

May 11, 2023

Today's Programme

Valle Verde Country Club May 11, 2023, 12:30 P.M Pangkat 5 Leader Dir. Roy Quejada

Call to Order PE Adolf Aran

Invocation Rtn. Dennis Albano

National Anthem PP John Javier

FOUR-WAY TEST Rtn. Bebert Lacuna

Introduction of

Visiting Rotarians & Guests Dir. Roy Quejada

Community Singing Pangkat 5

Wise or Otherwise

Fining Moments PP Vic Aquino

President's Time PE Adolf Aran

Introduction of

Guest Speaker PE Adolf Aran

MR. MICHAEL ANGELO GENATO Topic: Your Food as Your Medicine GUEST SPEAKER

Open Forum Adjournment

PE Adolf Aran

Dir. Roy Quejada Emcee

May 11, 2023

Invocation



O God, who restore us to eternal life in the Resurrection of Christ, grant your people constancy in faith and hope, that we may never doubt the promises of which we have learned from you. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen

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THE FOUR-WAY TEST

of the things we think, say or do:

- 1. Is it the **TRUTH?**
- 2. Is it **FAIR** to all concerned?
- 3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS?**
- 4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an

opportunity for Service;

Second: High Ethical standards in business and professions;

the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's

occupation as an opportunity to serve society;

Third: The application of the ideal of service in each

Rotarian's personal, business and community life;

Fourth: The advancement of international understanding,

goodwill, and peace through a world fellowship of business and professional persons united in the ideal

of service

May 11, 2023

Song of the Day



YOUNG AT HEART

By: Frank Sinatra

Fairy tales can come true
It can happen to you
If you're young at heart

For it's hard you will find To be narrow of mind If you're young at heart

You can go to extremes
With impossible schemes
You can laugh when your dreams
Fall apart at the seams

And life gets more exciting
With each passing day
And love is either in your heart
Or on it's way

Don't you know that it's worth

Every treasure on earth

To be young at heart

For as rich as you are



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Song of the Day

Continuation 1.



It's much better by far To be young at heart

And if you should survive to 105 Look at all you'll derive Out of being alive

And here is the best part
You've had a head start
If you are among the very
Young at heart

And if you should survive to 105 Think of all you'll derive Out of being alive

> And here is the best part You've had a head start If you are among the very Young at heart...



May 11, 2023

From the President

Pres. Bong Paloma



Good afternoon RCP!

Today's TINIG issue will feature our April 27 and May 4 club activities. Last April 27, we celebrated PRID Raffy's 79th birthday with record-breaking attendance. The fellowship lasted until 4:30 pm and ended because we had to do the interviews (at 5:00 pm) with the Pasig Police nominees until 11 pm. It was a long day for some of us who painstakingly listened to the testimonies and stories of our Pasig Police nominees. The interview lasted for three days, and 63 nominees came forward for the interview. After three days, we came to know our Pasig Police better. We genuinely appreciate their heroic and unselfish act of service and their dedication and determination to serve the community.

Finally, last May 4, 2023, it was the culmination of the awaited Pasig Pulis Awards night. Our principal benefactor, Chony Gimenez, graced the event despite his advancing age and physical condition. He attended the two-and-a-half-hour awarding ceremonies and delivered a touching and inspiring message to our Pasig Police force. He also reiterated his commitment to support this activity next Rotary year, and we did a tripartite MoA signing agreement. The event was also attended by Congressman Roman and Vice Mayor Dodot, who delivered inspiring and congratulatory messages to our Police. Rtn Mayor Vico missed the event because he felt ill that night. The RC Pasig members (seniors and the young) also came in full force. RCP seniors present were PRID Raffy, PDG Augie,

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From the President

Pres. Bong Paloma

Continuation 1.

PP Benny, PP Peter, PP Vic, PP Celso, PP Bert, PP Jun, and Rtn Noel. I lost count of the young RCP members who came, but I counted 34 RCP Rotarians at the Tanghalang Rizal that night, who all came dressed for the night.

The Pasig Pulis awardees went home with 25,000, plus 10,000 (best NCO and CO awarded) plus 5,000 (for those who won last year and this year). It was a blessing to have gone home with a max cash prize of 40,000 plus Php 1,500 Unviel products and a nice trophy. Those who did not win came home with 5,000 pesos each, plus the Unveil gift pack. Even the unit nominees did not come home empty-handed. They were given a UV Air Purifier courtesy of Signify (Peter Pancho).

