

Rotary
Club of Pasig



UNITE FOR GOOD

3 JULY 2025
Rotary Year 2025-2026

TINIG

The Official Newsletter of the Rotary Club of Pasig

***UNITE
FOR
GOOD***

Rotary 



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AurumDev Ventures Corporation (AurumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



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Today's Programme

Valle Verde Country Club

July 3, 2025 12:00 Noon

Call to Order	Pres. Roy Quejada
Invocation	Dir Tet Mallare
National Anthem	Dir Aris Marfil
FOUR-WAY TEST	Dir Pal Bolivar
Introduction of Visiting Rotarians & Guests	Dir. Gary Ona
Community Singing	Officers & Directors
Wise or Otherwise	
Fining Moments	Sec./PP John Javier
President's Time	Pres. Roy Quejada

CLUB ASSEMBLY & FELLOWSHIP

Open Forum	
Adjournment	Pres. Roy Quejada

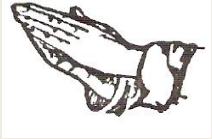
Dir/PP Jun Zafra

Emcee

**** Maternal and Child Health Month ****



Invocation



Loving Father, we praise you and ever grateful for your unwavering love and protection to each one of us and our families. Continue to watch over us as we journey as an organization responsive to the plight of our needy communities. Bless our fellowship and fortify our fraternal love and concern that we too may become blessings to the community we serve for the greater glory of your name through your son Jesus Christ our Lord and saviour. Amen

From: Rtn. Fr. Jojo Opinio

THE FOUR-WAY TEST

of the things we think, say or do:

4. Is it the **TRUTH**?
 2. Is it **FAIR** to all concerned?
 3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
 4. Will it be **BENEFICIAL** to all concerned?
-

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Song of the Day



NEVER ON MY ROTARY DAY

Oh you can meet me on a Monday,
A Monday, a Monday is very very good.
Oh, you can meet me on a Tuesday,
A Tuesday, a Tuesday in fact I wish you would.
Or you can meet me on a Wednesday, a Friday,
A Saturday and Sunday is the best
But never, never on a Thursday, a Thursday
A Thursday 'cause that's my Rotary day

Refrain:

Most any day, you can be my guest,
Any day you say but my Rotary day.
Just name the day that you like the best,
Only stay away on my Rotary day.

Oh you can meet me on a cool day,
A hot day, a wet day, whichever one you choose
Or try to meet me on a gray day,
A May day, a pay day, and see if I'll refuse.
And if you make it on a bleak day,
A freak day, a week day, then you can be my guest.
But never on a Thursday, a Thursday,
A Thursday 'cause that's my Rotary day.

(Repeat Refrain)



From the President

Pres. Roy Quejada



Welcoming the New Rotary Year: Uniting for Good with Purpose and Passion

As we move into the new Rotary year, we do so with renewed energy, great enthusiasm, and a deep sense of purpose. This year's theme, Unite for Good, is a reminder of the impact we can create when we come together bringing our diverse talents, ideas, and hearts in service of something bigger than ourselves.

Following a purposeful and collaborative planning session, the new Board of Rotary Club of Pasig is excited and ready to lead with vision and integrity. We are committed to building on the strong foundation laid by past leaders, ensuring that our legacy projects continue to make a lasting difference in the communities we serve, while also fostering camaraderie among all members.

We recognize the importance of progress and evolution. This year, we will explore more creative approaches to our initiatives making our club activities more engaging, impactful, and relevant. We envision programs that deepen our service while inviting fresh perspectives and inspiring future leaders to join us. We believe in bridging generations honoring the wisdom of seasoned Rotarians while welcoming new energy into our fold.

As we move forward together, let us embrace this new chapter with open minds and generous hearts. Let us unite in action, not just in intention, and make Rotary not only a place of service, but a home for growth, connection, and meaningful impact.

From the President

Pres. Roy Quejada

Continuation 1.

Together, we unite for good. Together, we shape a better future.

P.S. Let us extend our gratitude and congratulations to IPP Bernard for his outstanding leadership and for bringing magic to RC Pasig.

