

Rotary
Club of Pasig



14 NOVEMBER 2024
Rotary Year 2024-2025

TINIG

The Official Newsletter of the Rotary Club of Pasig



GEN. NICOLAS D. TORRE III
GUEST SPEAKER



LUXID ROTARY

Microfinance & Credit Cooperative

ABOUT US

The Luxid Foundation is an organization of members from the different batches of the Ateneo De Manila University, 1959, 1963, and 1967, united to help alleviate poverty among underprivileged people.

The Rotary Club of Pasig is one of the biggest clubs in the country, and is respected and consistent in its service to the Pasig community and to the country in general.

The Luxid Foundation and the Rotary Club of Pasig formed an alliance in 2017 to create the LUXID ROTARY Microfinance & Credit Cooperative.



FRANCISCO "TOPAX" COLAYCO is the Chairman of the Board of LUXID Rotary Microfinance and Credit Cooperative, holds a Masters degree in Business Management (MBM) from the Ateneo de Manila University. He also holds a Ph.D. (Honoris Causa) in Humanities awarded by the National University of the Philippines.

FJC is an entrepreneur, a venture developer and the pioneer in promoting personal finance in the Philippines. He is the author of the "Wealth Within Your Reach" series, the award winning and biggest Filipino best sellers on personal finance and the leading advocate of the personal financial literacy movement in the Philippines.

FJC has over 50 years experience as a consultant, a professional manager and business owner in the fields of Manufacturing and Marketing, Shipbuilding, Specialty and Pressure Vessel Fabrications, Banking, Financial Services & Real Estate Development. He is the Chairman and Founder of the Colayco Foundation for Education, Inc. (CFE).

FJC is currently the Chairman & CEO of AurumDev Ventures Corporation (AurumDev), and up to March of 2023 was Chairman of One Wealthy Nation Bank (OWN Bank), formerly, the Rural Bank of Cavite City.

Today, FJC is an active ventures advisor and investor in health services. He is engaged in joint venture consulting and specialty trading such as diesel and medical supplies. He is Chairman of The Health Network (THN), an out patient facility with diagnostics, pharmacy and doctors' offices based in Marilao and Guiguinto, Bulacan.

FOR MORE INFORMATION, PLEASE CONTACT
NIDA LORENZO



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Today's Programme

Valle Verde Country Club
November 14, 2024 12:00 Noon
Pangkat 2 Leader: Dir. Tet Mallare III

Call to Order	Pres. Bernard Dy
Invocation	Rtn Bebert Lacuna
National Anthem	Rtn Bebert Lacuna
FOUR-WAY TEST	Rtn Bernard Bobadilla
Introduction of Visiting Rotarians & Guests	Rtn Stephen Valera
Community Singing	Pangkat 2
Wise or Otherwise	
Fining Moments	PP Topax Colayco
President's Time	Pres. Bernard Dy
Introduction of Guest Speaker	Dir/Rtn. Roy Mendoza

Gen. Nicolas D. Torre III

Topic: Running After Fugitives from the Law

GUEST SPEAKER

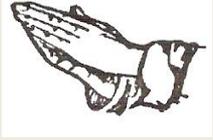
Open Forum	
Adjournment	Pres. Bernard Dy

SAG/PP John Javier
Emcee

*** Rotary Foundation Month ***



Invocation



Gracious God, we glorify your holy name. Thank you for your unwavering love despite our weaknesses and shortcomings. Bless our fellowship today as you bless each members present and absent. May the exchange of ideas we shall undertake today be guided by your love that all our plans and aspirations be truely reflective of your divine will. We ask all these thought Christ our Lord. Amen

From: Rtn. Fr. Jojo Opinio



THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First** : The development of acquaintance as an opportunity for Service;
- Second** : High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third** : The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth** : The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Song of the Day



Stand By Me

When the night has come
And the land is dark
And the moon is the only light we'll see
No I won't be afraid
Oh, I won't be afraid
Just as long as you stand, stand by me

So darling, darling
Stand by me, oh stand by me
Oh stand, stand by me
Stand by me

If the sky that we look upon
Should tumble and fall
Or the mountain should crumble to the sea
I won't cry, I won't cry
No, I won't shed a tear
Just as long as you stand, stand by me

And darling, darling
Stand by me, oh stand by me
Oh stand now, stand by me
Stand by me
Darling, darling



Song of the Day



Continuation 1.

