

Rotary
Club of Pasig

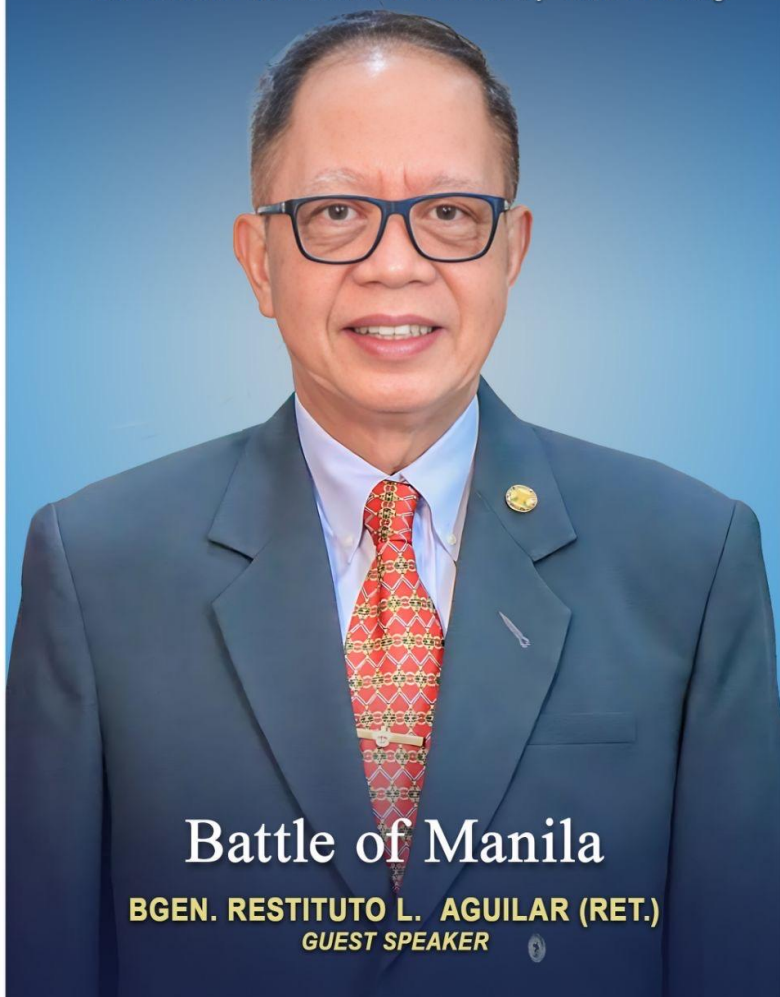


UNITE
FOR
GOOD

5 MARCH 2026
ROTARY YEAR 2025 - 2026

TINIG

The Official Newsletter of the Rotary Club of Pasig



Battle of Manila

BGEN. RESTITUTO L. AGUILAR (RET.)
GUEST SPEAKER



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AulumDev Ventures Corporation (AulumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



0935-8213984



luxidrotarymcc@gmail.com

Today's Programme

Valle Verde Country Club

March 5, 2026 12:00 Noon

Pangkat 1 Leader: Pres. Roy Quejada

Call to Order	Pres. Roy Quejada
Invocation	PP Adolf Aran
National Anthem	Dir Mads Bengua
FOUR-WAY TEST	Rtn Roy Mendoza
Introduction of Visiting Rotarians & Guests	Rtn Jojo Estolano
Community Singing	Pangkat 1
Wise or Otherwise	
Fining Moments	HOF/PP Conrad Cuesta
President's Time	Pres. Roy Quejada
Introduction of Guest Speaker	Rtn Nesty Carolina

RESTITUTO L. AGUILAR

Topic: Battle of Manila

GUEST SPEAKER

Open Forum	
Adjournment	Pres. Roy Quejada

Rtn Noel Go

Emcee

**** * Water, Sanitation and Hygiene Month ****



Invocation



Almighty God we glorify your mighty name. We thank you for your continued guidance and protection over each one of us as well as our families. Bless our fellowship this afternoon. Send us your spirit that we be guided by your wisdom and love and that we may always walk according to your will and trust in your loving care. **Amen.**

From: Rtn. Fr. Jojo Opinio

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng Kina-uukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAG-KAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kina-uukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay **“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglilingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.

