

Rotary
Club of Pasig



27 MARCH 2025
Rotary Year 2024-2025

TINIG

The Official Newsletter of the Rotary Club of Pasig



RTN. CARLOS GABRIEL P. CHUAUNSU
CLASSIFICATION TALK



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AurumDev Ventures Corporation (AurumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



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Today's Programme

**Valle Verde Country Club
March 27, 2025 12:00 Noon
Pangkat 4 Leader: PN Roy Quejada**

Call to Order	PE Roy Quejada
Invocation	Rtn Karl Contreras
National Anthem	Rtn Charles Reyes
FOUR-WAY TEST	Rtn Simon Tantoco
Introduction of Visiting Rotarians & Guests	PP Nick Guzman
Community Singing	Pangkat 4
Wise or Otherwise	
Fining Moments	PP Garrick Ang
President's Time	PE Roy Quejada

RTN. CARLOS GABRIEL PADUA CHUAUNSU CLASSIFICATION TALK

Open Forum	
Adjournment	PE Roy Quejada

**Treas. Noel Go
Emcee**

*** Water, Sanitation and Hygiene Month ***

Invocation



Lord, as we continue to tread Life's journey may You continue to guide us and be with us along the way. Rescue us when we fall, lead us the way when we lose our way, and hear us when we pray. We ask this through Christ our Lord.

Amen.

From: Rtn. Fr. Kell Ortega

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Song of the Day



BRIDGE OVER TROUBLED WATER

(by: John Legend)

When you're weary
 Feelin' small
When tears are in your eyes
 I will dry them all

I'm on your side,
 Oh, when times get rough
And friends just can't be found
Like a bridge over troubled water
 I will lay me down

Like a bridge over troubled water
 I will lay me down

When you're down and out
 When you're on the street
When evening falls so hard
 I will comfort you

I'll take your part
 Oh, when darkness comes
And pain is all around
Like a bridge over troubled water,

 I will lay me down
Like a bridge over troubled water,
 I will lay me down



From the President

Pres. Bernard Dy



Dear Fellow Pasig Rotarians,

The great soccer player Pelé once said, “***No individual can win a game by himself.***” As we wrap up Rotary’s ***Water, Sanitation, and Hygiene Month***, I want to thank each of you for your efforts in making our service projects a success. Your dedication continues to uplift communities and change lives.

In less than two weeks, we will hold our ***Pagpupugay sa Kabayanihan ng Pasig Pulis Awards***. My deepest gratitude to those who have responded to ***Chairperson PE Roy Quejada’s*** call for contributions toward consolation prizes and event expenses. Your generosity ensures that we properly honor our Pasig police officers, who work tirelessly to keep our city safe. However, we are still short of our goal, so I encourage those who have not yet contributed to chip in. This is our way of recognizing the men and women who allow us to sleep soundly at night.

Last Sunday, we kicked off the first ***Values Formation session*** of our eight-session module with service partner ***Live Christ, Share Christ***. Kudos to ***Service Director Tet Mallare*** and dedicated members ***Rtn. Jojo Estolano*** and ***Rtn. Dante Lardizabal*** for leading the way. Special thanks also to ***Sec. PP John*** and ***PE Roy*** for their presence and support. Your commitment makes all the difference!

Meanwhile, our RCP talents are in full swing preparing for the ***2025 DISCON Talent Night!*** Our representatives—***SAG PP John, PE Roy Quejada, Dir. Roland Vasquez, and Rtn. Bien***



From the President

Pres. Bernard Dy

Continuation 1.

Sibug—are hard at work ensuring that we bring both skill and spirit to the stage. Thank you for your dedication; I have no doubt you will make our club proud!

Speaking of DISCON 2025, here's another reason to be proud, RCP! Despite our reputation as the "independent and irreverent republic" of Rotary Club of Pasig, when crunch time came, we once again stepped up and saved the day. Curious about what we did? Just ask SAG PP John—with a little prodding, I'm sure he'll be happy to tell you! Let's also pray for the success of **DISCON 2025** (happening from tomorrow until Saturday), and may it be a meaningful gathering for all Rotarians.

Unfortunately, I won't be able to join you in this meeting as I'll be out of town for work. But what I'll miss most is the classification talk of the member I personally sponsored—and my inaanank, '**Mr. Smart Solution**' himself, **Chicoy Chuaunsu!** Please take good care of him in my absence.

Let's keep the momentum going and continue serving with passion and purpose.

Mabuhay ang Rotary Club of Pasig!

Yours in Rotary Service,
Bernard C. Dy

Rotary Notes

PP Benny P. De Guzman



One of the very rare instance that I will miss my Rotary lunch is today due to the affair that I will have to attend. This noon is also the 60th wedding anniversary celebration of my older brother, a PDG in the neighboring district in Makati as not only is it a true milestone BUT being the best man in the wedding.

