

Rotary
Club of Pasig

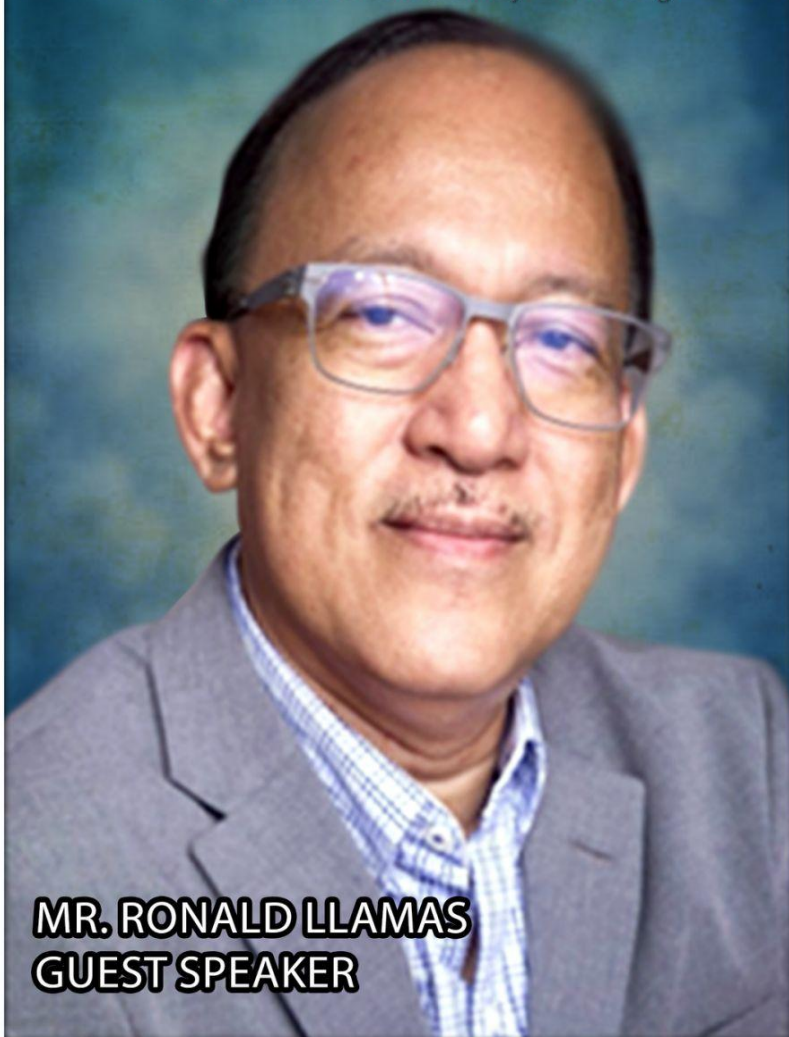


UNITE FOR GOOD

6 AUGUST 2025
Rotary Year 2025-2026

TINIG

The Official Newsletter of the Rotary Club of Pasig



MR. RONALD LLAMAS
GUEST SPEAKER



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years' experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AulumDev Ventures Corporation (AulumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



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Today's Programme

**Valle Verde Country Club
August 7, 2025 12:00 Noon
Pangkat : 3 Dir. Gary Ona**

Call to Order	Pres. Roy Quejada
Invocation	Dir. Aris Marfil
National Anthem	Dir. Aris Marfil
FOUR-WAY TEST	Rtn Richie Defensor
Introduction of Visiting Rotarians & Guests	Rtn Paolo Diaz
Community Singing	Pangkat 3
Wise or Otherwise	
Fining Moments	HOF/PP Peter Javier
President's Time	Pres. Roy Quejada
Introduction of Guest Speaker	Rtn Roy Mendoza

MR. RONALD LLAMAS

***Topic: After the SONA: Power, Politics,
and the Paths Ahead for the Philippines***

GUEST SPEAKER

Open Forum	
Adjournment	Pres. Roy Quejada

**Dir Gary Ona
Emcee**

*** AUGUST IS MEMBERSHIP AND EXTENSION MONTH ***



Invocation



We thank you and glorify you most loving Father for all the blessings we receive each day. Continue to pour out upon us the grace we need. Protect our families and loved ones. Bless our fellowship this afternoon. May all our discussions today give glory to your mighty name. Amen

From: Rtn. Fr. Jojo Opinio



APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng kinauukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAGKAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay **“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglilingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.



