Basilio.

The Rotaractors of Dir Joseph were very active last meeting. Their magna cum laude president is not only smart looking but very gracious as well. The others who joined in our respective tables were not as outspoken though.

The long hospitalization of my spouse Pura taught us a basic thing in hospital care. If a patient is checking out of a hospital and makes the mistake of checking out in a wheelchair, it is required that a patient must be by ambulance. And if there is no doctor's order, the wheelchair patient must be accompanied by a doctor. So the ambulance ordered must have a doctor who charges a standard P2,500 just to ferry the patient. My Pura is now at TMC. From dialysis to ICU. So, aside from the heat, the task of writing this column is truly tough.



Walking the Avenues

PP Jun C. Zafra



Rotary projects around the globe May 2026

United States

The deadliest U.S. wildfire in a century killed more than 100 people and destroyed thousands of homes and businesses on the Hawaiian island of Maui in August 2023. Searching for healing and reflection, the community group Aloha Amplified organized a twilight walk and ceremony this past September, supported by District 5000's fire relief fund and the three Rotary clubs in Lahaina. Hundreds of people carried lanterns along a milelong route, joining together at the end in the revered song "Hawai'i Aloha." The event featured cultural entertainment and booths staffed by local groups, including Rotary clubs. Rotarians, many of whom lost their own homes and businesses, also volunteered at the event. "People know Rotary in Lahaina," says Joanne Laird, of the Rotary Club of Lahaina Sunset.

Costa Rica

Lush rainforests and world-renowned birding help draw hundreds of thousands of travelers to Costa Rica every year. That backdrop belies many needs, including for children in the country. Stéphane Dähler, a Swiss expatriate who works in the tourism industry, reports his Rotary Club of Belén, northwest of the capital of San José, is committed to improving education and health outcomes. In February, members worked at the Español School to assemble, sand, and paint 112 desks funded by the club, District 4240 in Costa Rica, and Rotarians from

Walking the Avenues

Continuation 1.

District 5280 in California. The following month, Belén Rotarians visited the Santiago Alpízar School to drop off books. To help fill gaps in health care, the club held a medical camp in rural Puriscal in December to offer blood screenings and a toy distribution. The club “has become a bridge that unites Costa Rican industry with the common good, showing that the private sector and volunteers can generate a positive and sustainable effect,” Dähler says.

Italy

The Rotary Club of Monfalcone-Grado revels in the history and charm of its northern Italian region, located northeast of Venice near the Slovenian border. A recent project helped ensure that information is accessible to everyone, including people with visual impairments. In December, members unveiled a multisensory panel explaining the story of the Church of San Proto in San Canzian d’Isonzo, just west of their community. The 15th century chapel sits atop foundations dating to the fourth century. The panel combines educational content with tactile elements and Braille notations, with a placement designed for easy access by wheelchair users. “The church is located along an ancient Roman road and represents an important example of what we often call ‘minor heritage,’ meaning small sites with great historical and cultural value that deserve to be known and protected,” says club member Paolo Messina. Rotary members participated in every phase of the project, says Messina, “from concept and design to approvals and installation.”

Tunisia

When Yassine Harzallah was alerted to overcrowding in a

Walking the Avenues

Continuation 2.

primary school, he paid a visit and witnessed children studying on the floor and in corridors, with their notebooks on their knees. He snapped a photo, and “that image alone was enough to convince every member of our club that we had a responsibility to act,” says Harzallah, president of the Rotary Club of Ruspina Monastir. In December, the entire contingent visited the school, an hour drive from the club’s base in Monastir city. Members brought supplies, including hygiene products, cleaning items, a printer, a wheelbarrow, shovels, and hoes. A member architect drafted blueprints and watched over a local contractor who assembled a modular room off-site at a reduced cost. In January the structure, a new reading room, was delivered.