A late dinner followed after the awarding ceremonies. Some of the winners and senior officers of the Pasig Pulis joined us at the La Colina function room to celebrate our birthday (advanced bday celebration for me and bday of PE Adolf) dinner. We feasted on caldereta, pancit malabon, elar's lechon, birthday cakes, Singleton 15 years old Single Malt, and Cab Sav red wine.

My only brother BGen Joel Paloma (Army), and wife, Lolit, also joined the dinner with my spouse Rosemarie. I also would like to commend PE Adolf and Dir Dodie for attending along with their spouse. It was a great evening. PRID Raffy, myself, PP John, and Dir Jake were the last men standing. We finally ended the night at 12:30 am.



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From the President

Pres. Bong Paloma

Continuation 2.

Although the awarding is over, our work and collaboration with the Pasig Police has just started. Next in line is our medical mission on May 21. Next, a sports clinic (Basketball) in Barangays with a high incidence of drug use to persuade the youth to venture into sports and veer away from using drugs. Generous RC Pasig members have pledged support by sponsoring their time, uniforms, basketballs, cash for food, and other logistics needs to make the program sustainable and successful. Both PNP Pasig and RC Pasig will deliver more community service projects as we continue to assess the needs of various Pasig communities, leveraging on our Police force to carry out various community programs and service activities to bring RC Pasig and the Pasig Police closer to the communities.

Lastly, thank you, Dir Dodie and PP John, for leading the PNP Pasig Awards activity, to the RC Pasig board of Judges who diligently interviewed our nominees, Rtns Anson Tan, Bien Sibug, Dir Jake, and Dodie, and other anonymous donors for your generosity. Chony gave us Php 620K, and RC Pasig contributed 300K cash, plus 120K worth of in-kind donations. Again from the bottom of my heart, a big Thank You to all of you! May God bless you all!

Mabuhay ang RC Pasig!

Bong



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Rotary Notes PP Benny P. De Guzman



There was no Tinig last week but I was not told not to make my column. But that is stale kaya I have to make another one. And the news of the week is a community service project chaired by PN Dodie Dy awards for the awards for the oustanding policemen with many non-commisioned policewomen as awardees than the commissioned officers. Congratulations not only to the winners but to also the many outstanding members of our club who took time to review and make the right choices. To the new a la late PP Sonny Samson who added a few thousand pesos to award those who got the awards twice in a row. To Rtn Chony for his very inspiring project, Tinig wishes you well. He is a little younger than PRID Raffy and ten years younger than me but he could not walk on his own. A huge caregiver must literally carry him.

To the many generals who joined us for the dinner hosted by Pres Bong with his brother, also a Rotarian in Mindanao and also a young general. It very well could be the birthday party of PE Adolf who was celebrating his birthday that very day. A week-delayed lechon is still very much welcome, Adolf. If no lechon, baka hindi makabawi NU sa Sunday. Pati si PP RJ sinama mo.

A week before, I reminded PN Dodie to correct and delete a \post he placed on JPE when he was a young practicing lawyer. He was lecturing those who'll take up law when he noticed a young lad crying in one corner. The lad said he had a deformity and JPE said, "In law, what is needed more is the brain not muscles." This so inspired the youth who turned to become a



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Rotary Notes

PP Benny P. De Guzman

Continuation 1.

good lawyer. But when he mentioned the youth was no less than Apolinario Mabini, he missed his names. When JPE was born in the mid-20s, the Great Sublime Paralytic was already dead. I placed that in my column last week and I added,"I should know, I was in the wake." Wait and see reactions?

Going back to the very successful awards night. There were several outstanding generals and two outstanding Romans. Cong Roman and PCol Roman. The latter mixed with this former officers and co-Rotrians. Cong Roman was kind in his speech to mention HOF/PP Peter and me. For what, I cannot remember as I was just too happy. Mababa ang kaligayahan ko and kayo ba na mention?

There seems to be a controversy about the birthday of Rtn Albert. Bring more balut and we will decide when. Let us make it clear, the date of birth is truly different from the date of adoption. Iba ang baluit sa puti. Mas iba kung libre.