Song of the Day



NEVER ON MY ROTARY DAY

Oh you can meet me on a Monday,
A Monday, a Monday is very very good.
Oh, you can meet me on a Tuesday,
A Tuesday, a Tuesday in fact I wish you would.
Or you can meet me on a Wednesday, a Friday,
A Saturday and Sunday is the best
But never, never on a Thursday, a Thursday
A Thursday 'cause that's my Rotary day

Refrain:

Most any day, you can be my guest,
Any day you say but my Rotary day.
Just name the day that you like the best,
Only stay away on my Rotary day.

Oh you can meet me on a cool day,
A hot day, a wet day, whichever one you choose
Or try to meet me on a gray day,
A May day, a pay day, and see if I'll refuse.
And if you make it on a bleak day,
A freak day, a week day, then you can be my guest.
But never on a Thursday, a Thursday,
A Thursday 'cause that's my Rotary day.

(Repeat Refrain)

From the President

Pres. Roy Quejada



Telling Our Story with Purpose: Reflections from the Rotary Public Image Seminar

Last Saturday's Public Image Seminar by Rotary District 3800 offered more than just communication tips it offered a shift in mindset. For someone like me who often feels uncomfortable having my photo taken during service projects, fearing it might come off as self-serving or staged, the session was eye-opening.

I used to prefer candid, unscripted moments captured quietly in the background. I believed this kept our work authentic. But I've come to realize that sharing our story isn't about self-promotion it's about impact. When done with integrity, photos and stories are powerful tools. They showcase what Rotary truly is: a movement of people committed to service above self.

The seminar reminded us that public image isn't about glamor; it's about influence. Every sincere photo, every story shared, has the power to inspire someone to give back, to join the mission, to serve. Our community needs to see that help is real, consistent, and possible and Rotary offers that hope.

Still, the most important reminder is this: the heart must be in the right place. Our intentions must always begin with service, not spotlight. When we serve with genuine care and document our efforts with clarity and humility, we build trust and bring others along the journey.

From the President

Pres. Roy Quejada

Continuation 1.

Let us continue to serve with joy, tell our stories with sincerity, and give our communities a reason to smile. Because when our purpose is clear, our impact can be seen and felt far beyond the frame of a photo.

Roy Quejada

Respect. Support. Serve



Rotary Notes

PP Benny P. De Guzman



Public service announcement for the residents of Barangay Ugong as the Office of Senior Citizens are issuing the plastic ID card starting 12th August. Forms are available in your village associations or at the Barangay hall of our barrio. This is needed both for the stipend to be given by the city and national government based on respective age group starting ASAP.

Our very own Rtn Alex, well known for the various inspiring books he has written to make us better Filipinos and better individuals visited the Sistine Chapel to pray for a better Philippines. Kasama na ang Senate at Supreme Court sa prayers niya.

We salute super Rotarian Flor de Pano for his challenge not like VM Baste as he gave his money ahead. Took more than a week to exceed the amount given. Whole club more than a week?

Two outstanding Pasig Rotarians, Dir Roland and Marco Polo guy, Doc Ato had their birthdays on the anniversary of the bombing of either Hiroshima or Nagasaki as both cities were bombed by USA with the first atomic bomb that forced a tiny nation to surrender to the powerful USA. Saludo ako sa fighting spirit ng mga Japanese. If not for the atomic bombs, they will never have surrendered as the Emperor said we will all die but their Korean forced soldiers will have to die first. Rtn Philip will never know as he was not yet around then.