Stand by me, oh stand by me
Oh stand now, stand by me
Stand by me

Whenever you're in trouble won't you stand by me
Oh stand by me, oh won't you stand now, oh stand
Stand by me



From the President

Pres. Bernard Dy



My Dear Rotary Family,

We're in for a dynamic day! It's PNP Day here at Rotary Club of Pasig, as we have a special guest joining us, BGeneral Nicolas Torre III - the very officer who led the manhunt for Apollo Quiboloy! His insights are bound to be eye-opening. (Don't worry, unlike last night—no one's under interrogation here. After the meeting, President-Elect Roy Quejada, our ever-reliable Perpetual Secretary PP John Javier, and I will meet with the new Pasig Chief of Police, PCol. Hendrix Mangaldan to kick-start planning for next year's PNP Awards— our way of recognizing those who serve our community.

And here's some fantastic news: we've hit our target! Our calamity fund is back up to almost ₱500K, thanks to the tireless efforts of our "service above self" preparedness Czars—Rtn. Flor de Pano, HOF Conrad Cuesta, and HOF Peter Javier. Salamat sa pag gising at pag udyok sa RCP na maging matulungin sa mga nangangailangan. Knowing we can respond swiftly in times of need is a huge relief and a true testament to our club's commitment.

Let's also wish our delegation headed by PP Celso Ylagan with spouse Enya a safe and fulfilling journey, as they join PRID Raffy Garcia and spouse Minda in Hong Kong, to renew our sisterhood with RC Hong Kong Sunrise. Their trip strengthens our global ties and expands our reach, a core Rotary goal. I know they'll do us proud.



From the President

Pres. Bernard Dy

Continuation 1.

Next week, we're thrilled to welcome Governor Bobby Zamora to the RCP den! Let's bring out that signature RCP spirit—fun-loving, warm, and ever the Noble Gentlemen. Together, let's make it a memorable visit. RCP, behave!

Thanks for all you do as we head full speed to face the many tasks that lie ahead. Looking forward to seeing everyone's smiles as we tackle exciting times together!

Bernard



Rotary Notes

PP Benny P. De Guzman



Truly, the brunt of the series of deadly typhoons brought havoc to many of our provinces. Northern Luzon and the Bicol areas were severely affected. In response to these calamities, proud and dedicated Rotarians took the floor and gave sizable amounts for the victims of Typhoon Kristice in Bicol and in Northern Luzon. Our Flor de Pano gave generously 150K each time. To match the second 150K, Pres Dodie challenged our club to match even just the second dole out. Response was slow but coming. In this regard, baka marami na tayong RINO sa club natin. Rotarian In Name Only?

PP Bert, our lechon donor last Memorial Day is busy raising funds for his Ilocos province also badly hit. Bka our club may consider assisting the province too?

As a community, we should be thankful that our terrain and elevation is far from a flood so that should make us aware of the needs of others. Blessed are those who can share blessings. Generous Flor who is in the medical assistance business knows how to care for others. Sana mappreciate natin fully.

Director Roland will sponsor a councilor daw to the club. We have a Konsi member in Simon Tantoco. Bokap Richie is also running for a council seat. Plus Mayor Vico and Vice Mayor Dodot, both non-attending members, are certainly running for reelection. Sana anybody running against them are not affiliated with other Rotary clubs in Pasig. Our Cong Roman has yet to have a worthy opponent.



Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Many of our members have tried the barbershop of our very own Rtn Richie. I did not know there are many gimmicks in that business. My regular shop is one at the side of this country club, so near, clean and reasonable. I tried last weekend at Bruno's and the cost is more than 3 times the cost of my regular shop. I will repeat a gimmick that my daughter encountered in a shop. While for her son in a shop, the barber motioned to her about scratching the hair. My daughter gave a thumbs up. The bill was 1.8K, 1.5K for the scalp treatment and 300 for the haircut. The scratching of the hair pala was not for shampoo but a scalp treatment. Kwentong barbero but true..

There are some Rotary clubs meeting only every other week. They need permission from their District Governor. I am not advocating for such. But every other month, let us involve our spouses. ARAP has been a good support arm for us. Even in fellowship or joint meetings with various interesting subject matters..Our zone meeting will have a speaker, a member of our club who is not known to majority of our members.RINO, there are a handful of them truly contributing in their own areas for the betterment of our community. RINO man at ginagalang at kailangan pa rin natin.

Walking the Avenues

PP Jun C. Zafra



‘When,’ not ‘if’: Progress continues toward ending polio

On World Polio Day, Rotary International leaders and public health experts reiterate their commitment to global eradication

Eradicating polio around the world is still an attainable goal, Rotary International President Stephanie A. Urchick and public health experts said as they commemorated World Polio Day in the city where the vaccine was developed.

“I know it is a question of when polio will be eradicated, not if,” Urchick told the audience at a livestream event on 24 October in Pittsburgh, Pennsylvania, USA.

“Our Action Plan talks about improving our impact. That’s really where our polio eradication program shines,” Urchick added. “Millions of children won’t get this crippling disease. Billions of U.S. dollars won’t be spent on ancillary health care costs as a result of this disease. We have made so much progress.”

World Polio Day raises awareness and funds for the Global Polio Eradication Initiative’s work to eliminate the disease. Since Rotary and its partners formed the GPEI in 1988, the number of wild polio cases has decreased by 99.9%. The event highlighted Rotary’s continuing efforts toward complete eradication.

Polio remains endemic in two countries, Afghanistan and Pakistan. In 2024, increased case counts of wild poliovirus and



Walking the Avenues

PP Jun C. Zafra

Continuation 1.

the first case of paralytic polio in Gaza in 25 years served as a reminder that until the disease is fully eliminated everywhere, it remains a threat to children everywhere.

Despite the challenges, Michael K. McGovern, chair of the International PolioPlus Committee, said he remains confident as ever that global eradication is within reach. “We’re in a bumpy period, but we’re going to get this done by continuing to focus on Afghanistan and Pakistan and doing the things that were done so successfully by Rotarians,” he said.

The event included videos featuring polio vaccination workers in the field. Urchick said she was inspired by them during a visit to Karachi, Pakistan, earlier this year.

“Men work diligently to immunize thousands of children every day at traffic checkpoints, while women go house to house to reach families directly,” Urchick said. “Some workers literally climb mountains to vaccinate children in remote locations, and their determination never wavers.”

The livestream event was part of a two-day Rotary zone institute. RI Director Patrick Eakes, who convened the institute, said Pittsburgh was a perfect location because it’s where Dr. Jonas Salk developed the vaccine. “We realized we were in a unique position,” said Eakes, a member of the Rotary Club of Crescent (Greensboro), North Carolina, USA.

Dr. Peter L. Salk, president of the Jonas Salk Legacy Foundation in La Jolla, California, and a part-time professor at the University of Pittsburgh School of Public Health, talked about what drove his father to develop the first inactive polio vaccine.



Walking the Avenues

PP Jun C. Zafra

Continuation 2.

“He just never let go,” Salk recalled. “It was his personality to have a dream and get things done.”

Salk said his father wanted to make a difference in the world from a young age and became interested in science. After working in the U.S. state of Michigan on an influenza vaccine, he came to Pittsburgh in 1947 to work at the virus research lab and received a grant for polio research from the National Foundation for Infantile Paralysis. That led to his work developing the inactive polio vaccine.