I will miss also what my bossman in Tinig will be giving as a supplement to our lunch being his birthday. I heard that being a devout Catholic, he will not serve lechon during Lent and that lessens my missing such affair.

Congratulations to our very active IPP Adolf who will be moderating a major marketing event of MarketTech. This two days gathering of marketing executives certainly will see his wide exposure in his beloved university where he is Senior Director for Corporate Marketing and Communications.

Direction Gary who is also active in the reserve force of the Air Force received for the club an appreciation plaque for our role in their medical mission. That makes Gary very presidentiable.

And Dir Tet was so inspiring in our Rotary-GK village values formation presentation that several PPs of our club were asking why he is not yet among the presidentiables in our club.

When HOF/PP Peter texted for additional funding for the Pagpupugay sa Kabayanihan ng Pulis Pasig the response was so overwhelming but still short of the target. Am sure in a matter of it sumobra na, it will not even be a significant half of what Rtn



Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Chony is doling out every for our hardworking policemen. Many of the awardees every year are policewomen though.

In between is our scholarship grants to the high school students that truly makes us a good all around supporter of the community. We congratulate our two PPs Vic A and Nick for the respective trophies they got in the NU anniversary golf event. Kaya walang trophy si Rtn Ben, he did not join daw. HOF/PP Conrad is still recuperating from whatever. But he looks so okay nsman.

PP and idol of so many, Celso went to the rostrum to thank all those who offered prayers for the safe and successful surgery of spouse Enya. They are back now and Enya is on rehab exercise in their Tagaytay retreat house. Not a retreats for spiritual concerns but a total retreat for spiritual and social concerns. Remember Celso, during rehab, maraming bawal and dapat sundin. Baka tumagal ang rehab.

Paging again the Pangkat heads as nakakatakot attendance nation last week since we pride on being a club with consistently having good speakers every week and pitiful for good speakers with few listeners.

Last week's guest, well sought speaker, Wilson Lee Flores was well received with the open forum extending that he was not able to answer all queries especially after the meeting. I was one of those whose answer was "bitin" that PP Henry was able to cut as he asked his urgent question is in Chinese and he got the priority answer. But Wilson was so kind that he accommodated my follow ups via text. His email is wilsonrise@gmail.com or very similar to that. Mabuhay ka Wilson.

Walking the Avenues

PP Jun C. Zafra



Nobel laureate leads speaker roster for 2025 Rotary International convention

Yemeni journalist Tawakkol Karman promotes peace and women's rights

The first woman from the Arab world to win the Nobel Peace Prize will address Rotary International's 2025 convention, which takes place from 21-25 June in Calgary, Alberta, Canada. Tawakkol Karman has endured persecution and imprisonment for speaking out in favor of democracy and women's empowerment.

"In the most trying circumstances, both before and during the Arab Spring, Karman has played a leading part in the struggle for women's rights and for democracy in Yemen," said Thorbjørn Jagland, chairman of the Norwegian Nobel Committee, announcing the Nobel Prize in 2011. Karman shared the award with Ellen Johnson Sirleaf and Leymah Gbowee.

A journalist and human rights activist, Karman organized numerous protests against the repressive regime of Yemeni president Ali Abdullah Saleh from 2007-2011, acquiring the nicknames "mother of the revolution" and "the iron woman." In 2005 she founded Women Journalists Without Chains, which trains journalists, reports on efforts to silence the media, and promotes women's rights.



Walking the Avenues

Continuation 1.

“Women’s rights’ means democracy, means freedom of expression, means freedom to choose your ruler,” Karman said at the 2023 Munich Security Conference. She says Western governments have supported anti-revolutionary efforts in the Middle East, undermining democratic movements in the region.

Karman also founded the Peaceful Revolutionary Youth Council. During the Arab Spring movement in the early 2010s, she called for peaceful dialogue rather than violence and worked for reconciliation between Shia and Sunni Muslims. She believes Islam should peacefully coexist with other religions and that it presents no barrier to women’s full participation in every sphere of society.

Time magazine included Karman on a list of 17 of “History’s Most Rebellious Women” and named her one of its 100 Women of the Year in 2011. Foreign Policy magazine has included her among its Top 100 Global Thinkers. The Tawakkol Karman Foundation builds schools, fights poverty, and supports health care in Yemen.

