

Rotary
Club of Pasig



UNITE
FOR
GOOD

23 APRIL 2026
ROTARY YEAR 2025 - 2026

TINIG

The Official Newsletter of the Rotary Club of Pasig



DG GINA T. SANCHEZ
GOVERNOR'S VISIT



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AulumDev Ventures Corporation (AulumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



0935-8213984



luxidrotarymcc@gmail.com

Today's Programme

**Valle Verde Country Club
April 23, 2026 12:00 Noon
Pangkat 6 Leader: Dir. Pal Bolivar**

Call to Order	Pres. Roy Quejada
Invocation	Dir Pal Bolivar
National Anthem	Dir Pal Bolivar
FOUR-WAY TEST	Rtn Chicoy Chuaunsu
Introduction of Visiting Rotarians & Guests	
Community Singing	Pangkat 6
Wise or Otherwise	
Fining Moments	IPP Bernard Dy
President's Time	Pres. Roy Quejada
Introduction of Guest Speaker	Pres. Roy Quejada

GOV. GINA T. SANCHEZ
R.I. District 3800
GOVERNOR'S VISIT

Open Forum	
Adjournment	Pres. Roy Quejada

HOF/PP John Javier
Emcee
*** Environmental month ***



Invocation



Heavenly Father, as we lift up our prayers to you, we also beg you to grant us peace which the world to give. Peace in the world so all will learn to coexist with one another despite differences. Peace in our country by teaching us that living in integrity is the way to achieve it. And peace in our hearts by helping us ground ourselves unto you. This we ask through Christ our Lord.

Amen.

From: Rtn. Fr. Kell Ortega

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



WHAT A WONDERFUL WORLD

I see trees of green
Red roses too
I see them bloom
For me and you
And I think to myself
What a wonderful world

I see skies of blue
And clouds of white
The bright blessed day
The dark sacred night
And I think to myself
What a wonderful world

The colors of the rainbow
So pretty in the sky
Are also on the faces
Of people going by
I see friends shaking hands
Saying, "How do you do?"
They're really saying
I love you



Song of the Day



Continuuation 1.

I hear babies cry
I watch them grow
They'll learn much more
Than I'll ever know
And I think to myself
What a wonderful world
Yes, I think to myself
What a wonderful world
Ooh, yes



From the President

Pres. Roy Quejada



A Quiet Note of Gratitude

Today, I simply want to express my gratitude to our club. This comes from a realization that most of the projects we continue today were built on the foundations laid by many of our past presidents. What we are doing now is not something new, but something we are privileged to carry forward.

These projects continue to inspire me as a leader reminding me that service is not about a single term or moment, but about continuity. The perseverance to live out Service Above Self was present then, and it remains very much alive today.

Because of this, I see more clearly that RC Pasig is not just defined by what we do today, but by what has been consistently built over time.

Thank you to those who uphold the values and culture of Rotary Club of Pasig. Beyond being “irreverent,” it is about remembering one another even extending that care to our families. The simple act of checking in, listening, and being present builds genuine fellowship.

Thank you to our members who continue to show up attending meetings despite busy schedules. Your presence strengthens the club more than you may realize. At aminin natin, pagdating sa consistency, lamang pa rin ang ating senior members parang attendance nila, automatic na, walang mintis.

From the President

Pres. Roy Quejada

Continuation 1.

Thank you for the inspiration you share not only through donations, but through your stories, experiences, and insights. Many of us learn not just from books, but from each other.

Thank you as well to those who work quietly behind the scenes those who take the time to prepare, organize, and ensure that our projects are delivered well, even without recognition.

Thank you to those who actively participate in club and district activities. Your involvement helps build stronger relationships across Rotary clubs and strengthens our shared commitment to service.

There are many things to be thankful for in being part of the Rotary Club of Pasig. And I encourage everyone including myself not to forget to remember one another and to thank one another. Because in many ways, this is what keeps our club strong and united.



Rotary Notes

PP Benny P. De Guzman



Tinig condoles with Rtn Ping for the demise of his beloved wife, Anastasia, a few days after Easter Sunday. My timing for the wake was perfect as I got a solo talk with Ping for close to two hours with very minor interruptions of those begging off to leave. It was a good narration of his life from Romblon to Saudi Arabia and his many achievements that included winning the heart of Anastasia after her brief work in Canada as she was a registered nurse. Ping is nearing his 80th with three accomplished children, all married.

