

Rotary
Club of Pasig



CREATE HOPE
in the WORLD

13 JUNE 024
Rotary Year 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



**MS. FRANCIS NAVARRO, PH.D.
GUEST SPEAKER**

Today's Programme

Valle Verde Country Club
June 13, 2024 12:00Noon
Pangkat 6 Leader: Dir. Anson Tan

Call to Order	Pres. Adolf Aran
Invocation	Rtn Alex Lacson
National Anthem	Rtn Ben Baniel
FOUR-WAY TEST	Rtn Paolo Diaz
Introduction of Visiting Rotarians & Guests	Rtn Roy Mendoza
Community Singing	Pangkat 6
Wise or Otherwise	
Fining Moments	PP Nick Guzman
President's Time	Pres. Adolf Aran
Introduction of Guest Speaker	Pres. Adolf Aran

FRANCIS “Chas” NAVARRO

Topic: Independence Day

GUEST SPEAKER

Open Forum	
Adjournment	Pres. Adolf Aran

PP Celso Ylagan

Emcee

**** June is “Rotary Fellowship Month” ****



Invocation



We come to you Holy Father with all humility asking for your mercy and forgiveness for our shortcomings. We believe that you are ever present in all that we do. As we gather today to celebrate our friendship and camaraderie, bless each one of us and our loved ones. Guide us with your Spirit that all our thoughts and actions may be in accordance with you holy will thus glorify your mighty name through Christ our Lord. **Amen**

From: Rtn. Fr. Jojo Opinio

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng kinauukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAGKAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay **“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.



Song of the Day



Father and Son

Song by Cat Stevens

It's not time to make a change
Just relax, take it easy
You're still young, that's your fault
There's so much you have to know
Find a girl, settle down
If you want you can marry
Look at me, I am old but I'm happy

I was once like you are now and I know that it's not easy
To be calm when you've found something going on
But take your time, think a lot
Think of everything you've got
For you will still be here tomorrow but
your dreams may not

Oh, how can I try to explain?
'Cause when I do he turns away again
It's always been the same, same old story
From the moment I could talk I was ordered to listen
Now there's a way and I know that I have to go away
I know I have to go

It's not time to make a change
Just sit down, take it slowly
You're still young, that's your fault



Song of the Day

Continuation 1.



There's so much you have to go through
Find a girl, settle down
If you want you can marry
Look at me, I am old but I am happy

All the times that I've cried
Keepin' all the things I knew inside
It's hard but it's harder to ignore it
If they were right I'd agree
But it's them they know, not me
Now there's a way and I know that I have to go away
I know I have to go



From the President

Pres. Adolf Aran



“Rotary means giving more than receiving. To be kind to your fellow citizens of the world. Try and make a positive difference in others' lives and your life will be enriched beyond words. Service above self.” - Rotary International

Have you ever asked yourself what it would be like to serve without Rotary Club? I'm sure there are a million ways to do service, individually or with other organizations, at work, within your neighborhood or with your school's alumni association. However, Rotary Club provides the network, the machinery, the templates, in some cases, the resources. Sure, we can do it without Rotary Club, but we can do it so much faster and better with other club members from our club, from other clubs in our zone 6 and outside, clubs within district 3800 and outside, and sometimes, even clubs outside of our country.

Service above self. Discover what this means when we volunteer our time, give our donations and even display our talent. On June 23, Sunday, join us and the team of doctors led by Rotarian Doctor Henry Claravall as we undertake our last medical mission for this Rotary Year. We're not going to do the actual surgery (the doctors will do that for the Ilugin Community Center patients); but our presence will make this medical mission happen. We will witness how our service project changes lives of those who have less, those who are always last, and those who are considered least in society's eyes. Together, let's make this happen.



From the President

Pres. Adolf Aran

Continuation 1.

This is another way to create hope in the world, RC Pasig. Mabuhay kayo.

P.S. Because it's the 126th celebration of our Independence Day, let's take part in having our community members free from some of the diseases or maladies that they are going through. Freedom and hope, they go together.



Rotary Notes

PP Benny P. De Guzman



Rainy days are here but the summer heat is still felt and the rains are few and in between. Enough for short relief compounded by a brown out the other week. That is life here with harrowing tales of traffic woes. The heat will soon be over but the traffic blues will worsen.

Decade ago, we called PRID Raffy out Taong Bakal, now a new one in Rtn Bebert has been recently acclaimed. Sturdy and getting sturdier by the day. He and our cyclist, Dr. Jess are our muscle members. Of course, Rtn Bien with this muscles is the dean.