Song of the Day



"In My Life"

The Beatles

There are places I'll remember
All my life though some have changed
Some forever not for better
Some have gone and some remain

All these places had their moments
With lovers and friends I still can recall
Some are dead and some are living
In my life I've loved them all

But of all these friends and lovers
There is no one compares with you
And these memories lose their meaning
When I think of love as something new

Though I know I'll never lose affection
For people and things that went before
I know I'll often stop and think about them
In my life I love you more

Though I know I'll never lose affection
For people and things that went before
I know I'll often stop and think about them
In my life I love you more

In my life I love you more



From the President

Pres. Roy Quejada



Happy Internationy Women's Month

I am glad to write about International Women's Month, especially as a reminder to our fellow members in Rotary Club of Pasig that even if we are an all-male club, we deeply value the importance of the women in our lives. It also makes one curious: is there even an International Men's Day? Do we even know when it is? And when it comes, is there even a buzz about it?

For the curious, there actually is November 19. But somehow it does not quite carry the same attention. Perhaps because the story behind International Women's Month carries a deeper history. It traces its roots to the early 1900s when women around the world began advocating for better working conditions, equal rights, and the right to vote. Over time, March became a time to recognize the contributions, strength, and leadership of women in society.

And while Rotary Club of Pasig proudly remains an all-male club, let us be honest with ourselves: if the women in our lives were suddenly absent, many of us would probably forget half of what we need to do in a day. Mothers, wives, daughters, and colleagues have quietly shaped the men we have become. Without them, life would probably be less organized and definitely more chaotic.

One simple way we express our appreciation this month is through service. On March 10, our club will support National Buntis Day, spearheaded by The Medical City through the leadership of Dra. Avic Agulto-Mercadal. This is one

From the President

Pres. Roy Quejada

Continuation 1.

meaningful way to show our pagpapahalaga sa ating mga kababaihan. I am sure many of us also have our own ways of showing appreciation and recognizing the importance of the women in our lives di ba?

Events like this also remind us to recognize the sacrifices that women make, especially in bearing and nurturing our children. It is an experience that carries a depth of wisdom many of us will never fully know. Yet that very experience often brings insights about life, resilience, patience, and care perspectives that can strengthen and support our own understanding of the world.

So how do we observe Women's Month? By acknowledging the women who shaped us, appreciating the love and support they continue to give, and recognizing that without them, life would be a little less meaningful and certainly more boring.

Before I end, congratulations to Rotary Club of Pasig, especially PP John Javier, for organizing the first-ever interzone meeting last week featuring the clubs of Pasig and Mandaluyong. It was a fun evening connecting with fellow Rotarians from different clubs. Our speaker, MMDA Chairman General Nicanor Torre III, used cycling as an anchor for his message highlighting its value to one's health and its potential to help ease traffic when used optimally. He challenged us to take the initiative in promoting cycling to work. It was a night filled with fun and practical discussions aimed at improving how we move around our city.

Roy E. Quejada

Respect. Support. Serve



Rotary Notes

PP Benny P. De Guzman



Both of our speakers at our last two meetings were military men with distinguished records, the first from the noted Philippine Military Academy and the second from the Philippine National Police Academy.

Pasig Zone clubs had 86 attendees with more than 60% coming from our club while Mandaluyong Zone clubs had 57 attendees from 8 clubs. Can you imagine the looks of the present club presidents of both zones? It looked liked a Jaycees assembly.

The shortest serving police chief of our country stayed less than two months and to give full recognition to his leadership talents, Pres. Bongbong Marcos named him MMDA General Manager.

Gen. Nicolas Torre III had a very good and impressive record as the first graduate of the police academy to assume the position and sadly, the shortest stint as well. He was credited with the arrest in his own domain of the highly touted Quiboloy for various sexual offenses. Quiboloy is still in jail while facing his charges. And for the ICC, also former President Rodrigo Duterte, leading to his transport to the present place where he is facing trial.

His now famous lines of BBB, where he promised simple solutions for a healthier and cleaner Metro Manila seems simple enough but truly hard to implement.

Now, motorcycles will not be stolen, bisikleta na lang, more simple and more easy to discard. A past president mentioned,

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

parang panahon ng hapon where the best transport system was the bike, but simpler method may move us to betterment. As if he could foresee then the escalating fuel cost brought about by succeeding international events?