Yesterday was the 82nd birthday of our PRID Raffy and tonight is the big dinner. Many of our old-timers will still recall his one week celebration of his 60th birthday with fine food and drinks at the then Mandarin Hotel. Why a grand celebration for his 60th? He said his father and two brothers died in their mid-fifties and he broke the bad chain. Yes, Taong Bakal was he was called then, shows that he truly is made of steel. Mabuhay ka Raffy and touch more lives!

While our super Rotarians Chony is not known to probably 40% of our members, he has made the Rotary Club of Pasig very dear to the police department of the City with the annual Pagpupugay sa Kabaniyahan ng Pulis Pasig Awards with big cash awards. Thru Dir Gary, the club is trying to raise P300,000 for the candidates who did not make the awards. Perhaps a committee must be formed as the amount pledged is just 35%. Can a review be made if a good jacket without the name of our club be given with smaller cash instead? Why target more for the Pulis as honoring them is a good project already. We are

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

stymied with future funding of projects. Why not a teachers' awards for Pasig with NU as the lead donor as PP RJ can be another Chony. Then we can raise meaningful amount again. Habang we have PRID Raffy and Rtn Flor with us, funding will not be as tough.

Speaking of Flor, he was the finemaster last week and PE Jun assigned the task to me. Hard to find finables on the spot.

Many thought I was kidding that Rtn Philip gave a kiss on the forehead our dear Raffy.

I was surprised to see Rtn Mike Dolar last meeting as he has been absent very often. It turned out he was part of the program. And their Pangkat did very well in the community singing that even PP Nick sitting at my side was amazed as he was singing with them.

The heat nowadays is too much for the elderlies. Thus you must truly appreciate CM/PP Peping that with his reliable wheelchair, he is always present in his favorite corner and always ahead of the rest. Not only for Peping, but for the rest of us, please stay hydrated at all times as dehydration is dangerous. But I am safe always. Drink. Drink. Be happy! Tubing lang please.



Walking the Avenues

PP Jun C. Zafra



Presidential message



Francesco Arezzo
President 2025-26
April 2026

Not long ago, in a small health center in the village of Aaye in southwest Nigeria, a woman arrived in labor carrying twins. The facility was short-staffed. The nurse midwife in charge was not present.

A community health worker stepped forward. She had participated in Together for Healthy Families in Nigeria, a Rotary Foundation Programs of Scale initiative. And though she was not formally trained as a midwife, she was equipped with essential emergency obstetric skills.

Hours later, both babies had been delivered, one at the health center and the other at a general hospital, where the mother had been referred after complications were quickly identified. The newborns and their mother were alive and safe.

Women around the world face similar circumstances every day — moments when the difference between life and loss depends on well-trained medical staff and reliable systems and procedures.

Together for Healthy Families in Nigeria exists to increase the chances that those moments end in hope. By strengthening health systems and training frontline workers, this program helps communities protect mothers and children even when circumstances are difficult.

Walking the Avenues

Continuation 1.

This work reflects the very heart of Rotary service. Service is not only what we do when conditions are ideal. It is what we do when systems are strained, resources are limited, and the need is urgent. It is the commitment to prepare people before a crisis arrives and to stand with communities when it does.

Maternal and child health is not an abstract goal. It is deeply personal. It is a mother who survives childbirth. It is a newborn who takes a first breath. It is a family that remains whole because someone was trained, ready, and cared enough to act. Rotary understands that service means investing in people and systems long before they are tested.

Programs like Together for Healthy Families in Nigeria show what is possible when Rotary brings together local knowledge, global partnerships, and sustainable solutions. By working alongside health professionals and local leaders, Rotary helps ensure that lifesaving care does not depend on luck or location.

The story of the mother and her twins is at its core a story of service. It is a reminder that Rotary's impact is measured in human moments when people step forward to help others in their most vulnerable hours.

When we Unite for Good, service becomes more than an ideal. It becomes a lifeline for families, a source of strength for communities, and a promise that Rotary will continue to go wherever help is needed most.



Our Guest Speaker



GOV. GINA T. SANCHEZ
R.I. District 3800

Company:

Present: AZ7 Ventures Corporation
Bad Bowl Restaurant
President

Education

1993 – 1996 Philippine School of Business
Adminsitration
Master Degree in Business Administration

1981 – 1985 Philippine School of Business
Adminsitration
BS in Business Administration
Major in Accounting
Graduated Cum Laude and Outstanding Student

1976 – 1981 St. Pascual Institute - Bulacan
High School Diploma Graduated Salutatorian

1971 – 1976 Catanghalan Elementary School
Elementary School Diploma
Graduated Valedictorian

Experience:

2018 - Feb 2022 Executive Vice President
Philippine School of Business Administration

Continuation 1

- ## Civil Organization

July 2021 – Present	Assistant Regional Rotary Foundation Coordinator Covering 10 Districts in the Philippines
2011 – Present	District Officer, Rotary International D3800
2010 – 2011	President, Awarded Outstanding President

2018 – Present Director

Civil Service Eligibility PD907



Tinig Tidbits

By: HOF/PP Peter Javier



20 Extraordinary Vision Facts

1. Our eyes can distinguish between 10 million colors.
2. Blue eyed people have a greater alcohol tolerance.
3. One ostrich eye is bigger than its brain.
4. The only primates to have blue eyes are humans and lemurs.
5. Bees have 5 eyes.
6. The nasion is the name of the region between your eyebrows.
7. The eye of a giant squid can reach the size of a volleyball.
8. Dolphins actually do sleep with one eye open.
9. Cats have 3 eyelids.
10. The fear of eyes is known as ommatophobia.
11. Only 2% of humans have green eyes.
12. In camera terms, the human eye has 576 megapixels.
13. The video game Tetris, has been used to treat 'lazy eye'.
14. Eyes are vulnerable to sunburn.
15. Blue eyes are the most sensitive to light.
16. Some lizards can fire blood out of their eyes as a threat.



Tinig Tidbits

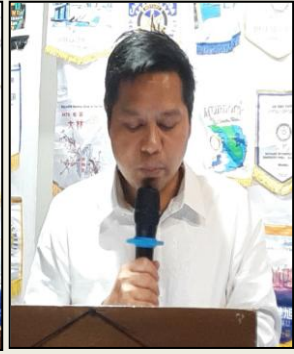
By: HOF/PP Peter Javier

Continuation 1.

17. When you have your eyes closed, you see the color known as eigengrau.
18. We use green light in night vision goggles because humans can distinguish more shades of green than all other colors.
19. Eyebrows are completely replaced once every two months.
20. A few women are able to see up to 100 million shades of color, thanks to a genetic mutation.

(From BabaMail)

Glimpse Our Last Meeting



GP Roy calls meeting to order with Rtn Nesty as emcee; Rtn Mike leads invocation.



Rtn Rudy leads singing of Pambansang Awit, Rtn Bien recites The 4-Way Test & PP Henry introduces guests.



Pangkat 5 sings Fly Me To The Moon.

Glimpse Our Last Meeting



PE Jun on club membership seminar, Rtn Nesty on Veterans Day celebration & Dir Gary on Pagpupugay sa Kabayanihan ng Pulis Pasig on April 30.

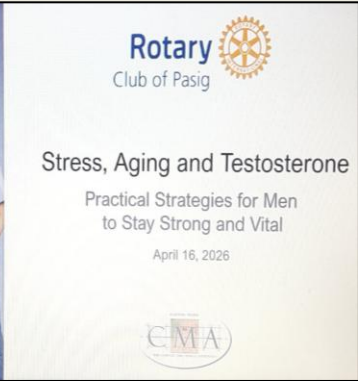


A joke from CM/PP Arjan, fining by PP Benny & message by GP Roy.

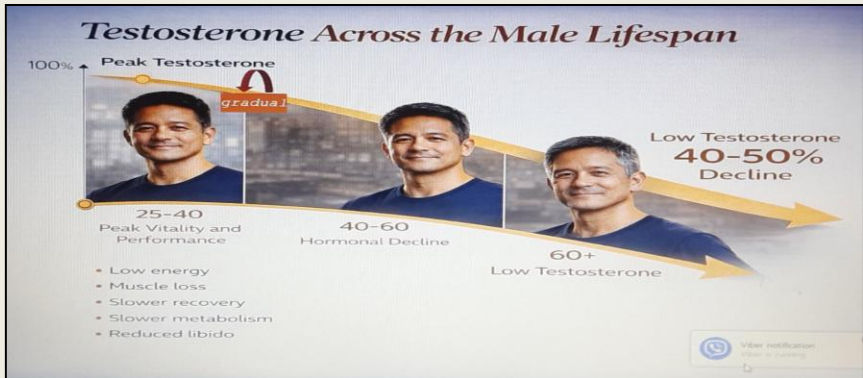


PP Adolf introduces Chef Nadine Tengco, chef, nutritionist, author and celebrity wellness coach.