Other presenters at the livestream event included 2016-17 RI President John Germ. Several members of Rotary’s eradication effort also sent video messages.

In a video shown at the event that was originally recorded for the 2023 Rotary International Convention, Gates Foundation co-founder Bill Gates lauded the commitment toward eradication. “When polio is eradicated, it will be one of the biggest advances in public health in human history,” said Gates. The Gates Foundation, a partner in the GPEI, matches up to US\$50 million that Rotary raises each year at a 2-to-1 ratio, which means up to US\$150 million for the effort each year.

Salk, too, said he was honored to be in a room full of Rotary members who have a passion for solving tough problems.

“Every time I get together with Rotarians,” he said, “I am just uplifted by the quality of humanity that you all radiate and the dedication you put in all the different realms helping the world become a better place.”

Our Guest Speaker



Gen. Nicolas D. Torre III

Born: .

Present position: Chief, Criminal Investigation and Detection Group (CIDG)

Previous positions:

- PNP Regional Office 11 (Davao Region)
- PNP Communications and Electronics Service
- Quezon City Police District
- Office of the Deputy Regional Director for Operations, NCRPO
- Samar Provincial Police Office

Schools attended:

Mapua Institute of Technology (3 years);

Philippine National Police Academy (PNPA) Class of 1993 (Tagapaglunsad)



Tinig Tidbits

By: HOF/PP Peter Javier



8 ALCOHOLIC DRINKS & THEIR HEALTH BENEFITS

VODKA - A preferred choice for those on a diet as it contains only 69 calories per 30 ml serving. May help to relax blood vessels, promote the growth of new blood vessels and lower blood pressure. It also has a beneficial effect on cholesterol as it helps increase the levels of good cholesterol (HDL) in the blood and prevent atherosclerosis.

TEQUILA - Mexico's national drink is known for its digestive benefits and is also associated with lowering bad cholesterol (LDL). It also helps promote bone health and prevents bone loss.

GIN - It has been found to lubricate the bronchial passages in the body and help get rid of excess phlegm in cases of colds or illness. It can also help relieve bloating and improve digestion.

RUM - This Caribbean-rooted drink can help alleviate muscle pain and prevent it. Rum can also help reduce anxiety and ensure a good night's sleep. It acts as a blood thinner and can help increase the levels of good cholesterol (HDL) in the body.

SAKE - The Japanese rice wine can prevent blood clots, lower blood pressure and reduce cholesterol levels which benefits heart health. It helps prevent brain damage as we age and



Tinig Tidbits

By: HOF/PP Peter Javier

Continuation 1.

reduce the development of diseases like Alzheimer's and dementia. It also prevents the development of diabetes.

JAGERMEISTER - Drinking this strong German liqueur is intended to aid digestion after a heavy meal. It can serve as a good remedy for coughs as it coats the throat effectively, It can strengthen the immune system and help reduce various pains and treat abdominal cramps.

(from BabaMail)

Glimpses of Last Meeting



Pres Dodie starts meeting with Dir Gary as emcee; PP Jun leads invocation.



Rtn Aris sings Pambansang Awit; PP/Sec John recites Four-Way Test & HOF/PP welcomes guests.



Pangkat 1 sings My Rotary Day.

Glimpses of Last Meeting



HOF/PP Conrad on Luxid-Rotary planning session; Dir Gary on stipend giving at RHS & Sec/PP John on dues, DG visit & Zone 6 meeting.



PP Vic is finemaster. Birthday boys Rtn Mike & Dir Roy blowing birthday candles.



PP Rene reports on aid to Bicol typhoon victims Thanks from Ateneo de Naga thru Mr. Elmer Sto. Domingo.

Glimpses of Last Meeting



PP Adolf introduces Arch. Paolo Alcazaren who talks on Urban Planning and the Rehabilitation of Pasig River.