Last week, we had the longest on record in fining sessions. But truly well done as PP Celso made positive comments before hitting the fined members that even in zoom, fined Jake Oh was making his comments. It was a pleasure to be fined. Even the meek and humble PAO lawyer Rtn Mike was even predicted he will soon be an RTC judge. Rtn Mike every time he reaches for your hand is to make mano not to shake it. When he becomes RTC judge, he will ask us to return the mano? Mike was late for his Pangkat when they had their nicely led community singing, a good break for the club.

The new Ryan hymn initiated by PBBM is nostalgic, Last meeting, CM/PP Arjan recalled that when maartial law was declared, I was the model of the Bagong Lipunan hymn and my picture was all over the papers, on TV and in cinemas at the start of the show and at the end. The 2nd president of our club, the late Teddy Yabut, a frat brod of then Pres. Marcos drafted



Rotary Notes

PP Benny P. De Guzman

Continuation 1.

me. Since I was new in Rotary and he was the IPP and the confusion of martial law, I agreed. Shooting was at the LVN studios. Sana it was a screen test. I am sure he billed the Palace properly but I did not even get a free dinner. But as fate would have it, by the mid-term of martial law, Teddy for being head of the Light A Fire was being hunted by Gen. Ver. We were in the van of Crispa with the late PP Bing Basilio, an-law of the Floros and Pasig Rotarians who are all in God's graces. PPs Jing Jose and Rody Cruz, Rtns Amante Galang and Mike Uy (incidentally, the eldest son of Mike was inducted as the charter president of a new Rotary Club in Antipolo,) with Teddy who with the assistance of Mitra escaped by a boat thru Palawan. He was able to slowly reach the US. Gen. Montano then a colonel in MetroCom visited me in place that he can convince a friend for Teddy to talk to me by overseas call and to convince him to surrender. Even Cota, the spouse of Teddy commented, "I am sure even if confronted by a firing squad, Teddy would rather die than face and join his brod Marcos." Teddy returned during Cory's time only to die a year after due to cancer.

PP Ner's grand party in his Batangas place is just over a week from now. Weather will be kinder.

Balot King, seldom seen in our club's meeting will be running for a seat in thie country club's board. Every member who can approach members of this VVCC please help. Rtn Albert needs our help.

SAG John, birthday boy yesterday has a design for a good barong tagalog. IP Dodie said any barong tagalog is okay. Basta barong tagalog lahat. Ang mag suit, lipat sa ibang club.



Walking the Avenues

PP Jun C. Zafra



Volunteers are at the heart of the Rotary Youth Exchange program

As a Rotary Youth Exchange student from Sweden in the 1970s, Olof Frisk chose to study in Colorado because he wanted to ski. But it was meeting the other exchange students in the district that carved his life's path.

At that moment, he knew he wanted to become a Rotarian. He went on to join a Rotary club and serve as club president, chair of his district's Youth Exchange committee, and then chair of the multidistrict Youth Exchange committee overseeing the program throughout Sweden. Today, as governor of District 2340, Frisk remains involved in the program and believes volunteering to help Youth Exchange grow is an investment in Rotary's future.

"If you haven't been involved in a Youth Exchange and seen the interaction of the kids, you don't realize how important this program is," says Frisk. "Students from all over the world become leaders and are friendly with each other. This is the original thought behind peacebuilding."

Inspired to get involved? Unlike other exchange programs, Rotary Youth Exchange runs entirely on volunteers, so extra hands are always in demand. Roles exist at both the club and district levels.

Hosting

By far the greatest need is for host families. If your district

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

already has a program, approach your club's committee chair. Like all Rotary and non-Rotary volunteers working with young people, host families need to complete an application, criminal background check, reference check, and in-person interview.

"It's the best place to start. It gives you a great perspective if you are going to be coordinating the program at any other level," says Sabrina Barreto, a counselor for Youth Exchange students in District 4500 (Brazil) who went on both short- and long-term exchanges.

Barreto's mother, Emanuelle, a member of the Rotary Club of Natal-Potiguar, chairs the district's Youth Exchange committee and has hosted more than 40 students, starting when Sabrina was a year old. Emanuelle Barreto says another way to get involved is to volunteer as a counselor.

Counselors

Clubs assign a counselor who serves as a liaison for the student, club, host family, and community at large. The counselor is the student's primary Rotary contact, easing the transition into the country and the community through regular, direct interactions throughout the exchange.

A Rotary counselor can't hold a role of authority over the student's exchange (for example, the person can't be a member of a student's host family, school principal, club president, or district or club Youth Exchange officer). And counselors must be able to respond to any problems or concerns that may arise, including anything from students' simple questions about navigating their new town to rare instances of abuse or harassment.