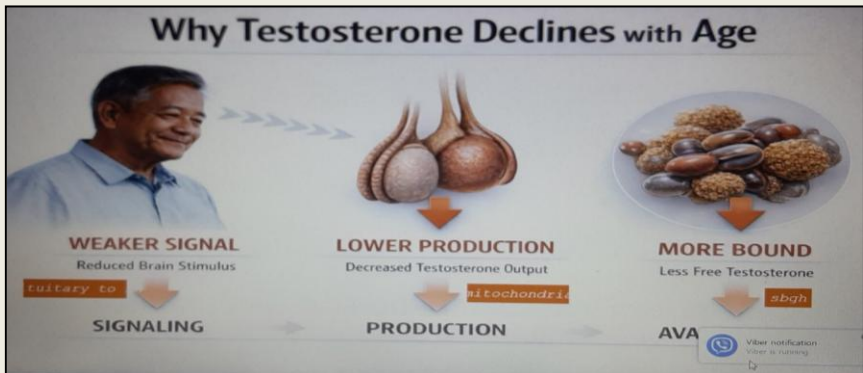
Glimpse Our Last Meeting



Nadine talks of Stress Aging & Testosterone and practical



strategies for men to stay strong and vital with focus on testosterone,

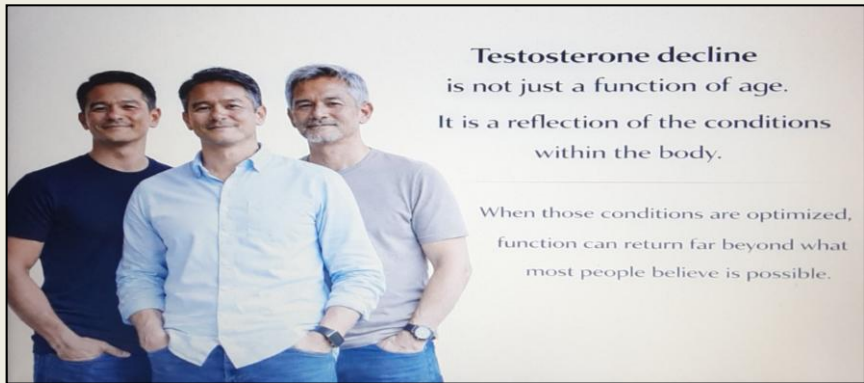


the hormone of male vitality,

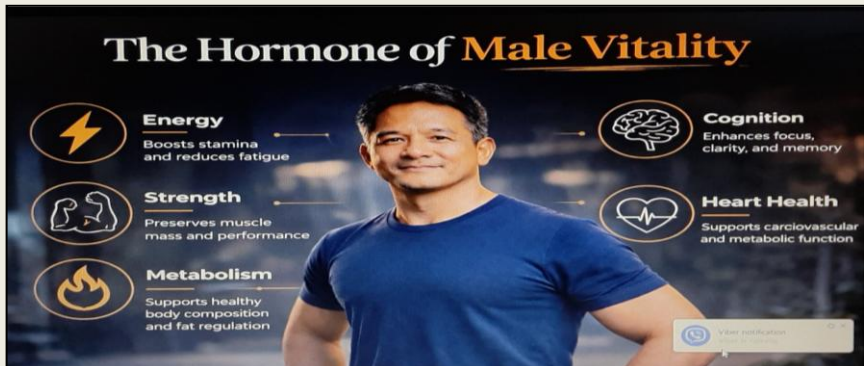
Glimpse Our Last Meeting



its decline with age,



what supports and



what interferes with its production.

Glimpse Our Last Meeting



Replying to questions from CM/PP Arjan & PP Henry.



GP Roy hands over a bouquet and club's token then adjourns meeting.



Wheat not Weeds

By: Rtn. Fr. Kell Ortega



Ground for Peace

Jesus came and stood among the Eleven Disciples and said, "Peace be with you." (John 20:19)

Peace does that mean the absence of war. It simply means you are comfortable with yourself and others around you even amidst meets the strifes or conflicts. This is possible because you ground yourself in Jesus who is your Peace. That's why when Jesus greeted His Apostles by saying "Peace be with you.", He was referring Himself as their source of their strength and joy. Thus, the Apostles really found peace in their hearts even though they faced persecutions for spreading the faith because they anchored themselves in Jesus.

So, if you want peace, ground yourself in Jesus today.