Tinig admires Rtn Cong Roman for finding time to be in our meeting even if comes in late many times. We call attention to our city officials, the Honorable Mayor Vico and his Vice Mayor Dudut. Dudut was with us in the awards program for the policemen but he left before it was over. Mayor Vico was a no show as he was avoiding Covid. Or, avoiding to help spread it as he came from an exposure to the dreaded Covid. There are at least three of them not attending our regular Thursday lunch meeting. Vico, Dudut and Chony but Chony is showing himself as an avid supporter with his project. Gayahin si Cong Roman. Pakita naman kayo kahit once a quarter.

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Walking the Avenues

PP Jun C. Zafra





I believe it is a time in our world for brave, courageous, intentional leadership.

Last month, in this column, you heard from my dear friend Anniela Carracedo. She is an amazing member of our Rotary family, and as a past Interactor and now Rotarian, she is this kind of leader.

Anni shared a very personal story about coping with a panic attack, something that I have also experienced. The outpouring and response to this story have been tremendous and punctuate how critical it is that we acknowledge not only our strengths but our vulnerabilities too.

When we talk about finding space for one another — creating comfort and care within Rotary — we're describing a club experience where we can all feel comfortable sharing like Anni did, and we can all empathize with and support one another. Whatever we are facing in life, Rotary is a place where we know we're not alone.

We spend so much time helping our world, whether it's working to end polio, cleaning up the environment, or bringing hope to communities that need it most. Sometimes we can lose track of the need to apply some of our energy and care to our fellow members and partners in service.



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Walking the Avenues

PP Jun C. Zafra

Continuation 1.

The comfort and care of our members is the single greatest driver of member satisfaction and retention. We need to ensure that it remains a priority — and that we further strengthen these bonds by performing service that helps reduce the stigma of seeking out mental health treatment and expands access to care. That is why I'm so heartened by President-elect Gordon McInally's wonderful vision to help improve the global mental health system, not only for Rotary members, but for the communities we serve.

When Gordon announced our focus on mental health at this year's International Assembly in Orlando, Florida, he reminded us that helping others benefits our mental health by reducing stress and improving our mood. Studies show that performing acts of kindness is an effective way to improve your own mental and physical health. Rotary service brings hope to the world and joy to our lives.

Our new focus on mental health will take some time to do right, and yet it builds on something that has been part of who we are for 118 years. We are People of Action, and behind that action is care, compassion, empathy, and inclusion.

Becoming champions of mental health is not only the right and kind thing to do, it is a tool that can Create Hope in the World, Gordon's inspiring theme for his upcoming year as president. If we serve our members, we serve our communities, and if we can meet people where they are and lift them up, they will imagine Rotary in a new light and come to fully understand our value and our infinite potential.



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Our Guest Speaker



MR. MICHAEL ANGELO GENATO

Michael Angelo Genato or Mitch, is the Group Chief Executive Officer and co-founder of Romlas Health Group (RHG) from Manila, Philippines. His company aims to bring the best global best practices in health and wellness to the country and make them more accessible to Filipinos. By providing access to the most up-to-date medical technologies and practices to Filipinos, they act as a bridge between partners and suppliers to create an end-to-end supply network.

Mitch is a certified Functional Medicine Health Coach who studied at the Functional Medicine Coaching Academy Inc. that is in collaboration with the Institute for Functional Medicine in the United States. He earned his degree in Philosophy from the Ateneo de Manila, one of the top-rated universities in the Philippines. He has knowledge in various fields including TV and event production, media and public relations, sales, marketing and business consultancy. Mitch's expertise in health and wellness has helped him fulfill his role as RHG's CEO. Outside of RHG, he is a businessman, a non-profit organization volunteer, and most of all, a husband and father of two.



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Wheat not Weeds

By: Rtn. Fr. Kell Ortega



INTEGRITY

The Covid-19 pandemic may be over (or at least it is now manageable/tolerable), but some or most of us ask still this question: why is there still corruption in our country?

I remember reading some articles on the newspaper and reliable posts in my social media accounts that the Philippines was one of the countries with the lowest integrity index but belonged to the top 50 countries with the highest corruption index. True enough, we hear stories of corruption in all branches in the government, military, education and even in religious institutions. In response, over and over again we cry out for accountability and transparency. But have we asked ourselves how true, honest and sincere are we?