We congratulate National University on the 125th Anniversary of their existence. The Jhocson family in Sampaloc started a school that grew over the years but the most dramatic growth

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

came during the term of the present president. PP RJ take a bow. PP Adolf too. Isn't PP Nick also part of NU? And before sa UAAP, UP, NU and MCU were fighting for the last slot as UE and FEU were lording it over. Not anymore. Championship caliber na NU and their lady Bulldogs, UAAP champs also added the trophy in the SSL tournament in Davao last week. NU, you have gone a long way and you will go farther with Pres RJ.

There were some birthday greetings for seldom seen super Rtn Chony whose birthday was correctly texted by DDS/PP John to be August 31 pa.

Much has been talked about Phil health as the budget was cut and even the budget for Education mandated by our Constitution. The super dissection of the PhilHealth benefits and CoPayments were discussed by Rtn Roehl and PP Vic Lim. It can be the topic for a presentation not only for our club but for the Pasig zone. This is important even for those who are not with us but for everybody. The provisions of 2013 and the present one for 2025.

As our group is keen on blending our weekly topics, this will be the first issue to be tackled.



Walking the Avenues

PP Jun C. Zafra



Presidential message



Francesco Arezzo
President 2025-26
August 2025

August is Membership Month, but our commitment to growth and connection is year-round. When we focus on growing Rotary, we grow our ability to serve, to lead, and to bring lasting change.

Membership growth isn't just about numbers. It's about opening doors. It's about inviting more people who are ready to give their time, talents, and hearts to a cause greater than themselves. When we welcome new members, we bring in fresh ideas and new energy. We expand our impact, strengthen our clubs, and ensure that Rotary continues to evolve with the world around us.

Remember, there is now great flexibility in fashioning nontraditional club models. I'm inspired when I see these innovative clubs thrive by offering new and prospective members more ways to connect and serve.

In Korea, the growth of satellite clubs has created opportunities for nearly 1,000 new members to find their place in Rotary. In Romania, the close collaboration between Rotarians, Rotaractors, and Interactors has built a pipeline of future leaders. In India, some Rotarians gather around a shared interest whether it's professional development or a passion for service

Walking the Avenues

Continuation 1.

and those connections deepen their commitment and their joy in being part of Rotary. And we've seen cause-based clubs thrive in regions as diverse as Southeast Asia, Africa, and Europe.

There's a common thread: Where clubs are growing, membership is a priority and there is a willingness to try something new. Rotary is not limited to one structure or tradition. We are a global network of people of action, and that means there is room for many kinds of clubs, many ways to serve, and many paths into our organization.

This spirit of innovation is also guiding our efforts to reach new communities. In places where there has never been a Rotary club or where a club once existed and faded Rotarians are finding ways to grow Rotary. They are identifying areas of potential and building clubs that reflect the character and needs of their communities.

Every member plays a part in this journey. Whether you introduce a friend to your club, support a new meeting format, reconnect with program alumni, or simply share your Rotary story, you are helping our organization grow stronger and more vibrant.

No one owns a Rotary club. It is a gift we pass on to the next generation. When we nurture that gift, when we invite others to share in it, we ensure that Rotary continues to be a force for good.

Let's prioritize membership growth not just in August but every month of the year. Together, through friendship, creativity, and shared purpose, we will grow Rotary and Unite for Good.



Our Guest Speaker



MR. RONALD LLAMAS

Secretary Ronald Llamas is a journalist, political analyst, consultant on risk and security matters, and many more.