Pangkat Members RY 2025 - 2026

Pangkat No. 1

- 1. Pres. Roy Quejada – Leader**
- 2. Dir. Mads Bengua – CL**
3. PP Adolf Aran
4. Rtn. Chony Gimenez
5. PP Conrad Cuesta
6. Rtn. Dodot Jaworski
7. Rtn. Edison Go
8. Rtn. Jojo Estolano
9. Rtn. Noel Go
10. PP Peping Mabanta
11. Rtn. Philip Yoon
12. Rtn. Roehl Fontanilla
13. Rtn. Roy Mendoza
14. PP Vic Aquino
15. Rtn. John Nepomuceno
16. Rtn. Shaquile Guiaman

Pangkat No. 3

- 1. Dir. Gary Ona – Leader**
- 2. Dir. Aris Marfil – CL**
3. Rtn. Arnel Estaniel
4. Rtn. Jimmy Gualberto
5. Rtn. Marlo Guillano
6. Rtn. Oyie Averilla
7. Rtn. Paolo Diaz
8. PP Peter Javier
9. Rtn. Raj Cordova
10. Rtn. Richie Pua
11. Rtn. Richie Defensor
12. Rtn. Simon Tantoco
13. PP Totoy Bartolome
14. PP Vic Lim
15. Rtn. James Porter

Pangkat No. 2

- 1. Dir. Tet Mallare - Leader**
- 2. Dir. Roland Vasquez – CL**
3. Rtn. Bebert Lacuna
4. Rtn. Bernard Bobadilla
5. PP Bong Paloma
6. Rtn. Chito Bernardo
7. Rtn. Hans Roxas Chua
8. Rtn. Fr. Jojo Opinio
9. Rtn. Jon Cansana
10. Rtn. Nicky Ty
11. Rtn. Nilo Ocampo
12. PRID Raffy Garcia III
13. Rtn. Rod Moreno
14. PP Tito Henson
15. Topax Colayco
16. Rtn. Abe Sarangaya

Pangkat No. 4

- 1. IPP. Bernard Dy - Leader**
- 2. Dir. Joseph Gualberto - CL**
3. PP Arjan Ramnani
4. Rtn. Ato Basco
5. PP Benny de Guzman
6. Rtn. Charles Reyes
7. PP Garrick Ang
8. Rtn. Jake Oh
9. Rtn. Karl Contreras
10. Rtn. Fr. Kell Ortega
11. PP Ner Laino
12. PP Nick Guzman
13. PP Ogie Lim
14. Rtn. Roman Romulo
15. PP Toti Buhain

Pangkat Members RY 2025 - 2026

Continuation 2.

Pangkat No. 5

- 1. PP Jun Zafra – Leader**
- 2. Rtn. Bien Sibug – CL**
3. Rtn. Alex Lacson
4. Rtn. Flor de Pano
5. Rtn. Henry Claravall
6. PP Henry Uy
7. PP Jess Acantilado
8. Rtn. JS Zamora
9. Rtn. Manfred Guangko
10. Rtn. Mike Dolar
11. Rtn. Nesty Carolina
12. Rtn. Ping Tan
13. Rtn. Richard Berganos
14. PP RJ Ermita
15. Rtn. Rudy Sanguyo

Pangkat No. 6

- 1. Dir. Pal Bolivar - Leader**
- 2. Sec. John Javier - CL**
3. Rtn. Anson Tan
4. Rtn. Ben Baniel
5. PP Bert Albano
6. Rtn. Carlos Chuaunsu
7. PP Celso Ylagan
8. Rtn. Dennis Albano
9. PP Ferd Rivera
10. Rtn. Ike Ona
11. PP Ramy Garcia IV
12. PP Rel Gmez
13. PP Rene Bocaya
14. Rtn. Vico Sotto
15. Rtn. Manny Buensuceso

**ROTARY CLUB OF PASIG
OFFICERS & DIRECTORS**



OFFICERS

Roy Marvin "Roy" E. Quejada
President

Victor Gabriel "Gary" M. Ona
Vice President / TRF Director

Peter John "John" U. Javier
Secretary

Bernardo "Bernard" C. Dy
Treasurer / Immediate Past President

Marcelo "Jun" C. Zafra Jr
Director / Club Trainor

DIRECTORS

Amado "Madz" L. Bengua
Director for Public Image

Elnardo "Pal" L. Bolivar
Director for Ways and Means

Joseph A. Gualberto
Director for Youth Service

Saturnino "Tet" G. Mallare, III
Director for Service

Aristotle "Aris" B. Marfil
Director for Administration

Rolando "Roland" P. Vasquez
Director for Membership



ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Editorial Staff

TINIG STAFF RY 2025-2026	FEATURE WRITERS	
PP PETER JAVIER Editor in Chief DIR ARIS MARFIL Club Bulletin Admin.	ROY QUEJADA From the President	JOHN JAVIER Secretary's Desk
	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____