





August 15, 2024

### **Today's Programme**

Valle Verde Country Club August 15, 2024 6:00 PM Pangkat 4 Leader: PE Roy Quejada

Call to Order Pres. Bernard Dy

Invocation Rtn. Fr. Kell Ortega

National Anthem Rtn. Charles Reyes

FOUR-WAY TEST Rtn. Karl Contreras

Introduction of

Visiting Rotarians & Guests Dir. Noel Go

Community Singing Pangkat 4

Wise or Otherwise

Fining Moments PP Nick Guzman

President's Time Pres. Bernard Dy

**Introduction of** 

Guest Speaker Dir. Noel Go

# PRID RAFAEL "Raffy" M. GARCIA III GUEST SPEAKER

Open Forum

Adjournment Pres. Bernard Dy

Rtn Ato Basco Emcee

\* AUGUST IS MEMBERSHIP AND EXTENSION MONTH \*



August 15, 2024

# Invocation



God our Father, yours is the beauty of creation and the good things you have given us. Help us to give out our best in continuing helping our communities and caring for our loved ones in your name. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.— Amen.

From: Rtn. Fr. Kell Ortega

August 15, 2024

### APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

- 1. Iyon ba ang KATOTOHANAN?
- 2. Iyon ba ay MAKATARUNGAN para sa lahat ng kinauukulan?
- 3. Iyon ba ay lilikha ng MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAGKAIBIGAN?
- **4.** Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?

# Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay "PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT at lalo't higit pasiglahin at ipunla:

- 1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
- 2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa't Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
- 3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa't Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
- 4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pangdaigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.





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# Song of the Day



#### MR. SUAVE

Nasa ulap ba ang yong mga mata
Mukhang malayo ang yong pagtingala
Pakay ko lamang na ikay mapangiti
Ito'y aking lambing
Subok na ang aking pag-ibig
Ikaw lamang sa buong daigdig
Tinitibok ng puso'y dinggin
Sumama kana sa akin

Ako si Mr. Suave oohh grabe Habulin ng babae Araw man o gabe

Oohh ako si Mr. Suave Oohh grabe Hayup kung dumiskarte Wala silang masabe

Kaya't wag kanang malungkot Problema'y ibaon sa limot Pagka't nandito lang ako Umiibig sa'yo

Hoy, hoy, hoy, hoy, hoy, hoy, hoy Hoy, hoy, hoy





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# Song of the Day

Continuation 1.



Hoy, hoy, hoy, hoy, hoy, hoy, hoy Hoy, hoy, hoy

At kung kailangan na ika'y paligayahin Wag magalinlagan na ika'y lumapit sa akin Hatid sa atin ng suave kong bigote Ang smooth na Smooth na kilite

> Ako si Mr. Suave oohh grabe Habulin ng babae Araw man o gabe

Oohh ako si Mr. Suave Oohh grabe Hayup kung dumiskarte Wala silang masabe

Hoy, hoy, hoy, hoy, hoy, hoy, hoy Hoy, hoy, hoy





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## From the President

Pres. Bernard Dy



Good day, fellow Pasig Rotarians,

Today, we will hear directly from PRID Raffy as he shares his insights on the perplexing cancellation of Manila as the host city for the 2028 RI Convention. As we listen and form our own opinions, let us also strive to unite as the Rotary Club of Pasig, grounded in the principles of the 4-Way Test. May this guide us in our discernment and decision-making, individually and as one Club, especially during these challenging times in Rotary.

Despite the uncertainties, we should remain committed to the values that should never change. Our activities and programs, particularly our legacy projects that make a lasting impact on our community, must continue.

On that note, I would like to announce and seek your full support for our hosting of the District Federation Golf Tournament on September 26, 2024, at the Riviera Golf and Country Club. This event is one of our club's main fundraising project, enabling us to deliver our initiatives with efficiency and maximum impact. We ask once again for your generous contribution of Time, Talent, and Treasure to ensure the success of this important event.

Yours in Rotary Service,

Bernardo "Dody" Dy President, Rotary Club of Pasig





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# **Rotary Notes**

PP Benny P. De Guzman



Tinig congratulates our PP Garrick for his masterful presentation in the Public Image Seminar of our Rotary District. You made the club proud Garrick and carry on!

The defense of classification of baby Rotarian Jojo Estolano last week and his bringing in prospective members is an indication that we are growing as a club and in the process increasing the number of our young bloods. Earlier this week, an active member of this young group, Dir Tet celebrated his birthday with great fanfare and colors too. Kasi young blood. And speaking of further youngering, PP Peter brought in for possible membership the son of our former member, the late Nards Cansana. Rtn Konsi Simon is part of this group.

