

November 9, 2023

Today's Programme

Valle Verde Country Club November 9, 2023, 12:00 Noon Pangkat 5 Leader Dir. Roy Quejada

Call to Order Pres. Adolf Aran

Invocation Rtn Bebert Lacuna

National Anthem PP Rel Gomez

FOUR-WAY TEST Rtn Roland Vasquez

Introduction of

Visiting Rotarians & Guests PP Jess Acantilado

Community Singing Pangkat 5

Wise or Otherwise

Fining Moments PP Vic Aquino

President's Time Pres. Adolf Aran

Introduction of

Guest Speaker Pres. Adolf Aran

Induction of New Member

Charging Officer HOF/PP Conrad Cuesta

Mr. Johnlu Go Koa

Topic: Entrepreneurship in the Philippines: How do we move forward?

GUEST SPEAKER

Open Forum Adjournment

Pres. Adolf Aran

PP Jess Acantilado

Emcee

* NOVEMBER IS THE ROTARY FOUNDATION MONTH *

November 9, 2023

Invocation



We come to you loving Father with all humility and contrite heart. Send forth your Holy Spirit to bless our fellowship today. Grant us graces and blessings we need as we open our hearts and minds to be of service to our most in need community and that we may effectively make use of the gifts you entrusted us to share. Teach and guide us all the time with love to give you glory and praise throught Christ our Lord. Amen.

From: Rtn. Fr. Jojo Opinio



THE FOUR-WAY TEST

of the things we think, say or do:

- 1. Is it the **TRUTH?**
- 2. Is it **FAIR** to all concerned?
- 3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS?**
- 4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an

opportunity for Service;

Second: High Ethical standards in business and professions;

the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's

occupation as an opportunity to serve society;

Third: The application of the ideal of service in each

Rotarian's personal, business and community life;

Fourth: The advancement of international understanding,

goodwill, and peace through a world fellowship of business and professional persons united in the ideal

of service.



November 9, 2023

Song of the Day



"In My Life"

There are places I'll remember
All my life though some have changed
Some forever not for better
Some have gone and some remain

All these places had their moments
With lovers and friends I still can recall
Some are dead and some are living
In my life I've loved them all

But of all these friends and lovers
There is no one compares with you
And these memories lose their meaning
When I think of love as something new

Though I know I'll never lose affection
For people and things that went before
I know I'll often stop and think about them
In my life I love you more

Though I know I'll never lose affection
For people and things that went before
I know I'll often stop and think about them
In my life I love you more

In my life I love you more



November 9, 2023

From the President

Pres. Adolf Aran



"Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together." - R. Gordon R. McInally, President 2023-24

Last Saturday, 8 officers and members of RC Pasig took those steps to Lipa City to join hands with our sister club, RC Downtown Batangas City, in their induction ceremony and the signing of our sister club agreement. Let's continue to forge strong we ties with our sister clubs, both here and abroad.

November is filled with F&B experts as we welcome 3 multi awarded professionals in their respective fields: food entrepreneur and master business builder Johnlu Koa, wine sommelier and sought after judge Sherwin Lao, and coffee connoisseur and advocate Chit Juan.

As we achieve the 100-member club this month, let's welcome our new members and integrate them to our Rotary way of life. Get to know them through our classification talks. Invite them to RCP committees, events, training seminars and service projects. Engage with them via our interest groups in our Viber group chats. More than just the number, let's aim for active and engaged Rotarians.

Let's create more hope in the world, RC Pasig!



November 9, 2023

Rotary Notes PP Benny P. De Guzman



Our Memorial Day after the pandemic was not well attended like the previous pre-pandemic years but attendance was well balanced. Five spouses were matched by five widows. Some widows appreciated honoring the departed but are wary of the health protocols on mixing with others without valuable masks. The widows were PPA Dely Portillo, PPA Belle Ermita, Laching Raymundo, Ching Lucero and Brigitte Uy. Brigitte was so understanding to attend the mass but begged off for lunch as she had a previous lunch date.