Of course, human as we are, we commit sins of deception, dishonesty, hypocrisy, and insincerity in one way or another. But it does not mean we are incapable of integrity. That's the reason why God taught us what integrity is in the Bible. In fact, from the Book of Psalms, God even gave us a description of someone not living a life of deception. According to Ps. 15:1-3, "Lord, who may enter your Temple? Who may worship on Zion, your sacred hill? Those who obey God in everything and always do what is right, whose words are true and sincere, and who do not slander others."

So, let's practice the virtue of integrity no matter what our current status in life, or educational background for this virtue is one of the safest and best paths to holiness.



May 11, 2023

Coop General Meeting



Board Chairman PP Topax & President HOF/PP Conrad conducts General Assembly Meeting & Board Meeting.



Report by Membership Committee Chairman PP John. Motions from HOF/PP Peter and Rtn Noel.



Also in attendance are PPs Ner, Benny & Vic A.



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Coop General Meeting



Rtns Ping & Jake and IPP Garrick



PP Jun and PE Adolf PPs Celso and Ogie.



Chairman PP Topax concludes meetings.



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Glimpses of Our Last Meeting



IATP Bong starts club's 40th meeting with PP Ogie as emcee. Rtn Richard leads invocation.



PP Toti leads singing of Pambansang Awit. Rtn Roland recites Apat na Urian ng Rotaryo. Dir Dekdek introducing guests.



What A Wonderful World is sung by Pangkat 4 with guitarist Rtn Richard



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Glimpses of Our Last Meeting







PE Dodie on police nominees interviews. IATP Bong on his birthday treat dinner. Rtn Ping is finemaster.







It's President's time. Rtn Peter introduces Mr Andrew Yan of Signify Philippines.





His talk is on Sustainability of Solar Streetlighting:



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Glimpses of Our Last Meeting



Our Solar Advocacy

Rally government offices and agencies to execute

Solar street lighting projects

RIGHT THE FIRST TIME.

Solar for Free Electricity & for Disaster



What we learned so far from Local Governments?

Mayors on Energy Usage and Costs

- As much as 60% of municipality expenses are spent on street lighting.
- Some have reported very high energy rates.
 (Example: Bayambarg Php 20/kwh, Kananga Php 27/kwh, tragen monthly bilk on street lighting Php 400k to Php 700k).
- erned with energy shortages given the latest

Preparedness featuring experiences in Solar street lighting projects



What we learned so for from Local Governments? Mayor on Dispoter Occurrences Power supply not fet to Owneyer by highours that an judicy more powerful by the year Earner of the congressives that down the power supply for subtly The absence of agent hampens avoid relief and recover operations at legitl Said highours can cause the loss of power supply from 1 week to an much as 1 month. Socie lighting is not top of-mind princip majors as a tool for dispote programmen. Some majors wort to judgment side year for many assumption when

in local government units including disaster readiness.



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Glimpses of Our Last Meeting







Replying to questions from HOF/PP Peter and PP Vic.







Also from Rtn Roland and PN Dodie.





A handshake after receiving club's token and adjournment by IATP Bong.



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Induction of New Member



PP John handles charging of Richard Pua.



Oath of membership is handled by IATP Bong.



Sponsor PP Jun puts Rotary pin followed by welcome handshakes from Rtn Richard, PP Ner & others.



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Pagpupugay sa Kabayanihan ng Pasig Pulis





Memorandum of Agreement signing by IATP Bong, Rtn Chony and PCol Celerino Sacro, Jr., Chief of Pasig PNP.





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PP John & PP RJ jointly emcees program. Dir Roy leads invocation. Singing of the Pambansang Awit.





Welcome remarks by PN Dodie. Acknowledging Ignacio "Chony" Gimenez for the Pagpupugay Sa Kabayanihan Ng Pasig Pulis service project.



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Inspirational message by Rtn Chony. Inspirational message by Rtn Vice Mayor Dodot.



Rtn Vice Mayor Dodot hands out awards for Exemplary Service in Administration.



Awardees pose with PN Dodie, IATP Bong, PCol Sacro & Rtn Vice Mayor Dodot.



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Rtn VM Dodot hands out awards for Exemplary Service in Operations.



Awardees with PN Dodie, IATP Bong, PCol Sacro & Rtn VM Dodot.



Interpretative dance number by KKDAT Pasig.



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Inspirational message from Rtn Cong Roman.



PBGen Wilson Asueta hands out awards for Exemplary Service Award.



Awardees of Non-commissioned Officers Category and Commissioned Officers Category with PP Jun, PE Adolf, IATP Bong & PBGen Asueta.