Totally unforeseen then was a solution to his bumper to bumper traffic, the escalating fuel prices not matching the increase in income of users to minimize the bumper to bumper problem.

If you read the vitae of both gentlemen you will notice easily ex-Senator Gringo's one is as if he is running again for another term. Surprisingly, both did not mention their Rotary clubs. Both are supposed to be Rotarians. In fact Gringo had his Rotary badge with him and not the one we have for our guest speakers.

If Gen Torre can reduce only to a meaningful level the floods, he would be on his way to being the better MMDA head. Saka na lang yung bisikleta, as the people themselves would resolve this when fuel prices become prohibitive. Abangan!



Walking the Avenues

PP Jun C. Zafra



Presidential message



Francesco Arezzo
President 2025-26
March 2026

Water connects us all. From a river in a remote forest to a stream running past a city neighborhood, freshwater ecosystems sustain humanity. Yet these waters are increasingly under strain. Pollution, overuse, and climate pressures remind us that protecting freshwater is a global challenge.

Rotary has always believed change begins within communities. Now we are working to see how far the impact of community action can travel. When local service is connected, measured, and shared, it becomes a force that extends beyond geography and borders.

A water project led by the Rotary Club of Panamá Nordeste exemplifies this idea. The project served Indigenous communities in Panama's Darién province, a region accessible only by canoe and small boat. With no roads, limited electricity, and reliance on untreated river water, families faced serious health risks.

To reach these communities, Rotarians had to rethink how supplies and services could be delivered. Working with a partner club in the United States and a specialized water organization, they introduced solar-powered water treatment systems for an area without access to an electrical grid. Local leaders were trained to operate and maintain the system,

Walking the Avenues

Continuation 1.

ensuring that clean water would continue flowing long after installation crews departed.

The results were immediate. Children who once missed school due to illness returned to classrooms. No longer needing to haul water from rivers, adults gained time and strength to work and support their families. What began as a water project became a foundation for healthier, more resilient communities.

This is how we extend our reach: combine local leadership with global partnerships, technical expertise, and long-term thinking. That same spirit is at the heart of Rotary's partnership with the United Nations Environment Programme through the Community Action for Fresh Water initiative. Around the world, Rotary and Rotaract clubs are restoring waterways, protecting wetlands, and safeguarding vital freshwater sources. By collecting data to map and measure this work, we can better understand its impact and show how local service contributes to worldwide solutions.

Data is not an end. It is a tool that helps us learn and improve so that Rotary's service delivers real, measurable change. Each project entered and each waterway restored adds to a shared story of stewardship and responsibility. You can learn more and get involved at communityactionforfreshwater.org.

As we observe Water, Sanitation, and Hygiene Month, I encourage you to reflect on the freshwater systems that sustain your community and the role Rotary can play in protecting them.

When we connect local action to a global vision, we strengthen Rotary's ability to make lasting change. Together, by extending our reach and working side by side, we truly Unite for Good.



Our Guest Speaker



RESTITUTO L. AGUILAR

RESTITUTO L. AGUILAR is presently the Deputy Administrator of the Philippine Veterans Affairs Office. Prior to his current position, he was the Executive Director of the National Historical Commission of the Philippines (NHCP) from 2020 to 2021. He also served as the Chief of the Veterans Memorial and Historical Division, Philippine Veterans Affairs Office for six (6) years from 2014 to 2020.

Assistant Secretary Aguilar is a member of the Philippine Military Academy Class 1978

(Makatarungan) and has retired with the rank of Brigadier General in the Armed Forces of the Philippines after 33 years of commissioned military service. Aside from his command and staff postings during his military service, he was sought out as consultant in the research of the history of the various military camps, units and museums in the country. He also contributed to the establishment of the Armed Forces of the Philippine Museum at Camp Aguinaldo in 1996, the Clark Museum in Pampanga in 1997, the Philippine National Police Museum at Camp Crame in 1998, the Philippine Military Academy Museum, Fort del Pilar, Baguio City in 2005 and Museo ng Kagitingan at Kuta Bautista, Busbus, Jolo, Sulu in 2012.