PP Mike Sehwani, our 35th president, missed the Memorial Day by a couple of days. For sure, he will be included the next time. His son, Nikki was in a long sleeve white shirt to cover his left arm which had a massive flesh wound on the left wrist as his left hand was struck by a delivery truck while he was on a motorbike. Crushed, it has taken more than a year and a half and still he no idea if the hand can be restored. The driver of the truck was cited for criminal offense but went missing. The owner of the truck helped on the first 10% of the cost and now the cost is more than a million. The owner said he does not have any more money. I am not even a pre-law graduate but I understand, any lawyer can file for attachment of the truck for the civil liability. But per Nikki, "Tito, it cannot be, the truck owner is a a police officer based in Camp Crame." Mas madaling to serve any court order. I wonder if the police officer is mumbling "Bombay naman, wag na lang bayaran".

At the wake of PP Mike, our Rotarians who were attending the induction ceremony and anniversary celebration of our sister



Tinig Newsletter November 9, 2023

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

club, RC Downtown Batangas City went to pay their respects before proceeding to Batangas City. But what was nice was ex-Rtn Vince Ermita came to pay his respect. The wake at the next chapel was that of a friend of his kasi.

Two baby Rotarians are worth honoring. Rtn Kap Richie for having no opponent in the last barangay elections in his barangay. But for Rotary, he has been recruiting many good prospective members. And Rtn Aris. I first met Aris at the wake of ex-Rtn Ray Armas whom he must not have met as Ray was already out of the club when Aris joined. He is in major club activities and even joined the group that went to Batangas City.

It has been weeks already but many Rotarians keep on congratulating us for the great Oktoberfest. We indeed earned a few hundred thousand pesos but the impression created is more encouraging. We have set a higher standard and let the others try to beat that.

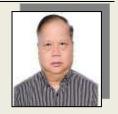
The traditional lechon that PP Bert was to give last Memorial Day was changed. PP Bert gave a very generous amount and more than the equivalent of a medium sized lechon for crispy pata instead. But some pigs were grumbling that the skin became less or not even crispy. But baboy na din at tuloy ang babuyan. Salamuch Bert at napabilis ang inom ng hard drinks by some.

It is is nice to note many in our colorful T-shirts. It is about time we have a jacket or blazer for more important events. If we have a VIP, the blazer if regular meeting, the T-shirts.

November 9, 2023

Walking the Avenues

PP Jun C. Zafra





PRESIDENTIAL MESSAGE

R. Gordon R. McInally President 2023-24 November 2023

Next year, Rotary takes a step toward supporting peacebuilding in the Middle East and North Africa region when recruitment begins for our newest peace center in partnership with Bahçeşehir University (BAU) in Istanbul.

A series of events in the coming year will recognize the new center at BAU and Rotary's work to promote peace. The 2024 Rotary International Convention in May will mark 25 years since the first Rotary Peace Centers were announced — coincidentally at the Rotary Convention in Singapore in 1999. Recruitment for the first cohort of Rotary Peace Fellows at BAU also starts in 2024, and selected candidates will begin their program in early 2025.

Since its beginning, the peace centers program has prepared more than 1,700 peace fellows working in more than 140 countries to create a more peaceful world. That is certainly worth celebrating, but Rotary Peace Fellows are more than statistics on a page. Their actions have helped Create Hope in the World and will continue to do so.

For example, Jennifer Montgomery and Gorett Komurembe — peace fellows from the program at Makerere University in



November 9, 2023

Walking the Avenues

PP Jun C. Zafra Continuation 1.

Uganda — are co-founders of Magenta Girls Initiative. The international nongovernmental organization equips Ugandan girls and young women with the support and tools to overcome harmful gender norms, generational poverty, gender-based violence, trafficking, and trauma.

