

Rotary
Club of Pasig



28 SEPTEMBER 2023
Rotary Year 2023-2024

TINIG

The Official Newsletter of the Rotary Club of Pasig



DR. KAROL MARK YEE
Guest Speaker

Today's Programme

**Valle Verde Country Club
September 28, 2023, 12:00 Noon
Pangkat 3 Leader Dir. Jake Oh**

Call to Order	Pres. Adolf Aran
Invocation	Rtn Philip Yoon
National Anthem	Acapela
FOUR-WAY TEST	Dir. Jake Oh
Introduction of Visiting Rotarians & Guests	PP Garrick Ang
Community Singing	Pangkat 3
Wise or Otherwise	
Fining Moments	PP Arjan Ramnani
President's Time	Pres. Adolf Aran
Introduction of Guest Speaker	Pres. Adolf Aran

DR. KAROL MARK YEE
Topic :Literacy Poverty
GUEST SPEAKER

Open Forum	
Adjournment	Pres. Adolf Aran

PP Garrick Ang
Emcee

**** SEPTEMBER IS BASIC EDUCATION
AND LITERACY MONTH ****



Invocation



Omnipotent Father, you are the source of all goodness. We adore your mighty name and are grateful for all your blessings. Send forth your Holy Spirit among us as we gather in fellowship. May everything we plan and hope to achieve give glory to your holy name. All these we ask of you through Christ our Lord. **Amen**

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.



Song of the Day



Oh My Sweet Lord, Thank you laod!

Lyrics: George Harrison

(Listen&Dance..Long Guitar Intro)

My sweet Lord
THANK YOU Lord
Hmm.. my Lord

I really wanna to See you
Really wanna to BE with you
Really wanna to See you, Lord
But it Takes so long, my Lord

My sweet Lord
THANK YOU Lord
Hmm.. my Lord

I really wanna to Know you
Really wanna to GO with you
Really wanna to Show you Lord
BUT IT WON'T Take long, my Lord (hallelujah)

My sweet Lord (hallelujah)
THANK YOU Lord (hallelujah)
My sweet Lord (hallelujah)

I Really wanna to see you
I Really wanna to see you
I Really wanna to see you Lord

Song of the Day

Continuation 1.



Really wanna to see you Lord
But it Takes so long, my Lord (hallelujah)

My sweet Lord (hallelujah)
THANK YOU Lord (hallelujah)
My, my, my Lord (hallelujah)

I really wanna Know you (hallelujah)
Really wanna GO with you (hallelujah)
Really wanna Show you Lord (Ahhh Ahh)
BUT IT WON'T Take long, my Lord
Hm, hm..(hallelujah)

Hm, hmmm (hallelujah)
My sweet Lord (hallelujah)
THANK YOU Lord (hallelujah)

(Guitar Break: swing&raise your hands!)

Hmm, my Lord (hare krishna)
My, my, my Lord (hare krishna)
Oh, my sweet Lord (krishna krishna)
Oh, THANK YOU Lord (hare hare)

I Really wanna See you (hare Rama)
Really wanna BE with you (hare Rama)
Really wanna SEE you, Lord (Ahhh Ahh)
But it Takes so long, my Lord (hallelujah)

Hm, mm, my Lord (hallelujah)

Song of the Day

Continuation 2.



My, my, my Lord (hare krishna)
My sweet Lord (hare krishna)
THANK YOU Lord (krishna krishna)
Ah, Oh, My Lord (hare hare)

Hm, hmmm (Gurur Brah ma)
THANK YOU Lord (Gurur Vish nu)
My sweet Lord (Gurur Devo)
THANK YOU Lord (Mahesh wara)
My sweet Lord (Gurur Sak shaat)

THANK YOU Lord (Para brah ma)
My, my sweet Lord (Tasmayi Shh-ree)
My, my, my, my Lord (Guruve Namah)
MY Sweet LORD! (Hare Rama)
(fading sound..) Thank you Lord..
(Hare krishna...)

Songwriters: George Harrison

From the President

Pres. Adolf Aran



Get ready to shake your booty at the Oktoberfest Party 2023, RC Pasig!

On October 7, 2023, 6pm, at the Metrowalk Tent, the 106 clubs of Rotary Club District 3800 will come together for a night of all you can drink beer, lively music from Joey G and Acoustic Jive, cool raffle prizes and endless fellowship.

10 tickets worth P5,000 will be given to all clubs (P500 per ticket). If you want tickets for your family and friends, please contact any member of the Oktoberfest committee, led by PP Peter John Javier. Please pay on or before October 3, 2023 thru the following:

Or thru:

Acct. Name ROTARY CLUB OF PASIG INC. Acct.