Australia

Family violence is a major health and social issue in Australia, according to the national Institute of Health and Welfare. Rotary Safe Families focuses on reducing the stigma around recognizing the problem. This year the project, which was founded in 2018 and has a presence in 48 countries, is preparing to enlist Rotary clubs to sponsor a local school through a program called Towards Respectful Relationships. It fosters “safe spaces for kids to talk about family violence and respect,” says program founder Dorothy Gilmour, a member of the Rotary Club of Hawthorn. “It has been a long, bumpy road to get Australians to discuss the taboo topic of family violence.” More recently, though, “I have noticed that family violence is becoming less taboo.”

This story originally appeared in the May 2026 issue of Rotary magazine.



Tinig Tidbits

By: HOF/PP Peter Javier



Surprising Facts About Coffee

1. There's no difference in caffeine content between dark and light coffee.
2. The smell of coffee is often enough to wake you up in the morning.
3. Coffee beans are not actually beans, they're cherry seeds.
4. Cappuccinos are named after Capuchin friars.
5. The majority of the world's coffee comes from Brazil.
6. Those who drink coffee live longer.
7. Before it was consumed as a drink, coffee was eaten.
8. Decaf coffee is never completely caffeine free.
9. Adding milk to coffee will keep it warmer for longer.
10. Before coffee became popular, the most common breakfast drink was beer.
11. Coffee grounds can be used as biodegradable fuel.
12. The powers of coffee were discovered by goats
13. Coffee can lead to a better and healthier life.
14. Coffee can help you burn fat.
15. Coffee can help prevent dementia and Alzheimer's.

(From BabaMail)

Glimpse Our Last Meeting



GP Roy starts meeting with Rtn Jojo as emcee; Dir Mads leads invocation.



Dir Aris leads singing of Pambansang Awit, Dir Mads recites The Four-Way Test & Dir Joseph introduces guests.



Rotaractors singing A Million Dreams with Dirs Mads & Aris & Rtn Jojo.

Glimpse Our Last Meeting



PE Jun on July 21 induction; fining by PP Vic & message from GP Roy.



Dir Joseph introduces PLP Rotaract Club president Angel Bangcore, who reports on their activities.



Select activities of PLP Rotaractors

Glimpse Our Last Meeting



**Block Screening
& Stipend Giving**

highlighted by their participation



**PalaRotaract
2026**

in PalaRotaract 2026



Ryla 2026

& RYLA 2026.

Glimpse Our Last Meeting



Comments from Rtn Jake, Dir Aris,



HOF/PP Peter and PE Jun.



GP Roys gives club's token then adjourns meeting.

Stipend Giving for PLP Rotaractor Scholars



GP Roy, Dir Aris and PE Jun assisted by Dir Joseph, Director for Youth Service hand over stipend to PLP scholars.



Stipend Giving for PLP Rotaractor Scholars



GP Roy, Dir Joseph & PE Jun with scholars.



GP Roy, PE Jun, Dirs Joseph, Aris & Mads & Sec John with 25 scholars.

Election of Incoming Officers of PLP Rotaract Club



Outgoing Pres. Angel Bangcore conducts nomination & election.



PE Jun & Dir Joseph with incoming officers

Pangkat Members RY 2025 - 2026

Pangkat No. 1

- 1. Pres. Roy Quejada – Leader**
- 2. Dir. Mads Bengua – CL**
3. PP Adolf Aran
4. Rtn. Chony Gimenez
5. PP Conrad Cuesta
6. Rtn. Dodot Jaworski
7. Rtn. Edison Go
8. Rtn. Jojo Estolano
9. Rtn. Noel Go
10. PP Peping Mabanta
11. Rtn. Philip Yoon
12. Rtn. Roehl Fontanilla
13. Rtn. Roy Mendoza
14. PP Vic Aquino
15. Rtn. John Nepomuceno
16. Rtn. Shaquile Guiaman