Ndzi Divine Njamsi, another peace fellow who studied at Makerere, has taken lessons learned about Positive Peace and is sharing them with students of his own in Cameroon. He became interested in the Rotary Positive Peace Activator training program after witnessing extremism, online hate speech, and violence in Cameroon. Since completing the program, he has brought his lessons on peace to students at the Yaoundé International Business School and other organizations in the Central Africa country.

The world needs more people like the graduates of the program at Makerere and our other peace fellows. To that end, we can all advance peace by encouraging our local peacebuilders to learn more about Rotary and apply for this impactful fellowship. Rotary members can also mentor candidates for the fellowship. Or you can work with peace fellows who have already graduated. They probably have an initiative or two that would benefit from your help.

Our peace centers in North America, Europe, Africa, Australia, and Asia depend on financial support as well. The program at BAU was made possible thanks to a generous gift of \$15.5 million to The Rotary Foundation from the Otto and Fran Walter Foundation



November 9, 2023

Walking the Avenues

PP Jun C. Zafra Continuation 2.

This new Rotary Peace Center will offer a one-year professional development certificate in peace and development studies for fellows focusing on peacebuilding within the Middle East and North Africa region.

Peace must be waged persistently; it is the soil where hope takes root. But as with any journey, we take one step at a time. Let's take those steps together.

November 9, 2023

Tinig Tidbits

By: PP Peter M. Javier



MORE BIOLOGICAL DIFFERENCES BETWEEN MALES & FEMALES

- Females' faces are much broader than the average male's.
- The bump at the back of our skull (the external occipital protruberance) is larger for male than the female.
- Male jawbones are heavier than female jawbones.
- Male tend to deviate more wildly from the IQ average than females. Thus, the media often claim that males are more likely to be geniuses and fools than females.
- Women get more energy from aerobic respiration, while men get more from anaerobic respiration, on average/
- Females have a sharper eye socket top edge than males do.
- While females enjoy greater peripheral vision, males can scan environments better. This could be thanks to the hunter/gatherer roles we separately performed.
- The classic heart attack symptoms of chest or jaw pain are only predominant in males. Females experience more diverse symptoms that can be confused with heartburn.

November 9, 2023

Tinig Tidbits

By: PP Peter M. Javier Continuation 1.

- The blood in a female contains more water than in male. It also contains 20% less red blood cells.
- Male brains are superior at spatial recognition than female brains.
- Females are more prone to motion sickness than males. This is even more pronounced during pregnancy.
- For almost all diseases except breast cancer, female reproduction disorders and benign tumors, males die more than females

(from BabaMail)



Tinig Newsletter November 9, 2023

Our Guest Speaker



MR. JOHNLU GO KOA

PRESENT ENGAGEMENTS

- ➤ CEO, The French Baker Inc., engaging in business dealing with counterparts in APEC countries such as Taiwan, Japan, USA, China, Hong Kong, Korea, Malaysia and Singapore
- > Director, TEABROS Inc. (Chatime Philippine Franchisee) responsible for business dealing with counterpart in Taiwan for franchise development

PERSONAL & EDUCATIONAL BACKGROUND

- ➤ Elementary and Secondary: Xavier School, Greenhills, San Juan, Metro Manila, Philippines, graduating High School in 1975
- ➤ Tertiary: University of the Philippines, Diliman, Bachelor of Science in Business Administration (BSBA, 1979)
- Masteral: University of the Philippines, Diliman, Master in Business AdministrationProgram (MBA,1984)
- Post-Graduate Training: Attended the Teachers-Trainers Program on "International Business and Corporate Strategy" sponsored by the European Economic Council heldin INSEAD, Fontainebleau, France (1986)

Tinig Newsletter Novembere 9, 2023

Our Guest Speaker

Continuation 1.