Two months ago, we lost the lady of our first club govenor, Mita at age 92. A month short of 92, we lost PPA Boots Tayengco who died happily after a short illness. The bereaved widower, PP Bert was truly devastated and totally lost in disbelief. The two daughters, both Cana da based where at her bedside and Boots smiled and left them. Before she went, she pinched Bert with a hard one to bade him take care/ And the dazed Bert can only smile as he looked at the dried blood on his wrist.

A cold sentence was what Bert got. With no one left behind here, Bert who is always in a jacket as he dislikes cold surroundings must relocate with his daughters to Canada. But a bigger problem will be how to sell their house which they tried but failed before Boots left. It will be harder now with documentations and added costs.



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# Rotary Notes PP Benny P. De Guzman

Continuation 1.

I hope it is not late for the telephone brigade to have have our first evening meeting this Rotary year to wear our Rotary jacket. Our PRID Raffy will share with us a valuable behind the scene possible reasons for the withdrawing of the Rotary International Convention here in the country. It will push to the test our resolve as a club to push our achiever Raffy to the presidency of Rotary International, With a Korean as president elect chances for another Rotary Asian leader may be truly affected. May Raffy's wisdom that he must have shared with the Rotarians from RC Manila enrich us also.

Two of our very active Rotarians are so busy making their rounds to make our story as a club. The coffee table book that Rtn Mads and Rtn Dante are preparing is not an easy job.. But it seems they are on top of the situation.

Two wakes of nonagenarians. A few months' back was Lady Mita and last week was of PPA Boots. Both are very slim figures and both led colorful lives. Based on the fact that Mita's Mike was very long gone and Boot's Bert was around plus the fact that Boots had a huge spiritual group in the Oasis of Love, the numbers were staggering in the funeral home. Incidentally, they had the same place for the wake and the funeral mass. Two of us PPs and three PPAs were around but the huge Oasis group were so much over powering in songs and praises. .May their souls rest in peace.





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# Walking the Avenues

PP Jun C. Zafra



#### SANGKOO YUN IS SELECTED TO BE 2026-27 ROTARY INTERNATIONAL PRESIDENT



Sangkoo Yun, of the Rotary Club of Sae Hanyang, Seoul, Korea, is the selection of the nominating committee to become Rotary International's president for 2026-27. He will be officially declared the president-nominee on 15 September if no other candidates challenge him.

Yun received his bachelor's and master's degrees from the Syracuse University School of Architecture in the U.S. and an honorary doctoral degree from The University of Edinburgh, Scotland. He is the founder and CEO of Dongsuh Corp., which engineers and markets architectural materials, and the president of Youngan Corp., which operates in real estate and financial investment. He is involved in many civic organizations and has a special interest in the preservation of cultural heritage.

A Rotary member since 1987, when he was a charter member of the Rotary Club of Sae Hanyang, Yun has served Rotary International as a director, trustee, committee member and chair, and RI learning facilitator. He served for eight years as co-chair of the Keep Mongolia Green Project, by Korean members of Rotary. His RI committee roles include the Board Administration Committee (2013-15, vice chair 2014-15), the International Assembly Committee (vice chair, 2020-21), and

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# Walking the Avenues

PP Jun C. Zafra Continuation 1.

the End Polio Now Countdown to History Campaign Committee (regional vice chair, 2023-27). He also served on The Rotary Foundation's Executive Committee (2019-22, chair 2020-21) and Programs Committee (2019-22, chair 2020-22).

Yun received The Rotary Foundation's Distinguished Service Award in 2021-22. He was appointed an Officer of the Most Excellent Order of the British Empire by Queen Elizabeth II, awarded the Friendship Medal by the president of Mongolia, and recognized for distinguished services by the president and prime minister of Korea. He is a veteran of the Republic of Korea Army and an emeritus elder at Andong Presbyterian Church.

Yun and his spouse, Eunsun, are Rotary Foundation Benefactors, Major Donors, and members of the Arch Klumph Society, the Paul Harris Society, and the Bequest Society. They have two children.

To learn more about Yun, read his <u>interview and vision</u> <u>statement</u>, which outline his goals for Rotary.