Send your proof of payment indicating your club name to rcpasig@hotmail.com or via viber to +63 927 941 4528.

There will be a special raffle for attendees of the Clubs with more than 20 tickets sold and for Clubs who will pay for the 10 tickets by September 29, 2023.

The success of our Oktoberfest is the pride of our RC Pasig! Let's support our District 3800 Oktoberfest Party 2023!

From the President

Pres. Adolf Aran

Contonuation 1.

P.S. Please calendar Ka Peping Mabanta's 95th birthday on October 15, 2023 in Pililla. Contact your Pangkat leader for the map. We will arrange a car pool for this occasion.

Together, let's create hope in the world!

Rotary Notes

PP Benny P. De Guzman



Today's meeting is the last of the first Ber month. Our Filipino way of preparing for the Christmas season is the longest in any country. September is especially important to our club as we had our very first meeting in honor of a member, Totoy Bartolome, our 18th president on the occasion of his 97th birthday. Even those attending via zoom, CM/PP Esto and PRID Raffy had very inspiring messages for Totoy. Although far away, Raffy donated the big lechon and two huge birthday cakes. Raffy gave two cakes so one will be served during our lunch and the other, for take home. Instead, Totoy who was with his beloved Fe and youngest son Alberto who is based in Illinois, USA took home the lechon head and the two cakes. Even honoring him on the floor was amazingly nice.

September also saw the two major operations of our dear Rtn Chony and the rest of the Ber months will be his recovery period. Chony has been very generous not only in our club but to the community as well. He well loved by our local police force for his annual project thru the club for the Pasig City PNP. He has also hosted the club in his Dampa Restaurant several times over.

Now a different kind of honoring another member, a charter member on his 95th birthday. It will be held at his farm house in Pillilia, Rizal but the club is not hosting. Unlike the Totoy Bartolome's birthday, CM/PP Peping Mabanta's will be far off his birthday as it will be 5 days after. It will be a Sunday. While PE Dodie is drumming up participation this early, there seems to be nobody in charge. The birthday itself of Peping is on a

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

Friday. The club can hold a Peping Mabanta's Day on the 12th October meeting then. Honoring Peping will be worth every effort considering his aches and pains just to attend in a wheelchair our weekly meetings. Just getting into and riding in his van, going to the meeting room and even eating takes a lot of effort. I remember when we honored our members who were in the Cabinet. Also worth remembering were those who served as Usecs like Peping, PP Tito and Rtn Cesar. Of course those who served as Secretaries namely Rtn Ike as DOH boss, the late PP Bobbit Sanchez as DOLE boss, the late Rtn Rod Reyes and former member PP Ducky Paredes who were Press Secretaries. If we are to honor Peping, we must invite CM/PP Kati de lost Reyes. These two are balaes, the only magbalaes in our club.

Doc Ato and Doc Henry were not there last week to honor Totoy. I have a standing offer to Totoy. Anytime he feels like attending our meetings, all he needs is to call me and I will make sundo and hatid.

Tinig congratulates baby Rtn Kap Richie for the number of Rotarians he has sponsored. Rtn Roland sponsored a nephew of out Rtn Cong Roman, Simon Tantoco, a councilor of our city. Kap Richie sponsored Atty. Michael Dolar, thereby increasing our lawyers to more meaningful level.

This time the charging was not done by HOF/PP Conrad as our youthful SAG Ana Sarabia did the charging.

Rtn Dante invited three guys from a stem cell company but he arrived late. Is he going to sponsor any of the three? Or only endorse stem cell tablets?

Walking the Avenues

PP Jun C. Zafra



ROTARY FOUNDATION TRUSTEES ESTABLISH TARGETED FUNDS TO AID MOROCCO

The Rotary Foundation Trustees established a new Morocco Earthquake Response Fund in September 2023 to support immediate relief efforts for people affected by the devastating earthquakes. Donors can give directly to relief efforts led by Rotary members.

Contributions will be accepted until 31 December 2023. Districts can apply for grants from the funds until 21 September 2024 or until the funds have all been allocated. Any contributions that haven't been spent by 21 September 2024 will be transferred to the general Disaster Response Fund, to be made available for disasters worldwide.

How to contribute

You can give online, by check, or by transferring District Designated Funds:

- To contribute online, use my.rotary.org/disaster-response-fund.
- To give by check, make it payable to The Rotary Foundation or to an associate foundation and include a completed contribution form. In the DESIGNATION/PURPOSE section, choose Other and write the fund name (Morocco Earthquake Response Fund).
- To allocate District Designated Funds, district leaders can use the DDF contribution form.