Born in 1958 in Manila, Philippines to Parents: Cristina Go Chu Ai and RaymundoKoa Sun Len with four other Brothers

AWARDS / HONORS RECEIVED

- Graduated Cum Laude, UP B.S.B.A. (Diliman) 1979
- Recipient of "Top MBA Graduates Award" of 1984
- > Awardee, "U.P. Alumni Assoc. Professional Award in Field of Entrepreneurship" for 1996
- Awardee, Most Distinguished Alumnus Award given by UPCBA in 2002
- Recipient of Agora Award for 1994 "Marketing Company of the Year" given by the Philippine Marketing Association (PMA)
- Awardee, Ten Outstanding Young Men (TOYM) Award of 1996 for Business Management / Entrepreneurship given by the Philippine Jaycees and the Gerry Roxas Foundation, Inc.
- Recognized as one of the "500 Great Asians of the Early 21 st Century" published by Biblioteque World Wide, Irvine USA.
- ➤ Honorary Chef Diploma awarded by the Center for Culinary Arts (CCA) Philippines in 2002
- ➤ Awardee, "Dr. Jose P. Rizal Award for Excellence for Entrepreneurship" given by KAISA Foundation and the Manila Times in June 2002.
- > Awardee, "Emerging Master Entrepreneur of the Year 2005" given by Ernst and Young (Philippines) in 2005

Novembere 9, 2023

Our Guest Speaker

Continuation 2

- Awardee, Outstanding Category of "The Asia Pacific Entrepreneurship Award" (APEA) for 2014 given by Enterprise Asia organization of Malaysia.
- Recipient of the 2017 ROTARY GOLDEN WHEEL AWARD for Entrepreneurshipgiven by Rotary Club District 3780
- Recipient of the 2018 MVP BOSSING Award given by PLDT Enterprise
- Recipient of the 2019 Most Outstanding Citizen of Quezon City (for Entrepreneurship)

ACADEMIC / PROFESSIONAL EXPERIENCES

- ➤ Instructor / Assistant Professor, U.P. Diliman College of Business Administration (1980 1995)
- College Secretary, UP College of Business Administration (1984 - 1990)
- Management Consultant, U.P. Business Research Foundation (1980-1995)
- ➤ Newspaper Columnist of The Manila Standard, "Bake My Day" from1993-96
- Resource Speaker to various private and public educational institutions on Corporate Strategy (Business Policy), Entrepreneurial development and Marketing
- > Founder & C.E.O. of The French Baker, Inc. (1989 to present)
- ➤ Founder of TEABROS Corporation (est. in 2010), Philippine country franchisee of CHATIME (Taiwan)

Tinig Newsletter Novembere 9, 2023

Our Guest Speaker

Continuation 3.

- Member, U.P. Business Research Foundation, Inc. (UPBRF)
- ➤ Resource speaker and member of the "GONEGOSYO" movement of the Philippine Center for Entrepreneurial Development Inc., (PCED) since 2005
- Contributing Writer of Baking Press A Baking, Pastry and Confectionery Magazinepublished by HINGE Inquirer Publications, Manila, Philippines, since 2006
- ➤ Founder of the Technical Baking & Training Center, The French Baker, Inc., Manila, Philippines in 1993
- Attended and trained in various seminars and courses in artisan baking, bakery science, French pastry production, pizza production, chocolate & confectionary, gelato and ice cream production, cookie and cracker technology, donut production systems and modern cake production.
- > Member, Management Association of the Philippines
- > Member, Makati Business Club
- > Member, Filipino-Chinese Baking Association Inc.
- President, Philippine Baking Industry Inc., 2020-2022

November 9, 2023



Mass is celebrated by Fr. Rodel Enriquez, IPP of RC Pasig South.







PP John is commentator & PP RJ & PP Raymond Samson of RC Pasig South are lectors.







Homily and consecration time.



November 9, 2023



Singing the Our Father.