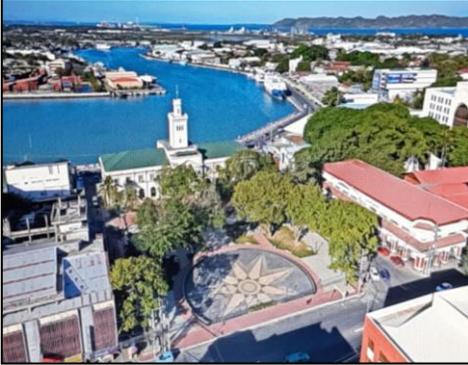


He talks on parks provision in Metro Manila versus Singapore,



New York City; his projects in Singapore; Iloilo river esplanade rehabilitation;

Glimpses of Last Meeting



need for pedestrian bridges & esplanades for Pasig river.



Replying to a question from Rtn Bebert.



Pres Dodie hands out club's token then adjourns meeting.

Stipend Giving at Rizal High School



Opening prayers before stipend giving.



Remarks by Pres Dodie and New Generation Director Gary.



A dance number is applauded by fellow scholars.

Stipend Giving at Rizal High School



Stipend giving is started by Pres Dodie & PP Jun.



Dir Tet, Dir Roland, Rtn Aris, Dir Roy and Rtn Rudy also hand out stipends to 61 scholars.



Stipend Giving at Rizal High School



Popeyes burgers for the afternoon snack from PE Roy.



With RHS guidance councilor Ms. Mitchell Macatimpag & Ms. Ellain Garcia.



With the 61 scholars of RHS.



Schedule of Activities for the Rest of 2024

November 7	Regular Club Meeting (12 NN – 2 PM) VVCC Guest Speaker: Arch. Paolo Alcazaren Distribution of stipend to RC Pasig scholars (2 PM) at Rizal High School Compound
November 14	Regular Club Meeting (12 NN – 2 PM) VVCC Guest Speaker: Gen. Nicolas Torre III
November 21	Governor’s Visit (10 AM); Regular Club Meeting (12 NN – 2 PM) Speaker: Gov. Bobby Zamora
November 28	Joint RC Pasig and Zone 6 Meeting (6 PM onwards) Valle Verde Country Club) Guest Speaker: Undersecretary Nicolas Felix L. Ty, Dept. of Justice
December 5	Special Club Meeting (12 NN – 2 PM) Club Elections and General Assembly
December 12	RC Pasig Christmas Party, Venue: Valle Verde 3, Clubhouse (6 PM)
December 19	Gift Giving at GK Village and Christmas Party at Ilugin, Pasig
December 24	Gift Giving at Rizal Medical Center

Note: *There will be no Club Meetings on October 31, December 26 and January 2, 2025. The next Regular Club Meeting is on January 9, 2025*



Pangkat Members RY 2024 - 2025

PANGKAT NO. 1

- 1. Pres Bernard Dy** - Leader
- 2. Dir. Gary Ona** -Co-Leader
3. PP Vic Aquino
4. PP Conrad Cuesta
5. Rtn. Flor De Pano
6. Rtn. Carlo Doce
7. Rtn. Roehl Fontanilla
8. Rtn Chony Gimenez
9. Rtn. Edison Go
10. PP Rel Gomez
11. Rtn Dodot Jaworski
12. PP Peping Mabanta.
13. Rtn. Aris Marfil
14. Rtn. Gene Menor
15. Rtn. Bien Sibug
16. Rtn. Philip Yoon

PANGKAT NO. 2

- 1. Dir. Tet Mallare** - Leader
- 2. Sec. John Javier**- Co Leader
3. Rtn. Chito Bernardo
4. Rtn. Bernard Bobadilla
5. PP Topax Colayco
6. Rtn. Joseph Gualberto
7. PRID Raffy Garcia III
8. PP Tito Henson
9. Rtn Bebert Lacuna
10. Rtn Rod Moreno
11. Rtn Nilo Ocampo
12. Rtn Jojo Opinio
13. Rtn. Vico Sotto
14. Rtn Nicky Ty
15. Rtn. Stephen Valera
16. Rtn. Jon Cansana