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Pagpupugay sa Kabayanihan ng Pasig Pulis





A song from PCpl Kimberly May Tabat.



Best Sub-Station, Best Unit for Administration and Best Unit for Operations receiving their awards from PRID Raffy, PMGen Okuno and IATP Bong.



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Most Outstanding Non-Commissioned Police Officer.



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Most Outstanding Police Commissioned Officer.



PRID Raffy handing out Special Award.





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IATP Bong receives Plaque of Appreciation for RCP from Pasig PNP from PMGen Okubo.



RCP Officers & Board with PMGen Okubo, PBGen Asueto & PCol Sacro



IATP Bong with second time awardees.



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Response from PMGen Edgar Allan Okubo.



Closing Remarks by IATP Bong.





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IATP Bong's Birthday Treat



Candle blowing time on 3 birthday cakes!



With spouses Rose, Essa Dy & Alu Aran and brother BGen Joel M. Paloma & spouse Lolit Paloma.



Cheers to all!



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IATP Bong's Birthday Treat



We're all Pasig Rotarians!



With AG Jenny Ortega, IATP Glenda Belendres, IATP Josie Campo & IATP Jana Aileen Bautista.



It's toasting time!

May 11, 2023

Rotarian's Scholarship Pledges RY 2022-2023

As of May 11, 2023

1.	Anonymous	50k Pd
2.	Anonymous	50k Pd
3.	PP Ner Laino	25k Pd
4.	PP Conrad Cuesta	25k Pd
5.	Rtn Manfred Guangko	25k Pd
6.		25k Pd
7.	PP Jun Zafra	12k Pd
8.	PP Peter Javier	12k Pd
9.	Rtn Dennis Albano	12k Pd
10.	Rtn Henry Claravall	6k Pd
11.	Rtn Mads Bengua	6k Pd
12.	Rtn Ato Basco	6k Pd
13.	Rtn Richard Berganos	6k Pd
	Rtn Gary Ona	5k Pd
	PP Celso Ylagan	6k Pd
16.	Rtn Nicky Ty	6k
	Rtn Sammy Lazo	6k Pd
18.	PP Vic Lim	6k Pd
19.	Rtn Noel Go	6k Pd
20.	PP Ferd Rivera	6k Pd
21.	Rtn Philip Yoon	6k Pd
	PP Hermie Orbe	6k
23.	PP Tito Henson	6k
24.	Rtn Flor de Pano	6k Pd
25.	PP Topax Colayco	6k Pd
	1	



May 11, 2023

Pangkat Members RY 2022 - 2023

PANGKAT NO. 1

- 1. Pres Bong Paloma Leader
- 2. PP Jun Zafra Co-L
- 3. Rtn Jay Bautista
- 4. Rtn Nesty Carolina
- 5. PP Conrad Cuesta
- 6. Rtn Nico David
- 7. Rtn Roehl Fontanilla
- 8. Rtn. Noel Go
- 9. Rtn Sammy Lazo
- 10. PP Esto Lichauco
- 11. Rtn Demy Magpantay
- 12. Rtn Gene Menor
- 13. PP Hermie Orbe
- 14. Rtn Bart Ronquillo
- 15. Rtn Vico Sotto
- 16. Rtn. Richie Defensor

PANGKAT NO. 3

- 1. Dir. Jake Oh Leader
- 2. IPP Garrick Ang Co-L
- 3. Rtn Mads Bengua
- 4. Rtn Dickson Berberabe
- 5. Rtn Benard Bobadilla
- 6. PP Rene Bocaya
- 7. Rtn Carlo Doce
- 8. Rtn Phillip Go
- 9. Rtn Manfred Guangko
- 10. Rtn Marlo Guillano
- 11. PP Peter Javier

PANGKAT NO. 2

- 1. Dir. Bernard Dy Leader
- 2. Dir. Tet Mallare- Co-L
- 3. Rtn Henry Claravall
- 4. PP Topax Colayco
- 5. PP Benny de Guzman
- Rtn Flor de Pano
- 7. Rtn Gerard Estrada
- 8. Rtn Vince Ermita
- 9. PRID Raffy Garcia III
- 10. Rtn. Chony Gimenez
- 11. Rtn Edison Go
- 12. PP Ner Laino
- 13. Rtn. Rod Moreno
- 14. Rtn Fr. Kell Ortega
- 15. Rtn Roman Romulo
- 16. Rtn Nicky Ty
 - 12. Rtn. Dante Lardizabal
 - 13. Rtn Nilo Ocampo
 - 14. PP Arjan Ramnani
 - 15. Rtn. Jeffrey Sonora
 - 16. Rtn. Philip Yoon