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

“It’s very important for the counselor to build a connection with the student,” says Emanuelle Barreto. “We are not just talking about taking them for coffee or a sandwich or to a movie. You’ve got to get to know them and spend time with them. Sometimes that means being together just doing nothing.”

Serving on a committee

If you already have some experience, consider serving on your club or district Youth Exchange committee. A club committee plans, implements, and supports all activities involved in sending and hosting long- and short-term exchange students. As a member of a club committee, you will attend district Youth Exchange meetings, establish expectations for how students will participate in club meetings and activities, obtain feedback from students, and notify the district’s Youth Exchange chair of any issues or concerns.

On the district level, committee members work with the district governor and the district’s youth protection officer to supervise the entire district’s program. A youth protection officer is responsible for fostering safe environments across all youth programs. For this role, you’ll need professional experience handling abuse and harassment issues, as well as a familiarity with RI policies and relevant local and national laws.

Some districts band together to form a multidistrict Youth Exchange committee to streamline administrative duties over a larger region. Each multidistrict group operates differently, but many arrange training for volunteers and orientation for students, process applications and visa paperwork, negotiate

Walking the Avenues

PP Jun C. Zafra

Continuation 3.

group rates for travel and insurance, and promote the program in their region.

Supporting cast

If none of the above roles fits your time and talents, consider helping spread the word about the program. “There are so many things to be done,” says Sabrina Barreto. “There are relationships to build with clubs, families, and other districts. You don’t necessarily need to be involved with teenagers. There is a role for everyone.”

No matter the role, the work is fulfilling.

“I’ve had no better feeling than to see the kids that I have trained on the other side of the world accomplishing great things,” she says. “Just speaking about it gives me goose bumps. It makes me so proud of them.”



Our Guest Speaker



Francis Navarro, Ph.D.

Professor, Department of History, Ateneo de Manila University

Director, University Archives

Commissioner, National Historical Commission of the Philippines (NHCP)



Tinig Tidbits

By: HOF/PP Peter Javier



UNBELIEVABLE YET TRUE FACTS

- More salt is used for de-icing roads (8% of global manufactured salt) than for human consumption (6%).
- There is a disease in which the afflicted is unable to breath automatically and must breath manually. This disease is called Ondime's Curse.
- Contrary to a popular myth, the pyramids were built not by slaves but by well-fed skilled laborers who were given proper housing and living quarters.
- Up tp 55% of senior cats aged 11 to 15 suffer from dementia.
- The total weight of all ants on earth is about the same as the weight of all the humans on earth.
- A snail has about 2,500 teeth/
- There have been at least 10 recorded instances of people dying from laughter.
- 80% of all fatal car crashes are caused by men.
- More than 2,400 species of bacteria live in the human belly button.
- The Philippines are home to a “matryoshka” lake.
- A fire alarm that emits the smell of wasabi instead of sound has been designed in Japan for deaf individuals.
- If you tear a fishing net...it has less holes.

(from Baba Mail)



Glimpses of Last Meeting



HCP Adolf starts meeting with Rtn Roy as emcee. Rtn Paolo leads invocation and...



singing of Pambansang Awit. PP Nick recites Apat Na Urian Ng Rotaryo.



Pangkat 6 singing "Pumapatak ang Ulan".

Glimpses of Last Meeting



PE Dodie on July 15 Induction. PP John on attire. IPP Bong on AMTI trainees' graduation.



Rtn Doc Ato on Concert for a Cause. Fining by PP Celso. Message from HCP Adolf.



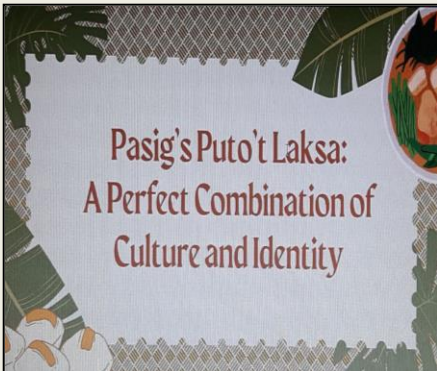
HCP introducing ADMU Sociology graduates Colin Katindoy, Karen Joy Perez & Randell Pallesca.