PANGKAT NO. 3

- 1. IPP Adolf Aran**- Leader
- 2. Dir Roy Mendoza** – Co Leader.
3. Rtn. Oyie Averilla
4. PP Totoy Bartolome
5. Rtn Mads Bengua
6. Rtn Paolo Diaz
7. Rtn. Richie Defensor
8. Rtn. Arnel Estaniel
9. Rtn Jimmy Gualberto
10. Rtn Marlo Guillano
11. PP Peter Javier
12. PP Ogie Lim
13. PP. Vic Lim
14. Rtn. Richard Pua
15. Rtn. Roman Romulo



Pangkat Members RY 2024 - 2025

Continuation 1.

PANGKAT NO. 4

1. **Dir Roy Quejada** – Leader.
2. **Dir. Noel Go** -Co-Leader
3. PP Garrick Ang
4. Rtn Ato Basco
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. Rtn Raj Cordova
9. PP Nick Guzman
10. Rtn. Cesar Lacuna
11. PP Ner Laino
12. Rtn. Kell Ortega
13. PP Arjan Ramnani
14. Rtn. Charles Reyes
15. Rtn. Simon Tantoco

PANGKAT NO. 5

1. **PP Jun Zafra** - Leader
2. **Dir. Jake Oh**– Co-Leader
3. PP Jess Acantilado
4. Rtn. Roman Arugay
5. Rtn Richard Berganos
6. Rtn Nesty Carolina
7. Rtn. Henry Claravall
8. Rtn Mike Dolar
9. PP RJ Ermita
10. Rtn Manfred Guangko
11. Rtn. Alex Lacson
12. PP Hermie Orbe
13. Rtn Rudy Sanguyo
14. Rtn Ping Tan
15. PP Henry Uy

PANGKAT NO. 6

1. **PP Bong Paloma** – Leader
2. **Dir. Roland Vasquez**-Co-Leader
3. PP Bert Albano
4. Rtn Dennis Albano
5. Rtn Ben Baniel
6. PP Rene Bocaya
7. PP Benny De Guzman
8. Rtn Jojo Estolano
9. PP Ramy Garcia
10. Rtn. Dante Lardizabal
11. Rtn. Albert Mendiola
12. Rtn. Ike Ona
13. PP Ferd Rivera
14. Rtn. Anson Tan
15. PP Celso Ylagan
16. Rtn JS Zamora



Officers and Directors

ROTARY CLUB OF PASIG (RY 2024-2025)

President	Bernardo “Dody” C. Dy
Vice President/PE	Rtn. Roy Marvin “Roy” E. Quejada
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Emmanuel “Noel” Y. Go
Auditor/TRF	PP Marcelo “Jun” C. Zafra, Jr.
Sgt-at-Arms	Rtn Joaquin “Jake” S. Oh

DIRECTOR:

Club Administration	Rtn. Roy dela Paz Mendoza
Membership	Rtn. Rolando “Roland” P. Vazquez
Ways & Means	PP Josefino “Bong” M. Paloma
Service Community	Rtn. Saturnino “Tet” G. Mallare III
New Generation	Rtn. Victor Gabriel “Gary” M. Ona
Public Relations	IPP Adolfo “Adolf” de Jesus Aran Jr



From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present31
% of Attendance (11/07/24).....33.6%

Birthday Celebrants for the Month of November 2024

Wedding Anniversaries for the Month of November 2024

Guest and Visiting Rotarians

1. Jerry Quibilan, Host: PP Peter Javier

Editorial Staff

TINIG STAFF RY 2024-2025	FEATURE WRITERS	
PETER JAVIER Editor in Chief	BERNARD DY From the President	JOHN JAVIER Secretary's Desk
ROEHL FONTANILLA	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
ROY MENDOZA Club Bulletin Admin.	PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

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Edgar Manalang: **0927-9414528; rcpasig@hotmail.com**

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____