Assistant Secretary Aguilar also published various articles about

Our Guest Speaker

Continuation 1.

the history of different AFP units in various academic publications and was the Editor-In-Chief of The Cavalier, the official publication of the Philippine Military Academy Alumni Association, Inc. (PMAAAI) from 2002-2012. He also authored the Cavalier Handbook, the operations manual of the PMAAAI and the different Alumni Foundations, 2012 and 2015 Editions. He authored the Philippine Military Academy Register, 2016 Edition, a product of over seventeen (17) years of diligent research about the individual military histories of over 17,000 men and women who have entered the Philippine Military Academy. It is due for revision and publication on the 2nd semester of 2026.

At the Philippine Veterans Affairs Office, he authored the Veterans Memorial and Historical Division (VMHD) Handbook, 2020 Edition, the Operational Manual in managing the Division and the different National Military Shrines all over the country. It is due for revision this year after over 5 years of usage.

Apart from his military award earned during his 33 years of commissioned service, he was a recipient of the Cavalier Award from the PMA Alumni Association Inc. in February 2011, Distinguished Alumnus Award from the Baguio City High School Alumni Association in May 2012, Model Executive Award from the Philippine Veterans Affairs Office in October 2017 and the Distinguished Award from the Philippine Veterans Affairs Office in July 2020.



Tinig Tidbits

By: HOF/PP Peter Javier



10 Unbelievable Facts

1. Over a lifetime, the average woman consumes 7 pounds of lipstick.
2. Every time you lick a stamp, you consume 1/10th of a calorie.
3. Russia and America are 2.5 miles apart at their nearest point.
4. Women have a better sense of smell than men.
5. Honey never spoils.
6. The average chocolate bar contains eight insect legs.
7. Lemons contain more sugar than strawberries.
8. Each year, there are 40,000 toilet-related injuries in the United States.
9. Annually, Americans consume 800 grams of chewing gum.
10. 1 in 8 Americans has worked at McDonald's.

(from BabaMail)

Glimpse Our Last Meeting



Joint meeting of Zone 6 (Pasig) & Zone 8 (Mandaluyong) clubs at Valle Verde 1 Clubhouse.



GP Roy & all club presidents call the meeting to order with DDS John & SAG Oliver Salud as emcees.



GP Kitchie Pingel leads invocation; GP Herman King; GP Lester Lisano recites Four-Way Test.

Glimpse Our Last Meeting



Roy introduces visiting Rotarians, clubs guests; Rtn Roy introduces MMDA General Manager Nicolas Torre III.



Mr. Torre's talks of his priority concerns on flooding (baha), waste management (basura) and traffic (bumper-to-bumper) in Metro Manila. Also his bike-to-work advocacy to mitigate traffic.



All ears to
15.

Glimpse Our Last Meeting



Replying to questions from DG Gina Sanchez & PE Jun.



Answering queries if Rtn Doc Ato & Rtn Fr Kell.



Trying on a Rotary jacket

Glimpse Our Last Meeting



GP Roy giving club's token to GM Torre



Message from DG Gina; meeting adjourned



RCP Rotarians with GM Torre & DG Gina.

Pangkat Members RY 2025 - 2026

Pangkat No. 1

- 1. Pres. Roy Quejada – Leader**
- 2. Dir. Mads Bengua – CL**
3. PP Adolf Aran
4. Rtn. Chony Gimenez
5. PP Conrad Cuesta
6. Rtn. Dodot Jaworski
7. Rtn. Edison Go
8. Rtn. Jojo Estolano
9. Rtn. Noel Go
10. PP Peping Mabanta
11. Rtn. Philip Yoon
12. Rtn. Roehl Fontanilla
13. Rtn. Roy Mendoza
14. PP Vic Aquino
15. Rtn. John Nepomuceno
16. Rtn. Shaquile Guiaman

Pangkat No. 3

- 1. Dir. Gary Ona – Leader**
- 2. Dir. Aris Marfil – CL**
3. Rtn. Arnel Estaniel
4. Rtn. Jimmy Gualberto
5. Rtn. Marlo Guillano
6. Rtn. Oyie Averilla
7. Rtn. Paolo Diaz
8. PP Peter Javier
9. Rtn. Raj Cordova
10. Rtn. Richie Pua
11. Rtn. Richie Defensor
12. Rtn. Simon Tantoco
13. PP Totoy Bartolome
14. PP Vic Lim
15. Rtn. James Porter