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

How to raise money to support these funds

Anyone can start a fundraiser for the Morocco Earthquake Response Fund on Raise for Rotary. Remember that:

- Raise for Rotary currently accepts 12 currencies and is available only in English.
- Donations made through fundraisers for the Morocco Earthquake Response Fund on Raise for Rotary will be credited and recognized as described below.
- Any fundraisers on a third-party platform such as Facebook or GoFundMe won't offer these specific fund options and aren't eligible for Foundation credit and recognition.

How contributions are credited and recognized

Gifts to the Morocco Earthquake Response Fund:

- Count toward a donor's total cumulative giving
- Factor into Paul Harris Fellow, Paul Harris Society, Major Donor, and Arch Klumph Society recognition
- Help the donor's club achieve the 100% Foundation Giving Club banner
- Are not credited toward a club's Annual Fund giving, toward per capita or SHARE calculations, or toward generating DDF

Learn more about how gifts to the Morocco Earthquake Response Fund are credited and recognized.

How to apply for disaster response grants

Disaster response grants are available to District 9010 to support communities affected by the Moroccan earthquake. The

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

district governor and district Rotary Foundation chair of this district need to complete the disaster response grant application, which is available on the Grant Center landing page. The maximum grant amount is \$50,000, based on the availability of funds, and the district may have two open grants at a time.

Our Guest Speaker



DR. KAROL MARK YEE

Dr. Karol Mark Yee is the Executive Director of the Second Congressional Commission on Education, which is tasked to assess the education system in the Philippines, and provide policy recommendations for reform. He recently completed his PhD at the University of Cambridge as a scholar of the Jardine Foundation and the Cambridge Trust. He is concurrently Faculty at the Ateneo de Manila University, Research Fellow at the University of the Philippines Centre for Integrative and Development Studies (UP CIDS), and Research Affiliate at the Program for Research on Private Higher Education (PROPHE) at the State University of New York (SUNY) in Albany.

Karol Mark previously served as Executive Director IV and Director of the K to 12 Transition Program at the Commission on Higher Education (CHED), and Legislative Officer in the Philippine Senate under then Senator Edgardo J. Angara who Chaired the Committee on Education in the 19th Congress. He was also Chief of Party of YouthWorks PH, a 5-year youth empowerment and workforce development project implemented by the Philippine Business for Education (PBED) in partnership with the USAID.

Our Guest Speaker

Continuation 1.

He completed his Master of Education (Ed.M.) in International Education Policy at the Harvard University Graduate School of Education (HGSE) as a Fulbright Scholar, and his Bachelor of Arts (B.A.) in Broadcast Communication at University of the Philippines in Diliman (Magna Cum Laude; Gawad Tsanselor)

Tinig Tidbits

By: PP Peter M. Javier



DID YOU KNOW THAT...?

- Hugging and cuddling kills depression, relieves anxiety, improves skin and strengthens the immune system.
- Drinking cold water on an empty stomach can actually boost your metabolism by 30%.
- The brain is much more active at night than during day time.
- Our eyes are always the same size from birth but our nose and ears never stop growing.
- Your thumb is the same length as your nose.
- Eating 2 bananas before 60 minutes of gym provide you enough energy for 90 minutes intense workout.
- Pressing your tongue firmly against the back of your mouth to prevent a sneeze.
- If you're feeling sleepy, hold your breath for as long as you can and then release it.
- If you read a speech before you go to bed, you will remember it better in the next morning.
- Putting your hands in ice water and flex them if you have a migraine.
- Pinching yourself if you just can't stop laughing.

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

- Keeping an onion near you at night if you have a stuffy nose.
- Chewing gum while studying, then chewing the same flavored gum while taking a test can help you remember what you studied.
- People who eat spicy food tend to live longer.
- Cracking your knuckles does not hurt your bones, the sound you hear is just gas bubbles bursting.
- Lack of sleep can cause the brain to start eating itself.
- Eating grapes improves the brain ability to process new information on and thus enhances intelligence.



Glimpses of Our Last Meeting



PP Totoy spouse Fe and son Albert having birthday lunch of lechon, baked salmon and bagnet.



Glimpses of Our Last Meeting



HCP Adolf calls his meeting to order with PP Garrick as emcee. Invocation is led PP Garrick.



The Pambansang Awit is sung by Rtn Bernard. Rtn Flor recites The Four-Way Test. Introduction of guests is done by Rtn Mads.



A happy birthday song for PP Totoy is sung by Pangkat 3 members.