Roy Quejada

Good President

Respect. Support. Serve



Rotary Notes

PP Benny P. De Guzman



In the interest of service and continuity, I am extending my many years of writing my column as the Club Assembly is just today. If there are no takers yet, may the Board consider tapping each Pangkat to undertake this column on a 2 months each basis? This unique idea will give more emphasis to Pangkat activities and to other club affairs. Pres Roy says for words of wisdom that I give now and then. Wisdom? Aren't you going ahead of the nice book of Rtn Alex?

Congratulations and salamuch kay Alex for the nice book that can be a reference book in many affairs. Even in religious undertakings, generous verses that can inspire and in the other areas of concerns, you can use his brilliant editions of worthwhile ideas which he humbly admits as not his own. But he did it perfectly well.

There were so many cholesterol rich food in super abundance with Elar's lechon and overflowing spirits plus no limit Mongolian barbecue. Too much fun, drinks and even the awards were plentiful. Why? When you end a good Rotary year, there must be plenty who assisted along the way.

Tinig condoles with the family of PP Ducky Paredes, our 45th president and the 22nd PP who has gone to the Great Beyond. Ducky migrated to Gingoog where he died. Snogie, we will miss your husband too.

There was too much booze, good music and a lot of bonding at the final meeting of the RY for Dodie. Many showed their

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

talents especially in the singing arena. Some, in my own grade, should have their talents hidden na lang. But in the spirit of great camaraderie it was a lot of fun.

Seldom seen Rtn Doc Henry joined. We see him more in Facebook rather than in our Rotary meeting. But always in medical missions, he is a gift to us and to the community as he brings other doctors to help us.

We salute DG Gina Sanchez on her first day as governor of our district with her project Kulay ng Kabutihan to instill art consciousness to the grade schoolers. Many learned how to paint as well amongst those Rotarians who participated. They learned how to use the brush by hand. Dati they used their mouth for the brocha. If you don't get it, you are not a Pasig Rotarian.

Rtn Ike Ona committed to attend but he failed as he was still in his more important task earlier. Rtn Rod said hahabol siya but up to the time of my earlier leaving, he was not around yet. PP Ner comes every other Thursday as he is Batangas based but not in the evenings.

Two days ago was the great Rosario, Pasig City fire that lasted 3 hours with 100 houses destroyed to the ground. TV reports claimed there were 100 firetrucks.

One firetruck for each house? Isn't it time to review our firefighting equipment in levels? Metro Manila fires should not last that long. Walang from the air? Walang asenso ang bayan!



Walking the Avenues

PP Jun C. Zafra



Francesco Arezzo of Italy selected to be 2025-26 Rotary International President



Francesco Arezzo, a member of the Rotary Club of Ragusa, Italy, has been selected by the Board of Directors to become Rotary International's president for 2025-26. Arezzo will become president on 1 July.

The Board conducted a special session following the unexpected resignation of RI President-elect Mário César Martins de Camargo on 8 June. Guided by the RI code and policies, the Board selected the new president-elect from a pool of candidates who were considered by the Nominating Committee for President of Rotary International in August 2023.

The 2025-26 presidential message, announced at the 2025 Rotary International Assembly in February, will remain Unite for Good, which calls on Rotary members to be a force for unity in a world increasingly divided by politics, geography, and ideology. Through service projects, Rotary brings together people of every background — across races, religions, and professions — in a shared mission to do good in their communities.

Walking the Avenues

Continuation 1.

Arezzo is an orthodontist in private practice. He is active internationally as a member of the Italian, European, and American orthodontics associations. He is vice president of the National Association of Italian Dentists for the province of Ragusa and was the founder and head for seven years of the delegation for Ragusa of the National Trust for Italy. He is a Knight of Honor and Devotion in Obedience within the Sovereign Order of Malta.

A Rotary member for more than 30 years, Arezzo has served as vice chair of the Joint Strategic Planning Committee and as RI director, learning facilitator, and as district conference presidential representative.