Classification Talk



RTN. CARLOS GABRIEL PADUA CHUAUNSU

Birthday : June 19, 1996
Home Address : 55 Derby St. White Plains Subdivision
Quezon City
Email Address : cchuauns1@gmail.com
Mobile : 0917-8175595, Tel.: 901-1840

WORK EXPERIENCE:

Director of Sales & Partnerships
Smart Home Philippines (Jan 2020 – Present)

- In charge of the company sales team
- Manage franchisees and franchise process
- Partnership

Business Development Associate
Viventis Serch Asia (July 2018 – 2020)

- Took charge of the linkedin learning sales program of the company
- Provided recruitment solutions to clients
- Lead generation for Career Technology aspect of the company

High School Education

Xavier School (Mar 2014)

- Gawad Urian Award



Tinig Tidbits

By: HOF/PP Peter Javier



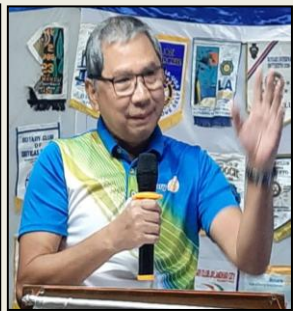
LET'S EAT HEALTHY!

1. **HEADACHE? EAT FISH!** Eat plenty of fish - fish oil helps prevents headaches. So does ginger which reduces inflammation and pain.
2. **COLDS? EAT GARLIC!** Clear up that stuffy head with garlic. Garlic lowers cholesterol.
3. **COUGHING? USE RED PEPPERS!** A substance similar to that found in cough syrups is found in red-hot peppers.
4. **UPSET STOMACH? EAT BANANAS & GINGER!** Bananas will settle an upset stomach. Ginger will cure morning sickness and nausea.
5. **TO PREVENT STROKE? DRINK TEA!** Prevent buildup of fatty deposits on artery walls with regular doses of tea. Green tea is great for the immune system.
6. **INSOMNIA? USE HONEY!** Use honey as a tranquilizer and sedative.
7. **ASTHMA? EAT ONIONS!** Eating onion's helps ease constriction of bronchial tubes.
8. **ARTHRITIS? EAT FISH TOO!** Salmon and mackerel actually prevent arthritis.
9. **BONE PROBLEMS? EAT PINEAPPLES!** Bone fractures and osteoporosis can be prevented by manganese in pineapple.

Glimpses Our Last Meeting



Pres. Dodie starts his 35th meeting with Dir Roy as emcee. Newest member, Rtn Chikoy leads invocation.



Singing of Pambansang Awit is led by Dir Jake; recitation of 4-Way Test by Rtn Mads & Dir Roy handles introduction of guests.



Pangkat 3 sextet singing We're Pasig Rotarians.

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Glimpses Our Last Meeting



SAG/PP John on Discon; PP Celso thanks for prayers for spouse Enya's hip operation & Dir Gary on RHS stipend giving.



PE Roy on Pagpupugay sa Kabayanihan ng Pulis Pasig & Dir Roy is day's joker.



IPP Adolf does the fining and Pres Dodie delivers his message.

Glimpses Our Last Meeting



IPP Adolf introduces Mr. Wilson Lee Flores, bakery owner, columnist & real estate businessman whose talk is on the 86 year old Kamuning Bakery & Cafe which he acquired primarily for the lot it was built on, its many well known customers and its popular bakery products.



An entertaining question and answer with Dir Jake and Rtn Bebert.



And with PP Benny too.

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Glimpses Our Last Meeting



Also with Dir Noel and IPP Adolf.



Receiving club's token from PE Roy who thereafter adjourns meeting.



Photo with the recipients of Kamuning's "pan de regla" bread!

Value Formation for GK-Rotary Village



Welcome remarks from Dir Tet, Inspirational message from Pres Dodie



Villagers listening to the Live Christ, Share Christ talk.



Pres Dodie & spouse Essa with Rtn Jojo, Dir Roy, SAG/PP John & PE Roy.



Wheat not Weeds

By: Rtn. Fr. Kell Ortega



Welcome to the “Laylayan Republic”

The Filipino word laylayan refers strictly to the hem of any cloth. With this in mind, this Filipino word became a connotation for anyone who are considered the least, last, and lost in society. In other words, laylayan refers to the poor.

Until now, the poor in our country are still being ignored, some even being taken advantage of just because of their status. Thus, we may hear them clamoring for justice if crying for better working and living conditions. We may see them helpless probably because we see no one is willing to help them. That may be so but God is on their side. In fact, Ps. 34:7 says, “the Lord hears the cry of the poor.” Thus, anyone who hurts the poor will be punished in one way or another by the Lord. Yet, anyone who helps them will be blessed by Him.

In this case, we are challenged to help the poor by sharing with what we have with them out of the generosity of our hearts and not out of the excess or surplus of our properties. But more importantly, we are called to be one with them. Just be reaching out to them and listening to their stories would be more than enough. So, let’s share our very selves with those belonging to the “laylayan republic.”