Pangkat No. 2

- 1. Dir. Tet Mallare - Leader**
- 2. Dir. Roland Vasquez – CL**
3. Rtn. Bebert Lacuna
4. Rtn. Bernard Bobadilla
5. PP Bong Paloma
6. Rtn. Chito Bernardo
7. Rtn. Hans Roxas Chua
8. Rtn. Fr. Jojo Opinio
9. Rtn. Jon Cansana
10. Rtn. Nicky Ty
11. Rtn. Nilo Ocampo
12. PRID Raffy Garcia III
13. Rtn. Rod Moreno
14. PP Tito Henson
15. Topax Colayco
16. Rtn. Abe Sarangaya

Pangkat No. 4

- 1. IPP. Bernard Dy - Leader**
- 2. Dir. Joseph Gualberto - CL**
3. PP Arjan Ramnani
4. Rtn. Ato Basco
5. PP Benny de Guzman
6. Rtn. Charles Reyes
7. PP Garrick Ang
8. Rtn. Jake Oh
9. Rtn. Karl Contreras
10. Rtn. Fr. Kell Ortega
11. PP Ner Laino
12. PP Nick Guzman
13. PP Ogie Lim
14. Rtn. Roman Romulo
15. PP Toti Buhain

Pangkat Members RY 2025 - 2026

Continuation 2.

Pangkat No. 5

- 1. PP Jun Zafra – Leader**
- 2. Rtn. Bien Sibug – CL**
3. Rtn. Alex Lacson
4. Rtn. Flor de Pano
5. Rtn. Henry Claravall
6. PP Henry Uy
7. PP Jess Acantilado
8. Rtn. JS Zamora
9. Rtn. Manfred Guangko
10. Rtn. Mike Dolar
11. Rtn. Nesty Carolina
12. Rtn. Ping Tan
13. Rtn. Richard Berganos
14. PP RJ Ermita
15. Rtn. Rudy Sanguyo

Pangkat No. 6

- 1. Dir. Pal Bolivar - Leader**
- 2. Sec. John Javier - CL**
3. Rtn. Anson Tan
4. Rtn. Ben Baniel
5. PP Bert Albano
6. Rtn. Carlos Chuaunsu
7. PP Celso Ylagan
8. Rtn. Dennis Albano
9. PP Ferd Rivera
10. Rtn. Ike Ona
11. PP Ramy Garcia IV
12. PP Rel Gmez
13. PP Rene Bocaya
14. Rtn. Vico Sotto
15. Rtn. Manny Buensuceso



ROTARY CLUB OF PASIG OFFICERS & DIRECTORS



OFFICERS

Roy Marvin "Roy" E. Quejada
President

Victor Gabriel "Gary" M. Ona
Vice President / TRF Director

Peter John "John" U. Javier
Secretary

Bernardo "Bernard" C. Dy
Treasurer / Immediate Past President

Marcelo "Jun" C. Zafra Jr
Director / Club Trainor

DIRECTORS

Amado "Madz" L. Bengua
Director for Public Image

Elnardo "Pal" L. Bolivar
Director for Ways and Means

Joseph A. Gualberto
Director for Youth Service

Saturnino "Tet" G. Mallare, III
Director for Service

Aristotle "Aris" B. Marfil
Director for Administration

Rolando "Roland" P. Vasquez
Director for Membership



ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

From the Secretary's Desk

Sec. PP John Javier

Continuation 1.

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8. RC Pasig West	8
9. RC Valle Verde	2
10. RC Metro Pasig	4
11. RC Pasig Central	1
12. RC Mutya ng Pasig	4
13. RC Pasig South	2

Zone 8 Clubs:

1. RC Mandaluyong	12
2. RC Southern Mandaluyong	2
3. RC Mandaluyong West	5
4. RC Wack-wack	9
5. RC Manpasan	2
6. RC Tiger Mandaluyong	2
7. RC Mandaluyong North	6
8. RC Mandaluyong Premier	1
9. RC Mandaluyong East	4
10. RC Mandaluyong Uptown	2
11. RC Mandaluyong Central	4
12. RC Mandaluyong Green field	6
13. RC Mandaluyong Biyaya	2

Editorial Staff

TINIG STAFF RY 2025-2026 PP PETER JAVIER Editor in Chief DIR ARIS MARFIL Club Bulletin Admin.	FEATURE WRITERS	
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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____