Arezzo is a Major Donor and Benefactor of The Rotary Foundation. He is married to Anna Maria Criscione, an entrepreneur in the tourism field. They have two children.

Tinig Tidbits

By: HOF/PP Peter Javier



MYTHS AND FACTS

- Myth** - We only use 10 percent of our brains.
Fact - Most of our brain cortex work at full capacity even when we are asleep.
- Myth** - Your sight deteriorates if you read in the dark or on a monitor.
Fact - Your eyes get tired quickly this way, but recover after rest.
- Myth** - Split ends can be cured by shampoo or hair conditioner.
Fact - You can only get rid of split ends by cutting them.
- Myth** - Humans only have 5 senses: sight, hearing, smell, tactile sense and taste.
Fact - We have at least 21 senses. Example: sense of balance and temperature.
- Myth** - It's easier to catch a cold when it's actually cold.
Fact - Colds are caused by viruses not air temperature.
- Myth** - Our heart skips a beat when we sneeze.
Fact - The heart's rhythm changes when we sneeze, but it never stops.
- Myth** - Alcoholic beverages make you warm.
Fact - Alcohol dilates your superficial blood vessels, making you feel warmer.
- Myth** - Sweat can remove toxins from your body.
Fact - Sweat glands cool down your body.
- Myth** - Carrots improve eyesight.
Fact - Carrots helps prevent muscle degeneration, but they don't improve your sight.

Glimpse Our Last Meeting



Pres Dodie calls his final meeting to order which PP Bong emcees; Dir Gary leads invocation.



Dir Noel leads singing of Pambansang Awit; Dir Roland recites Apat Na Urian Ng Rotaryo & IP Roy introduces guests.



Officers & directors sing Dodie Did It His Way, a lyrics adaptation of My Way.

Glimpse Our Last Meeting



PE Roy on July 7 induction; HOF/PP Conrad on LRMF&CC update and Dir Tet on values formation on June 29 for GK- Pasig Rotary residents.



IPP Adolf is finemaster and Pres Dodie with his final message.



100% Attendance Award for PP Bong (5th year), SAG/PP John (10th year), HOF/PP Conrad

Glimpse Our Last Meeting



(18th year), PP Jun (30th year), PP Celso (26th year), PP Vic (39th year),



PP Benny (45th year), HOF/PP Peter & CM/PP Peping.



100% Attendance Award too for PRID Raffy (18th year). Service Citations & Pres. Dodie's mugs given to Dir Roland, Dir/PP Jun

Glimpse Our Last Meeting



PE Roy, DirbTet, Rtn Jojo, Rtn Joseph,



Rtn Joseph, Rtn Dante, Dir Gary,



Dir Jake, IPP Adolf, Rtn Raj,

Glimpse Our Last Meeting



Rtn Rudy, Rtn Bernard,



PP Bong, Dir Noel & Rtn Roland.



Pres Dodie's mugs given to HOFs/PPs Conrad, Peter & Jess.



Glimpse Our Last Meeting



Presidential Citation to SAG/ PP John; Pres Dodie adjourns his last meeting.



Glimpse Our Last Meeting



We were joined by Spouses Marissa Ermita and Baby Paloma.





Glimpse Our Last Meeting



Dodie starts singing session with Rudy, Doc Jess & Noel.



Pal & John join Dodie & Doc Jess.



Dodie's joined by Jon, Joseph, Roland & Roy.



Glimpse Our Last Meeting



Tet & John and Roy & Doc Jess.



Doc Henry join John, Pal & Doc Jess.



Happy we're here to sing together!

Values Formation Program



Last project for RY 2024-25 led by Dir Tet with SAG/PP John, IP Roy & Rtn Dante.



Group discussions by homeowners.



Homeowners in attendance.

Kulay ng Kabutihan



First district activity of Pres Roy on first day of Rotary year.



Pres Roy & Dir Joseph learning finger painting too?



Pres Roy with DDS/Sec John, Directors Tet, Mads, Joseph, Aris & PP Fil Guba of RCPS.

Editorial Staff

TINIG STAFF RY 2025-2026	FEATURE WRITERS	
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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____