It's communion time



November 9, 2023









November 9, 2023





Blessings by Fr Rodel





November 9, 2023

Glimpses of Our Last Meeting

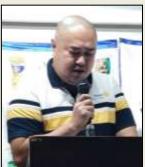






HCP Adolf calls meeting to order with PP RJ as emcee & Rtn Pal leading invocation.







PP Ramy singing Ang Pambansang Awit, Rtn Kap Richie recites Apat Na Urian Ng Rotaryo & PP Jun introduces guests.







PP Benny is tasked to introduce spouses Pura de Guzman, Belle Ermita,

Tinig Newsletter November 9, 2023

Glimpses of Our Last Meeting



Dely Portillo, Laching Raymundo, Celia Javier & Zeny Albano.



Pangkat 4 sings Never On My Rotary Day.



PP Jun on dues & TRF support, PP John on TRF Recognition Night & PP Rene with his acronym jokes.



Tinig Newsletter November 9, 2023

Glimpses of Our Last Meeting







PP Bert jokes too, HCP Adolf with his message and meeting adjournment.



Spouses Pura, Patsy Henson, Celia, Koshu Ramnani, Belle, Zeny, Dely & Laching.



RCP Rotarians with PP Raymond Samson, son of Deny Samson.

November 9, 2023

Pangkat Members RY 2023 - 2024

PANGKAT NO. 1

- 1. IPP Bong Paloma Leader
- 3. Rtn Jay Bautista
- 4. Rtn Nesty Carolina
- PP Conrad Cuesta
- Rtn Roehl Fontanilla.
- Rtn. Richie Defensor
- Rtn Noel Go
- PP Dodot Jaworski
- 10. Rtn Sammy Lazo
- 11 PP Esto Lichauco
- 12. Rtn. Gene Menor
- 13. Rtn Albert Mendiola
- 14. Rtn. Richie Pua
- 15. Rtn. Bien Sibug
- 16. Rtn. Aris Marfil
- 17 Rtn Simon Tantoco

PANGKAT NO. 2

- 1. PE. Bernard Dy Leader
- Dir. Demy Magpantay Co-L 2. Dir. Peter Pancho- Co-L
 - 3. Rtn Ato Basco
 - 4. Rtn. Henry Claravall
 - 5. PP Topax Colayco
 - 6. PP Benny de Guzman
 - 7. Rtn Gerard Estrada
 - 8. PRID Raffy Garcia III
 - 9. Rtn. Chony Gimenez
 - 10. Rtn. Edison Go
 - 11 PP Ner Laino
 - 12. Rtn. Rod Moreno
 - 13. Rtn Fr. Kell Ortega
 - 14 Rtn Roman Romulo
 - 15. Rtn Nicky Ty
 - 16. PP Henry Uy

PANGKAT NO. 3

- 1. Dir. Tet Mallare Leader
- 2. PP Garrick Ang Co-L
- 3. Rtn. Jake Oh
- 4. Rtn Mads Bengua
- 5. Rtn Benard Bobadilla
- 6. PP Rene Bocaya
- 7 Rtn Flor de Pano
- 8. Rtn. Carlo Doce
- 9. Rtn Manfred Guangko
- 10. Rtn Marlo Guillano
- 11. PP Peter Javier
- 12 Rtn Dante Lardizabal

- 13. Rtn Nilo Ocampo
- 14. PP Arjan Ramnani
- 15. Rtn. Philip Yoon
- 16. Rtn. JS Zamora

November 9, 2023

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. PP Jun Zafra Leader
- 2. Rtn. Gary Ona-Co L
- 3. PP Bert Albano
- 4. Rtn Richard Berganos
- 5. Rtn Pal Bolivar
- 6. PP Toti Buhain
- 7. Rtn. Karl Contreras
- 8. PP RJ Ermita
- 9. PP Ramy Garcia IV
- 10. Rtn Cesar Lacuna
- 11. PP Ogie Lim
- 12. PP Peping Mabanta
- 13. PP Hermie Orbe
- 14. Rtn Dekdek Paloma
- 15. Rtn Rudy Sanguyo
- 16. Rtn Jeffrey Sonora