Sec. Ronald Llamas studied Journalism at the University of Sto. Tomas from the late 70s to the early 80's. A prolific and insightful writer, he wrote for the Varsitarian, the University's official organ, and The Flame, the official newspaper of the Faculty of Arts and Letters. Sec. Ronald Llamas was also an outstanding student leader, becoming the first democratically-elected Student Council president of the Faculty during Martial Law. Sec. Llamas, along with some kindred spirits, organized the Youth for the Advancement of Faith and Justice in time for the papal visit of John Paul II in the Pontifical University in February of 1981.

As the martial law years became more repressive, Sec. Llamas became a full-time activist. He organized labor unions and the basic sectors, and became instrumental in forming coalitions and alliances with the likes of the late UP President Francisco Nemenzo, Professors Randy David and Walden Bello, which would eventually give birth to the party-list group Akbayan Citizens Action Party.

From 2010 – 2016, he was appointed Cabinet Secretary with the

Our Guest Speaker

Continuation 1

position of Presidential Adviser on Political Affairs. One of his legacies as Secretary was his contribution that made possible the arbitral victory won by the Philippine Government against the People's Republic of China at the Permanent Court of Arbitrators in 2016.

Sec. Llamas is an astute and respected political analyst and a much sought-after speaker and could be seen or heard on many news channels and social media platforms.



Tinig Tidbits

By: HOF/PP Peter Javier



UNCOMMON WORDS

Some weird and wonderful words that you are unlikely to have read before.

- **SILIENCE** - The kind of unnoticed excellence that carries on around you every day, unremarkably - like the hidden talents of friends and coworkers or the fleeting solos of subway barkers.
- **BIBLIOKLEPT** - One who steals books.
- **KENOPSIA** - The eerie, forlorn atmosphere of a place that is usually bustling with people but is now abandoned and quiet.
- **ACNESTIS** - The part of the back between the shoulder blades and the loins which an animal cannot reach to scratch.
- **OCTOTHORPE** - Another term for the symbol # (the hash sign or the pound sign.)
- **RESFEBER** - The restless race of the traveler's heart before the journey begins, when anxiety and anticipation are tangled together.
- **AGELAST** - A person who never laughs.



Tinig Tidbits

By: HOF/PP Peter Javier

Contination 1.

- POT-VALOR - Boldness or valor resulting from alcoholic drink.
- VEMODALEN - The frustration of photographing something amazing when thousands of identical photos already exist.
- TITTYNOPE - A small quantity of something left over.
- PERISTERONIC - Of or relating to pigeons.
- VELLICHLOR - The strange wistfulness of used bookstores.

(from BabaMail)



Glimpse Our Last Meeting



GP Roy calls meeting to order with Rtn Bebert as emcee; Rtn Jon leads invocation and...



singing of Pambansang Awit; Rtn Bernard recites The Four-Way Test & Rtn Bebert introduces guests.



Pangkat 2 sings It's The Four-Way Test.

Glimpse Our Last Meeting



DDS/PP John on Public Image Seminar & Coop seminar at NAPPCO.
PP Adolf handles fining & GP Roy with his message.



Rtn Bebert introduces Prof. Dante Gatmaytan, UP constitutional law professor.



His talk, "The Supreme Court's Decision on VP Duterte's Impeachment" elicits questions from PP Bert, PP Garrick,

Glimpse Our Last Meeting



PP Vic, PP Dodie,

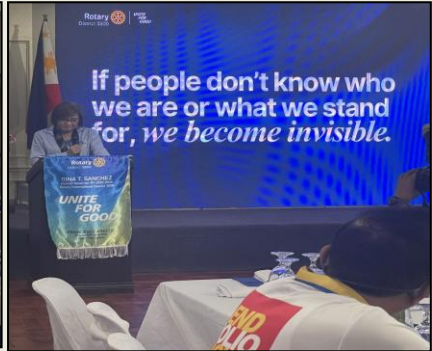


PP Adolf and Rtn Fr Kell.



A handshake after receiving club's token and then adjournment by GP Roy.

Last Week's Activities



DG Gina Sanchez addressing seminar participants.