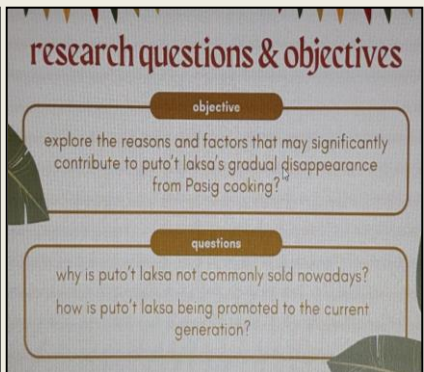
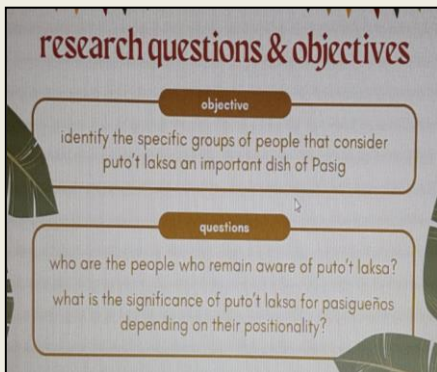
Glimpses of Last Meeting



Their topic is on Pasig's Puto't Laksa: A Perfect Combination of Culture & Identity.

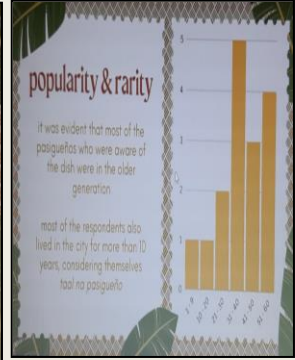
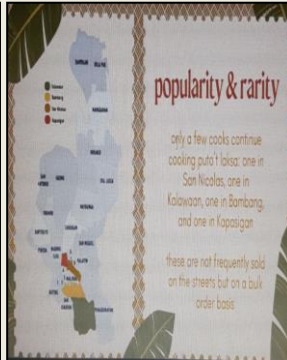
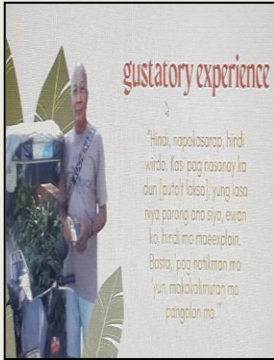


Their research & findings



cover awareness of puto't laksa,

Glimpses of Last Meeting



its popularity among current Pasiguenos,



reasons for its disappearance from Pasig



cooking & role of LGU for its promotion.

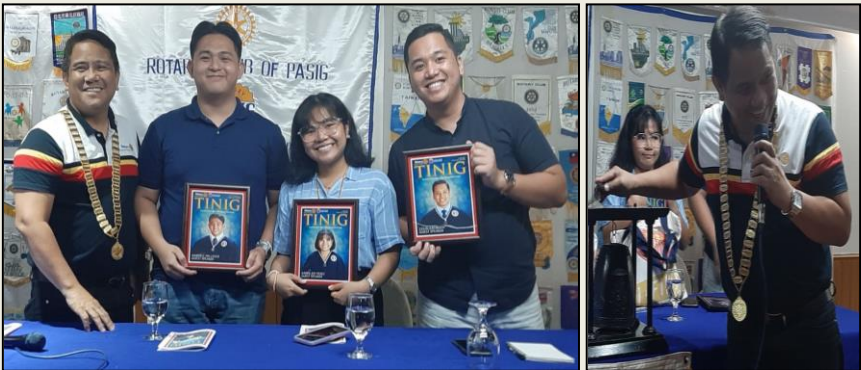
Glimpses of Last Meeting



Replying to queries & comments from PP Benny, Rtn Doc Ato



& Rtn Fr Kell.



After receiving club's token from HCP Adolf who then adjourns meeting.

Officers and Directors

ROTARY CLUB OF PASIG (RY 2023-2024)

President	Adolfo “Adolf” D.J Aran, Jr.
Vice President/PE	Bernard “Bernard” C. Dy
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Damito “Demy” Magpantay
Auditor	Rtn. Joaquin “Jake” Oh
Sgt-at-Arms	Rtn. Peter Pancho

DIRECTOR:

Club Administration	Rtn. Anson Tan
Membership	Rtn. Bernard “Bernard” C. Dy
Public Relations	Rtn. Peter Pancho
Service Community	Rtn. Saturnino “Tet” G. Mallare III
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	Rtn. Roy Marvin Quejada
Ex-Officio	IPP Josefino “Bong” M. Paloma

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

1. IPP Bong Paloma - Leader

2. Rtn Jay Bautista
3. Rtn Nesty Carolina
4. PP Conrad Cuesta
5. Rtn Roehl Fontanilla
6. Rtn. Richie Defensor
7. Rtn Noel Go
8. PP Dodot Jaworski
9. Rtn Sammy Lazo
10. Rtn. Gene Menor
11. Rtn Albert Mendiola
12. Rtn. Aris Marfil
13. Rtn. Richie Pua
14. Rtn. Bien Sibug
15. Rtn Simon Tantoco