The members of the Nominating Committee for the 2026-27 President of Rotary International are:

Jessie H. Harman (chair), Rotary Club of Wendouree Breakfast, Victoria, Australia; Francesco Arezzo (secretary), Rotary Club of Ragusa, Italy; Per Høyen, Rotary Club of Aarup, Denmark; Jeremy Hurst, Rotary Club of Grand Cayman, Cayman Islands; Jan Lucas Ket, Rotary Club of Purmerend, Netherlands; Urs

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# Walking the Avenues

PP Jun C. Zafra Continuation 2.

Klemm, Rotary Club of Aarau, Switzerland; Sam Okudzeto, Rotary Club of Accra, Ghana; Bharat S. Pandya, Rotary Club of Borivli, Maharashtra, India; Julia D. Phelps, Rotary Club of Amesbury, Massachusetts, USA; José Alfredo Pretoni, Rotary Club of São Paulo-Sul, São Paulo, Brazil; Dean Rohrs, Rotary Club of Langley Central, British Columbia, Canada; Kenneth Schuppert, Rotary Club of Decatur, Alabama, USA; Johrita Solari, Rotary Club of Anaheim, California, USA; Katsuhiko Tatsuno, Rotary Club of Tokyo-West, Tokyo, Japan; Guiller E. Tumangan, Rotary Club of Makati West, Makati City, Philippines; Kamal Sanghvi, Rotary Club of Dhanbad, Jharkhand, India; Chang-Gon Yim, Rotary Club of Daegu West, Daegu, Korea

Tinig Newsletter August 15, 2024

# **Tinig Tidbits**

By: HOF/PP Peter Javier



# TRIVIAL FINDINGS ON DREAMING, SLEEPING & SNORING

- ➤ The average person has more than 1,460 dreams a year.
- ➤ The average human dreams lasts two to three seconds.
- The brain is more active sleeping than it is watching TV.
- Men are most likely to sleep in the nude than women are.
- ➤ Some babies especially those with low birth weight, stop breathing for very brief periods.
- ➤ People dream an average of five times a night, and each subsequent dream is longer than the one preceding it.
- ➤ There is no one who does not dream. Those who claim to have no dreams, laboratory tests have determined, simply forget their dreams more easily than others.
- As much as 6 percent of the world's population my experience sleep paralysis the inability to move and speak for several minutes after awakening.
- ➤ On the average, a woman is three times more sensitive than a man to noises while sleeping.

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## **Tinig Tidbits**

By: HOF/PP Peter Javier

#### Continuation 1.

- ➤ Nineteen percent of people who snore are so loud that they can be heard through closed door.
- ➤ If the roof of your mouth is narrow, you are more prone to snoring, since you are not getting enough oxygen through your nose.
- ➤ Women who snore regularly are at an increased risk of high blood pressure and cardiovascular diseases.
- While sleeping, one man in eight snores, and one in ten





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### **Glimpses of Last Meeting**







Pres. Dody calls meeting to order with Dir. Roy as emcee. Rtn Mads leads invocation.







Dir Roy leads singing of Pambansang Awit & recitation of Apat Na Urian Ng Rotaryo. PP Vic introduces guests.



Pangkat 3 sextet sings Pasig Rotarians.



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# **Glimpses of Last Meeting**







PP/Sec John reminder on payments of dues, ads & Carina funds. IPP Adolf on Pampanga food trip. A joke from Rtn Noel.





It's president's time. Rtn Jonathan "Jojo" Estolano with his classification talk.





Talk is on his flour manufacturing job. HOF/PP Peter shares together with



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### **Glimpses of Last Meeting**



HOF/PP Conrad, PRID/HOF Raffy, PPBenny,



PP Topax, PP Vic & CM/ PP Peping club & district encounters & events leading to the club being known as the "independent, irreverent & parochial club of Pasig".



Rtn Jojo receives club's token from Pres Dody who thereafter adjourns meeting.





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Club supports PAF's Health & Wellness Mission at Bgy Pinagbuhatan.



Dir Major Gary with Dir Roland & ABS/CBN's Charo Santos & Billy Vega.



A Certificate of Appreciation from Air Force Reserve Command.





Tinig Newsletter August 15, 2024

# Brigada Eskwela at Ilugin Elementary School



Participating ay Brigida Eskwela '24 of Ilugin Elementary School.



A message from Pres Dody. Dir Tet demonstrating rubberized paint donated by club for school's floorings.



PP/Sec John, Pres Dody, Dir Tet & Dir Roy stand on worn out flooring.

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Meeting with the officers of our Rotaract club in PLP...