Representing club are GP Roy, DDS/PP John, Dir Madz & Dir Aris.



Coop orientation at NAPPCO by HOF/ PP Conrad & DDS/PP John.

Pangkat Members RY 2025 - 2026

Pangkat No. 1

- 1. Pres. Roy Quejada – Leader**
- 2. Dir. Mads Bengua – CL**
3. PP Adolf Aran
4. Rtn. Chony Gimenez
5. PP Conrad Cuesta
6. Rtn. Dodot Jaworski
7. Rtn. Edison Go
8. Rtn. Jojo Estolano
9. Rtn. Noel Go
10. PP Peping Mabanta
11. Rtn. Philip Yoon
12. Rtn. Roehl Fontanilla
13. Rtn. Roy Mendoza
14. PP Vic Aquino

Pangkat No. 3

- 1. Dir. Gary Ona – Leader**
- 2. Dir. Aris Marfil – CL**
3. Rtn. Arnel Estaniel
4. Rtn. Jimmy Gualberto
5. Rtn. Marlo Guillano
6. Rtn. Oyie Averilla
7. Rtn. Paolo Diaz
8. PP Peter Javier
9. Rtn. Raj Cordova
10. Rtn. Richie Pua
11. Rtn. Richie Defensor
12. Rtn. Simon Tantoco
13. PP Totoy Bartolome
14. PP Vic Lim

Pangkat No. 2

- 1. Dir. Tet Mallare - Leader**
- 2. Dir. Roland Vasquez – CL**
3. Rtn. Bebert Lacuna
4. Rtn. Bernard Bobadilla
5. PP Bong Paloma
6. Rtn. Chito Bernardo
7. Rtn. Hans Roxas Chua
8. Rtn. Fr. Jojo Opinio
9. Rtn. Jon Cansana
10. Rtn. Nicky Ty
11. Rtn. Nilo Ocampo
12. PRID Raffy Garcia III
13. Rtn. Rod Moreno
14. PP Tito Henson
15. Topax Colayco

Pangkat No. 4

- 1. IPP. Bernard Dy - Leader**
- 2. Dir. Joseph Gulaberto - CL**
3. PP Arjan Ramnani
4. Rtn. Ato Basco
5. PP Benny de Guzman
6. Rtn. Charles Reyes
7. PP Garrick Ang
8. Rtn. Jake Oh
9. Rtn. Karl Contreras
10. Rtn. Fr. Kell Ortega
11. PP Ner Laino
12. PP Nick Guzman
13. PP Ogie Lim
14. Rtn. Roman Romulo
15. PP Toti Buhain

Pangkat Members RY 2025 - 2026

Continuation 2.

Pangkat No. 5

- 1. PP Jun Zafra – Leader**
- 2. Rtn. Bien Sibug – CL**
3. Rtn. Alex Lacson
4. Rtn. Flor de Pano
5. Rtn. Henry Claravall
6. PP Henry Uy
7. PP Jess Acantilado
8. Rtn. JS Zamora
9. Rtn. Manfred Guangko
10. Rtn. Mike Dolar
11. Rtn. Nesty Carolina
12. Rtn. Ping Tan
13. Rtn. Richard Berganos
14. PP RJ Ermita
15. Rtn. Rudy Sanguyo

Pangkat No. 6

- 1. Dir. Pal Bolivar - Leader**
- 2. Sec. John Javier - CL**
3. Rtn. Anson Tan
4. Rtn. Ben Baniel
5. PP Bert Albano
6. Rtn. Carlos Chuaunsu
7. PP Celso Ylagan
8. Rtn. Dennis Albano
9. PP Ferd Rivera
10. Rtn. Ike Ona
11. PP Ramy Garcia IV
12. PP Rel Gmez
13. PP Rene Bocaya
14. Rtn. Vico Sotto

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

Editorial Staff

TINIG STAFF RY 2025-2026	FEATURE WRITERS	
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	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ Date: _____