PANGKAT NO. 2

1. PE. Bernard Dy - Leader

2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn. Jimmy Gualberto
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
11. PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

PANGKAT NO. 3

1. Dir. Tet Mallare – Leader

2. PP Garrick Ang – Co-L
3. Rtn. Jake Oh
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn. Carlo Doce
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora
17. Jojo Estolano

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

1. PP Jun Zafra – Leader

2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Joseph Gualberto

PANGKAT NO. 5

1. Dir. Roy Quejada -Leader

2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

1. Dir. Anson Tan – Leader

2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn. Chito Bernardo
7. PP Nick Guzman
8. Rtn. Alex Lacson
9. PP Vic Lim
10. Rtn. Ike Ona
11. PP Ferd Rivera

12. Rtn. Ping Tan
13. Rtn. Stephen Valera
14. PP Celso Ylagan
15. Rtn Mike Dolar
16. Paolo Diaz
17. Roy Mendoza
18. Rtn. Charles Reyes

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship



REMINDER

PP NER LAINO BIRTHDAY CELEBRATION

**PETER'S VILLE, San Fernando – San Juan Road
Barangay San Fernando, Malvar, Batangas
CP No. 0917-8015535**

Going PP NER'S address is as follows:

1. From SLEX in Alabang, go straight SOUTH towards Batangas City.
2. After the Sto. Tomas City and Tanauan City exits, Exit at Malvar. This is only about 4 or 5 kms from the Tanauan City exit.
3. After exiting at Malvar, turn LEFT going to the Old National Highway which is only about 1 km. upon reaching the Old National Highway, turn RIGHT towards Lipa City and after about 1.5 kms, you will see on your left an INC Chapel. Turn right at the street (This is the San Fernando – San Juan Street) in front of the INC Chapel and after about 100 meters, you will see on your right the PETER'S VILLE Compound our house is the second house on your left with a dark-brown gate.

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present37

% of Attendance (06/06/24).....38.1%

Birthday Celebrants for the Month of June 2024

Wedding Anniversaries for the Month of June 2024

Guest and Visiting Rotarians

1. Jerry Quibilan, Host: PP Peter Javier
2. Emil Ramos, Mechanical Engineering
3. Arjay Bitun
4. Mark Santos
5. Vic Berroya, IT Consultant Host: Pres. Adolf Aran

Editorial Staff

TINIG STAFF RY 2023-2024		FEATURE WRITERS	
PETER JAVIER Editor in Chief ROEHL FONTANILLA ANSON TAN Club Bulletin Admin.		ADOLF ARAN From the President	JOHN JAVIER Secretary's Desk
		BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues
		PETER M. JAVIER Tinig Tidbits	RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO Invocation

Website: www.rcpasig.org

Email : rcpasig@hotmail.com

Secretariat Office: Ylagan Law Office
Unit 809, City & Land Mega Plaza
ADB Avenue Corner Garnet Road
Ortigas Center, Pasig City Tel. No. 635-2234

Edgar Manalang: **0927-9414528; rcpasig@hotmail.com**

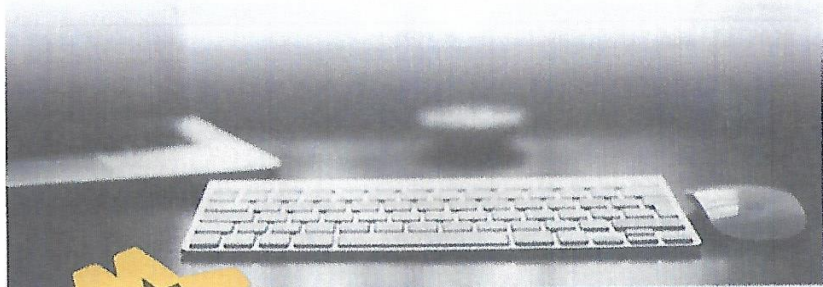
MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



MEGA GROUP OF COMPANIES

the one solution provider



**RAMEGA RESOURCES &
DEVELOPMENT CORP.**



**MEGA DATA
CORPORATION**



OMEGA
COMPUTER CORPORATION



First Bloom Orchids, Inc.

SYMBOL
SCIENCES
DATA... KNOWLEDGE... POWER

MEGA-RMG3 Building
667 Sgt. Bumatay Street, Barangay Plainview
Mandaluyong City, 1550, Metro Manila, Philippines

+63 2 532-3061 to 65

+63 2 532-3070 (fax)

inquire@megagroup.net www.megagroup.net