Pangkat No. 3

- 1. Dir. Gary Ona – Leader**
- 2. Dir. Aris Marfil – CL**
3. Rtn. Arnel Estaniel
4. Rtn. Jimmy Gualberto
5. Rtn. Marlo Guillano
6. Rtn. Oyie Averilla
7. Rtn. Paolo Diaz
8. PP Peter Javier
9. Rtn. Raj Cordova
10. Rtn. Richie Pua
11. Rtn. Richie Defensor
12. Rtn. Simon Tantoco
13. PP Totoy Bartolome
14. PP Vic Lim
15. Rtn. James Porter

Pangkat No. 2

- 1. Dir. Tet Mallare - Leader**
- 2. Dir. Roland Vasquez – CL**
3. Rtn. Bebert Lacuna
4. Rtn. Bernard Bobadilla
5. PP Bong Paloma
6. Rtn. Chito Bernardo
7. Rtn. Hans Roxas Chua
8. Rtn. Fr. Jojo Opinio
9. Rtn. Jon Cansana
10. Rtn. Nicky Ty
11. Rtn. Nilo Ocampo
12. PRID Raffy Garcia III
13. Rtn. Rod Moreno
14. PP Tito Henson
15. Topax Colayco
16. Rtn. Abe Sarangaya

Pangkat No. 4

- 1. IPP. Bernard Dy - Leader**
- 2. Dir. Joseph Gualberto - CL**
3. PP Arjan Ramnani
4. Rtn. Ato Basco
5. PP Benny de Guzman
6. Rtn. Charles Reyes
7. PP Garrick Ang
8. Rtn. Jake Oh
9. Rtn. Karl Contreras
10. Rtn. Fr. Kell Ortega
11. PP Ner Laino
12. PP Nick Guzman
13. PP Ogie Lim
14. Rtn. Roman Romulo
15. PP Toti Buhain

Pangkat Members RY 2025 - 2026

Continuation 2.

Pangkat No. 5

- 1. PP Jun Zafra – Leader**
- 2. Rtn. Bien Sibug – CL**
3. Rtn. Alex Lacson
4. Rtn. Flor de Pano
5. Rtn. Henry Claravall
6. PP Henry Uy
7. PP Jess Acantilado
8. Rtn. JS Zamora
9. Rtn. Manfred Guangko
10. Rtn. Mike Dolar
11. Rtn. Nesty Carolina
12. Rtn. Ping Tan
13. Rtn. Richard Berganos
14. PP RJ Ermita
15. Rtn. Rudy Sanguyo

Pangkat No. 6

- 1. Dir. Pal Bolivar - Leader**
- 2. Sec. John Javier - CL**
3. Rtn. Anson Tan
4. Rtn. Ben Baniel
5. PP Bert Albano
6. Rtn. Carlos Chuaunsu
7. PP Celso Ylagan
8. Rtn. Dennis Albano
9. PP Ferd Rivera
10. Rtn. Ike Ona
11. PP Ramy Garcia IV
12. PP Rel Gmez
13. PP Rene Bocaya
14. Rtn. Vico Sotto
15. Rtn. Manny Buensuceso

**ROTARY CLUB OF PASIG
OFFICERS & DIRECTORS**



OFFICERS

Roy Marvin "Roy" E. Quejada
President

Victor Gabriel "Gary" M. Ona
Vice President / TRF Director

Peter John "John" U. Javier
Secretary

Bernardo "Bernard" C. Dy
Treasurer / Immediate Past President

Marcelo "Jun" C. Zafra Jr
Director / Club Trainor

DIRECTORS

Amado "Madz" L. Bengua
Director for Public Image

Elnardo "Pal" L. Bolivar
Director for Ways and Means

Joseph A. Gualberto
Director for Youth Service

Saturnino "Tet" G. Mallare, III
Director for Service

Aristotle "Aris" B. Marfil
Director for Administration

Rolando "Roland" P. Vasquez
Director for Membership



ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Editorial Staff

TINIG STAFF RY 2025-2026	FEATURE WRITERS	
	ROY QUEJADA From the President	JOHN JAVIER Secretary's Desk
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DIR ARIS MARFIL Club Bulletin Admin.	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____