Glimpses of Our Last Meeting



PP Peping on his birthday treat in his Pillila farm. PP John appeals for full force at Oktoberfest. HCP Adolf with his message.



Recalling their encounters, praising, lauding, acclaiming PP Totoy on his 97th birthday by well-wishers PRID Raffy, PP Esto, Rtn Ike,



PP Ferd, PP Vic, PP Ner,

Glimpses of Our Last Meeting



PP Benny, PP Arjan and PP Fil Guba of RC Pasig South.



PP Totoy thanks all and presented two birthday cakes.



Blowing birthday candle time!

Glimpses of Our Last Meeting



A hug and a kiss from spouse Fe!



HCP Adolf presents club's token & then adjourns meeting.



A group photo with fellow Pasig Rotarians & guests.

Induction of New Members



SAG Ara Sarabia does charging of



HCP Adolf swears into membership Mike Dolar & Simon Tantoco.



A welcome handshake from HCP Adolf.



Induction of New Members



Rotary pins from sponsors Rtns Roland & Kap Richie.



Welcome handshake from PP Benny, PP John, Rtn Ping,



PP Vic & PP Ner.

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

1. IPP Bong Paloma - Leader

2. Dir. Demy Magpantay - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Roehl Fontanilla
7. Rtn. Richie Defensor
8. Rtn Noel Go
9. PP Dodot Jaworski
10. Rtn Sammy Lazo
11. PP Esto Lichauco
12. Rtn. Gene Menor
13. Rtn Albert Mendiola
14. Rtn. Richie Pua
15. Rtn. Bien Sibug
16. Rtn. Aris Marfil
17. Rtn Simon Tantoco

PANGKAT NO. 2

1. PE. Bernard Dy - Leader

2. Dir. Peter Pancho- Co-L
3. Rtn Ato Basco
4. Rtn. Henry Claravall
5. PP Topax Colayco
6. PP Benny de Guzman
7. Rtn Gerard Estrada
8. PRID Raffy Garcia III
9. Rtn. Chony Gimenez
10. Rtn. Edison Go
- 11 PP Ner Laino
12. Rtn. Rod Moreno
13. Rtn Fr. Kell Ortega
14. Rtn Roman Romulo
15. Rtn Nicky Ty
16. PP Henry Uy

PANGKAT NO. 3

1. Dir. Jake Oh – Leader

2. Dir. Tet Mallare – Co-L
3. PP Garrick Ang
4. Rtn Mads Bengua
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Flor de Pano
8. Rtn . Carlo Doce
9. Rtn Manfred Guango
10. Rtn Marlo Guillano
11. PP Peter Javier
12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Ramnani
15. Rtn. Philip Yoon
16. Rtn. JS Zamora

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

1. PP Jun Zafra – Leader

2. Rtn. Gary Ona-Co L
3. PP Bert Albano
4. Rtn Richard Berganos
5. Rtn Pal Bolivar
6. PP Toti Buhain
7. Rtn. Karl Contreras
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. PP Hermie Orbe
14. Rtn Dekdek Paloma
15. Rtn Rudy Sanguyo
16. Rtn Jeffrey Sonora

PANGKAT NO. 5

1. Dir. Roy Quejada -Leader

2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Bebert Lacuna
12. Rtn Fr. Jojo Opinio
13. Rtn Bart Ronquillo
14. Rtn Jecko Santos
15. Rtn Vico Sotto
16. Rtn. Roland Vasquez

PANGKAT NO. 6

1. Dir. Anson Tan – Leader

2. Pres. Adolf Aran - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn Dickson Berberabe
7. Rtn. Chito Bernardo
8. PP Nick Guzman
9. Rtn. Alex Lacson
10. PP Vic Lim
11. Rtn. Ike Ona
12. PP Ferd Rivera

13. Rtn. Ping Tan
14. Rtn. Stephen Valera
15. PP Celso Ylagan
16. Rtn Mike Dolar

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present46

% of Attendance (09/21/23).....48.4%

Birthday Celebrants for the Month of September 2023

Wedding Anniversaries for the Month of September 2023

Guest & Visiting Rotarians

1. PDG Ruf Luna, RC San Juan North
2. PP Tom Thong, RC Shanghai, China
3. HCP Fil Guba, RC Pasig South
4. SAG Arabel Sarabia, RC Pasig Sunrise
5. Romeo David
6. Olan Ignacio, Host: Rtn. Dante Lardizabal
7. Thommy Jackson, Host: Rtn Dante Lardizabal
8. Rey Francas, Host: Rtn. Dante Lardizabal
9. Spouse Fe Bartolome
10. Albert Bartolome, Son PP Totoy Bartolome

Editorial Staff

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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