Kahapon nag pulong ang 2024 D3800 Golf Hosting Core Committee ng RC Pasig. Abangan ang anunsyo ni Pres. Bernard ukol dito sa susunod na mga araw.





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# **Public Image Seminar**





Public Image Seminar speaker PP Garrick Ang talks on Basic Photography & Video Tips To Enhance Your Social Image.





PP Garrick with DG Bobby Zamora & PDG Ver Farcon. IPP with Zone Coordinator for Public Image PP Poopai Jose of RC Ortigas Center.



Pres. Dody, IPP Adolf & PP/Sec John with PP Garrick.

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# Wheat not Weeds

By: Rtn. Fr. Kell Ortega



#### The Filipinos' Resiliency

The biblical passage, "Believe in the Lord your God, and you will be able to stand firm. Believe in his prophets, and you will succeed. (2 Chronicles 20:20)" reminded of what to us, Filipinos, the past weeks. Recently, we were severely hit by Typhoon Carina that flooded most parts of the country. But recently too we rejoiced at the victory of our fellowman, Carlos Yulo, for winning two Olympic gold medals in the Men's Gymnastics held in Paris, France. So, what did those two news have in common.

They simply reflected our capacity for resiliency. It would seem that problems or crises don't bother us. A shanty or shabby house in a depressed area or informal settlement will be instantly rebuilt after being hit by fire or typhoon. People resumed doing their usual business along one street in Manila after being flooded for days as if nothing happened. And an old lady resumes going to church to pray after surviving many years ago from a cancer. We Filipinos are not strong physically, I believe. We only know how not to give up in life.

This resiliency of ours will only become stronger if we put our faith in God. No matter what church or religion we belong to, as long as we believe in God Who will never abandon us for those who have faith in Him, we will always come out victorious in the end. So, let's keep on praying and keep alive our faith in Him for we find our reason to live and fight our challenges in life in Whom we pray to.

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### Pangkat Members RY 2024 - 2025

#### PANGKAT NO. 1

- 1. Pres Bernard Dy Leader
- 2. Dir. Gary Ona -Co-Leader
- 3. PP Vic Aquino
- 4. PP Conrad Cuesta
- 5. Rtn. Flor De Pano
- 6. Rtn. Carlo Doce
- 7. Rtn. Roehl Fontanilla
- 8. Rtn Chony Gimenez
- 9. Rtn. Edison Go
- 10. PP Rel Gomez
- 11. Rtn Dodot Jaworski
- 12. PP Peping Mabanta.
- 13. Rtn. Aris Marfil
- 14. Rtn. Gene Menor
- 15. Rtn. Bien Sibug
- 16. Rtn. Philip Yoon

#### PANGKAT NO. 2

- 1. Dir. Tet Mallare Leader
- 2. Sec. John Javier- Co Leader
- 3. Rtn. Chito Bernardo
- 4. Rtn. Bernard Bobadilla
- 5. PP Topax Colayco
- 6. Rtn. Joseph Gualberto
- 7. PRID Raffy Garcia III
- 8. PP Tito Henson
- 9. Rtn Bebert Lacuna
- 10. Rtn Rod Moreno
- 11. Rtn Nilo Ocampo
- 12. Rtn Jojo Opinio
- 13. Rtn. Vico Sotto
- 14. Rtn Nicky Ty
- 15. Rtn. Stephen Valera

#### PANGKAT NO. 3

- 1. IPP Adolf Aran- Leader
- 2. **Dir Roy Mendoza** Co Leader.
- 3. Rtn. Oyie Averilla
- 4. PP Totoy Bartolome
- 5. Rtn Mads Bengua
- 6. Rtn Paolo Diaz
- 7. Rtn. Richie Defensor
- 8. Rtn. Arnel Estaniel
- 9. Rtn Jimmy Gualberto
- 10. Rtn Marlo Guillano

- 11. PP Peter Javier
- 12. PP Ogie Lim
- 13. PP. Vic Lim
- 14. Rtn. Richard Pua
- 15. Rtn. Roman Romulo

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# Pangkat Members RY 2024 - 2025

#### Continuation 1.

#### PANGKAT NO. 4

- 1. Dir Roy Quejada Leader.
- 2. Dir. Noel Go -Co-Leader
- 3. PP Garrick Ang
- 4. Rtn Ato Basco
- 5. Rtn Pal Bolivar
- 6. PP Toti Buhain
- 7. Rtn. Karl Contreras
- 8. Rtn Raj Cordova
- 9. PP Nick Guzman
- 10. Rtn. Cesar Lacuna
- 11. PP Ner Laino
- 12. Rtn. Kell Ortega
- 13. PP Arjan Ramnani
- 14. Rtn. Charles Reyes
- 15. Rtn. Simon Tantoco