Officers and Directors

ROTARY CLUB OF PASIG (RY 2024-2025)

President	Bernardo “Dody” C. Dy
Vice President/PE	Rtn. Roy Marvin “Roy” E. Quejada
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Emmanuel “Noel” Y. Go
Auditor/TRF	PP Marcelo “Jun” C. Zafra, Jr.
Sgt-at-Arms	Rtn Joaquin “Jake” S. Oh

DIRECTOR:

Club Administration	Rtn. Roy dela Paz Mendoza
Membership	Rtn. Rolando “Roland” P. Vazquez
Ways & Means	PP Josefino “Bong” M. Paloma
Service Community	Rtn. Saturnino “Tet” G. Mallare III
New Generation	Rtn. Victor Gabriel “Gary” M. Ona
Public Relations	IPP Adolfo “Adolf” de Jesus Aran Jr



Pangkat Members RY 2024 - 2025

PANGKAT NO. 1

1. **Pres Bernard Dy** - Leader
2. **Dir. Gary Ona** -Co-Leader
3. PP Vic Aquino
4. PP Conrad Cuesta
5. Rtn. Flor De Pano
6. Rtn. Carlo Doce
7. Rtn. Roehl Fontanilla
8. Rtn Chony Gimenez
9. Rtn. Edison Go
10. PP Rel Gomez
11. Rtn Dodot Jaworski
12. PP Peping Mabanta.
13. Rtn. Aris Marfil
14. Rtn. Gene Menor
15. Rtn. Bien Sibug
16. Rtn. Philip Yoon

PANGKAT NO. 2

1. **Dir. Tet Mallare** - Leader
2. **Sec. John Javier**- Co Leader
3. Rtn. Chito Bernardo
4. Rtn. Bernard Bobadilla
5. PP Topax Colayco
6. Rtn. Joseph Gualberto
7. PRID Raffy Garcia III
8. PP Tito Henson
9. Rtn Bebert Lacuna
10. Rtn Rod Moreno
11. Rtn Nilo Ocampo
12. Rtn Jojo Opinio
13. Rtn. Vico Sotto
14. Rtn Nicky Ty
15. Rtn. Stephen Valera
16. Rtn. Jon Cansana

PANGKAT NO. 3

1. **IPP Adolf Aran**- Leader
2. **Dir Roy Mendoza** – Co Leader.
3. Rtn. Oyie Averilla
4. PP Totoy Bartolome
5. Rtn Mads Bengua
6. Rtn Paolo Diaz
7. Rtn. Richie Defensor
8. Rtn. Arnel Estaniel
9. Rtn Jimmy Gualberto
10. Rtn Marlo Guillano
11. PP Peter Javier
12. PP Ogie Lim
13. PP. Vic Lim
14. Rtn. Richard Pua
15. Rtn. Roman Romulo
16. Rtn. Carlo Chuaunsu



Pangkat Members RY 2024 - 2025

Continuation 1.

PANGKAT NO. 4

- 1. Dir Roy Quejada** – Leader.
- 2. Dir. Noel Go** -Co-Leader
3. PP Garrick Ang
4. Rtn Ato Basco
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. Rtn Raj Cordova
9. PP Nick Guzman
10. Rtn. Cesar Lacuna
11. PP Ner Laino
12. Rtn. Kell Ortega
13. PP Arjan Ramnani
14. Rtn. Charles Reyes
15. Rtn. Simon Tantoco

PANGKAT NO. 5

- 1. PP Jun Zafra** - Leader
- 2. Dir. Jake Oh**– Co-Leader
3. PP Jess Acantilado
4. Rtn. Roman Arugay
5. Rtn Richard Berganos
6. Rtn Nesty Carolina
7. Rtn. Henry Claravall
8. Rtn Mike Dolar
9. PP RJ Ermita
10. Rtn Manfred Guangko
11. Rtn. Alex Lacson
12. PP Hermie Orbe
13. Rtn Rudy Sanguyo
14. Rtn Ping Tan
15. PP Henry Uy

PANGKAT NO. 6

- | | |
|------------------------------------------|---------------------|
| 1. PP Bong Paloma – Leader | 13. PP Ferd Rivera |
| 2. Dir. Roland Vasquez -Co-Leader | 14. Rtn. Anson Tan |
| 3. PP Bert Albano | 15. PP Celso Ylagan |
| 4. Rtn Dennis Albano | 16. Rtn JS Zamora |
| 5. Rtn Ben Baniel | |
| 6. PP Rene Bocaya | |
| 7. PP Benny De Guzman | |
| 8. Rtn Jojo Estolano | |
| 9. PP Ramy Garcia | |
| 10. Rtn. Dante Lardizabal | |
| 11. Rtn. Albert Mendiola | |
| 12. Rtn. Ike Ona | |



ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship



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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____