PANGKAT NO. 6

- 1. Dir. Anson Tan Leader
- 2. Pres. Adolf Aran Co-L
- 3. Rtn Roman Arugay
- 4. Rtn Oyie Averilla
- 5. Rtn Ben Baniel
- 6. Rtn Dickson Berberabe
- 7. Rtn. Chito Bernardo
- 8. PP Nick Guzman
- 9. Rtn. Alex Lacson
- 10. PP Vic Lim
- 11. Rtn. Ike Ona
- 12. PP Ferd Rivera

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader
- 2. PP John Javier Co-L
- 3. Rtn Dennis Albano
- 4. PP Jess Acantilado
- 5. PP Vic Aquino
- 6. PP Totoy Bartolome
- 7. Rtn Raj Cordova
- 8. Rtn Arnel Estaniel
- 9. PP Rel Gomez
- 10. PP Tito Henson
- 11. Rtn Bebert Lacuna
- 12. Rtn Fr. Jojo Opinio
- 13. Rtn Bart Ronquillo
- 14. Rtn Jecko Santos15. Rtn Vico Sotto
- 16. Rtn. Roland Vasquez
 - 13. Rtn. Ping Tan
 - 14. Rtn. Stephen Valera
 - 15. PP Celso Ylagan
 - 16. Rtn Mike Dolar



November 9, 2023

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present	34
% of Attendance (10/26/23)	35.7%

Birthday Celebrants for the Month of November 2023

Wedding Anniversaries for the Month of November 2023

Guest & Visiting Rotarians

- 1. PP Raymond Samson, RC Pasig South
- 2. Sp. Laching Raymundo
- 3. Sp. Dely Portillo
- 4. Sp. Zeny Albano
- 5. Sp. Belle Ermita
- 6. Sp. Celia Javier

November 9, 2023

From the Secretary's Desk

Continuatin 1.

- 7. Sp. Patsy Henson
- 8. Sp. Pura de Guzman
- 9. Sp. Brigette Uy
- 10. Sp. Koshu Ramnani
- 11. Sp. Ching Lucero
- 12. Jonathan Estolano, Host: Rtn. Rofland Vasquez
- 13. Jimmy Gualberto, Host: Rtn. Richie Pua



Tinig Newsletter November 9, 2023

Editorial Staff

TINIG STAFF RY 2023-2024	FEATURE WRITERS		
K1 2023-2024	ADOLF ARAN	JOHN JAVIER	
PETER JAVIER	From the President	Secretary's Desk	
Editor in Chief		·	
ROEHL FONTANILLA	BENJAMIN P.	JUN C. ZAFRA, JR.	
	DE GUZMAN	Walking the Avenues	
ANSON TAN	Rotary Notes	-	
Club Bulletin Admin.	·	RTN. FR. KELL ORTEGA	
	PETER M. JAVIER	RTN. FR. JOJO OPINIO	
	Tinig Tidbits	Invocation	

Website: www.rcpasig.org
Email : rcpasig@hotmail.com

Secretariat Office: Ylagan Law Office

Unit 809, City & Land Mega Plaza ADB Avenue Corner Garnet Road

Ortigas Center, Pasig City Tel. No. 635-2234

Edgar Manalang: 0927-9414528; rcpasig@hotmail.com

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian		
Name of Rotary Club		
RC – Pasig Club Secretary:	Date:	



MEGA GROUP OF COMPANIES

the one solution provider







RAMEGA RESOURCES & DEVELOPMENT CORP.







MEGA-RMG3 Building

667 Sgt. Burnatay Street, Barangay Plainview Mandaluyong City, 1550, Metro Manila, Philippines



inquire@megagroup.net www.megagroup.net