#### PANGKAT NO. 5

- 1. PP Jun Zafra Leader
- 2. **Dir. Jake Oh** Co-Leader
- 3. PP Jess Acantilado
- 4. Rtn. Roman Arugay
- 5. Rtn Richard Berganos
- 6. Rtn Nesty Carolina
- 7. Rtn. Henry Claravall
- 8. Rtn Mike Dolar 9. PP RJ Ermita
- 10. Rtn Manfred Guangko
- 11 Rtn Alex Lacson
- 12. PP Hermie Orbe
- 13. Rtn Rudy Sanguyo
- 14. Rtn Ping Tan
- 15. PP Henry Uy

#### PANGKAT NO. 6

- 1. PP Bong Paloma Leader
- 13. PP Ferd Rivera
- 2. Dir. Roland Vasquez-Co-Leader 14. Rtn. Anson Tan
  - 15. PP Celso Ylagan

PP Bert Albano
 Rtn Dennis Albano

16. Rtn JS Zamora

- 5 Rtn Ben Baniel
- 6. PP Rene Bocaya
- 7. PP Benny De Guzman
- 8. Rtn Jojo Estolano
- 9. PP Ramy Garcia
- 10. Rtn. Dante Lardizabal
- 11. Rtn. Albert Mendiola
- 12. Rtn. Ike Ona

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# **Officers and Directors**

# ROTARY CLUB OF PASIG (RY 2024-2025)

**President** Bernardo "Dody" C. Dy

Vice President/PE Rtn. Roy Marvin "Roy" E. Quejada PP Peter John "John" U. Javier Rtn. Emmanuel "Noel" Y. Go PP Marcelo "Jun" C. Zafra, Jr. Sgt-at-Arms Rtn Joaquin "Jake" S. Oh

#### **DIRECTOR:**

Club AdministrationRtn. Roy dela Paz MendozaMembershipRtn. Rolando "Roland" P. VazquezWays & MeansPP Josefino "Bong" M. PalomaService CommunityRtn. Saturnino "Tet" G. Mallare IIINew GenerationRtn. Victor Gabriel "Gary" M. OnaPublic RelationsIPP Adolfo "Adolf" de Jesus Aran Jr



# DECLARATION OF ROTARIANS IN BUSINESS AND PROFESSIONS

As a Rotarian engaged in a business or profession, I am expected to:

- 1. Consider my vocation to be another opportunity to serve;
- 2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
- 3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
- 4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
- 5. Recognize the honor and respect due to all occupations which are useful to society;
- 6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
- 7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
- 8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.



#### ROTARY CODE OF CONDUCT

#### As a Rotarian, I will

- 1. Exemplify the core value of integrity in all behaviors and activities
- 2. Use my vocational experience and talents to serve in Rotary
- 3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
- 4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
- 5. Promote recognition and respect for all occupations which are useful to society
- 6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
- 7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
- 8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship





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# From the Secretary's Desk

Sec. PP John Javier



#### **Attendance**

Members Present		30
% of Attendance	(08/08/24)	)32.6%

Birthday Celebrants for the Month of August 2024

#### Wedding Anniversaries for the Month of August 2024

#### **Guest and Visiting Rotarians**

- 1. Jerry Quibilan, Host: PP Peter Javier
- 2. Jay Medina, Host: Rtn. Jojo Estolano
- 3. Rolando Saldivar, Host: Rtn. Jojo Estolano
- 4. Jon Cansana, Host: PP Peter Javier

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# **Editorial Staff**

TINIG STAFF RY 2024-2025	FEATURE WRITERS		
PETER JAVIER	BERNARD DY From the President	<b>JOHN JAVIER</b> Secretary's Desk	
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ROEHL FONTANILLA	BENJAMIN P.	JUN C. ZAFRA, JR.	
	DE GUZMAN	Walking the Avenues	
ROY MENDOZA	Rotary Notes		
Club Bulletin Admin.		RTN. FR. KELL ORTEGA	
	PETER M. JAVIER	RTN. FR. JOJO OPINIO	
	Tinig Tidbits	Invocation	

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#### **MAKE-UP SLIP**

This serves as proof of your attendance

Name of Visiting Rotarian				
Name of Rotary Club				
RC – Pasig Club Secretary:	Date:			