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Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. Dir. Ato Basco Leader
- 2. Dir. Dekdek Paloma-Co L
- 3. PP Bert Albano
- 4. Rtn Fr. Vincent Amores
- 5. Rtn Richard Berganos
- 6. Rtn Pal Bolivar
- 7. PP Toti Buhain
- 8. PP RJ Ermita
- 9. PP Ramy Garcia IV
- 10. Rtn Cesar Lacuna
- 11. PP Ogie Lim
- 12. PP Peping Mabanta
- 13. Rtn Albert Mendiola
- 14. Rtn Gary Ona
- 15. Rtn Rebo Saguisag
- 16. Rtn Ping Tan
- 17. Rtn. Roland Vasquez

PANGKAT NO. 6

- 1. PE Adolf Aran Leader
- 2. Rtn Anson Tan Co-L
- 3. Rtn Roman Arugay
- 4. Rtn Oyie Averilla
- 5. Rtn Ben Baniel
- 6. Rtn Chito Bernardo
- 7. PP Nick Guzman
- 8. Rtn Alex Lacson
- 9. PP Vic Lim
- 10. Rtn. Ike Ona

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader
- 2. PP John Javier Co-L
- 3. Rtn Dennis Albano
- 4. PP Jess Acantilado
- 5. PP Vic Aquino
- 6. PP Totoy Bartolome
- 7. Rtn Raj Cordova
- 8. Rtn Arnel Estaniel
- 9. PP Rel Gomez
- 10. PP Tito Henson
- 11. Rtn Dodot Jaworski
- 12. Rtn Bebert Lacuna
- 13. Rtn Fr. Jojo Opinio
- 14. Rtn James Porter
- 15. Rtn Sonny Rivera
- 16. Rtn Jecko Santos
 - 11. Rtn. Peter Pancho
 - 12. PP Ferd Rivera
 - 13. PP Henry Uy
 - 14. PP Celso Ylagan
 - 15. Rtn. Bien Sibug

May 11, 2023

Officers and Directors

ROTARY CLUB OF PASIG (RY 2022-2023)

PresidentJosefino "Bong" M. PalomaVice President/PEAdolfo "Adolf" de Jesus AranClub SecretaryPP Peter John "John" U. Javier

Treasurer Rtn. Joaquin "Jake" Oh

DIRECTOR:

Club AdministrationRtn. Roy Marvin "Roy" QuejadaMembershipRtn. Bernard "Bernard" C. DyPublic RelationsRtn. Marthony "Ato" BascoService CommunityRtn. Saturnino "Tet" G. Mallare IIIThe Rotary FoundationPP Marcelo "Jun" C. Zafra, Jr.Youth ServiceRtn. Roderick "Dekdek" C. PalomaEx-OfficioIPP Garrick "Garrick" L. Ang

May 11, 2023

ROTARY CODE OF CONDUCT

As a Rotarian, I will

- 1. Exemplify the core value of integrity in all behaviors and activities
- 2. Use my vocational experience and talents to serve in Rotary
- 3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
- 4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
- 5. Promote recognition and respect for all occupations which are useful to society
- 6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
- 7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
- 8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship



May 11, 2023

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present	40
% of Attendance (04/27/23)	41.6%

Birthday Celebrants for the Month of May 2023

Wedding Anniversaries for the Month of May 2023

Guest and Visiting Rotarians



Tinig Newsletter May 11, 2023

Editorial Staff

TINIG STAFF RY 2022-2023	FEATURE WRITERS	
	BONG PALOMA	JOHN JAVIER
PETER JAVIER	From the President	Secretary's Desk
Editor in Chief		
ROEHL FONTANILLA	BENJAMIN P.	JUN C. ZAFRA, JR.
	DE GUZMAN	Walking the Avenues
ROY QUEJADA	Rotary Notes	
Club Bulletin Admin.	RTN. FR. KELL ORTEGA	
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	0	Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian				
Name of Rotary Club				
DC Dasia Club Sagratamy	Data			
RC – Pasig Club Secretary:	Date:			