

Tinig Newsletter March 2, 2023

Today's Programme

Valle Verde Country Club March 2, 2023, 12:30 P.M Pangkat 3 Leader Dir. Jake Oh

Call to Order Pres. Bong Paloma

Invocation Rtn. Dante Lardizabal

National Anthem PP Garrick Ang

FOUR-WAY TEST Rtn. Philip Yoon

Introduction of

Visiting Rotarians & Guests PP Garrick Ang

Community Singing PP Rene Bocaya

Wise or Otherwise PP Arjan Ramnani

Fining Moments PP Peter Javier

President's Time Pres. Bong Paloma

Introduction of

Guest Speaker Rtn. Alex Lacson

PHILIP RAINIER VALERO BELEY Topic: Honesty Movement GUEST SPEAKER

Open Forum Adjournment

Pres. Bong Paloma

PP Garrick Ang
Emcee
- MARCH IS LITERACY MONTH-

March 2, 2023

Invocation



Father, look on us, your children. Despite the prevailing challenges we face daily, may You help us grow in our desire for you. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever. **Amen.**

March 2, 2023

THE FOUR-WAY TEST

of the things we think, say or do:

- 1. Is it the **TRUTH?**
- 2. Is it **FAIR** to all concerned?
- 3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS?**
- 4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an

opportunity for Service;

Second: High Ethical standards in business and professions;

the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's

occupation as an opportunity to serve society;

Third: The application of the ideal of service in each

Rotarian's personal, business and community life;

Fourth: The advancement of international understanding,

goodwill, and peace through a world fellowship of

business and professional persons united in the ideal

of service



March 2, 2023

Song of the Day



KISS ME KISS ME

When I feel so sad and lonely When my life seems pale and blue How I wish you're here beside me Here to stay my whole life through

You're the only one, believe me
Who can make my dreams come true
Come my darlin' and embrace me
This is what you're gonna do

A kiss me, kiss me in the morning
Kiss me, kiss me in the night
Kiss me, kiss me in the day time
Kiss me, kiss me all the time
Hold me, hold me, hold me darlin'
Hold me, hold me real tight
Kiss me, hold me, hug me darlin' with all your might

A kiss, a kiss, a kiss me in the morning
A kiss, a kiss, a kiss me in the night
A kiss, a kiss, a kiss me in the day time
A kiss, a kiss me all the time
Hold me, hold me, hold me darlin'
Hold me, hold me real tight
Kiss me, hold me, hug me darlin' with all your might

*REPEAT FROM THE TOP AS MUCH AS YOU CAN



March 2, 2023

From the President

Pres. Bong Paloma



Good afternoon RCP!

Welcome again to our Thursday club meeting. I'm always thrilled to listen to our speakers every Thursday and learn something new. I commend our speaker's bureau for ensuring a steady lineup of excellent and exciting speakers.

Last week, we had Col. Jun Sacro, the Pasig Chief of Police, and he shared with us his plans and programs that he has put in place to arrest and curb illegal activities in the city. He also shared some interesting statistics we can all remember, such as the most likely day and time during the week when illicit activities are rampant. It's worth noting also that criminality and illegal activities are down. I hope it will continue to improve, and the semblance of peace and harmony will reign during his term. Mabuhay ang Elite Pasig Police Force!

During Feb, we had Atty Chel, who spoke about upholding the truth in the age of disinformation. Then, we had Sen. Risa Hontiveros, who shared her thoughts on the current economic state of our country and updated us on the pending divorce bill. Today, as we enter the season of lent, we will have Mr. PV Bely, President of the Brotherhood of Christian Businessmen and Professionals, who will talk about BCBP's Honesty Movement. His topic is a fitting talk as we prepare for the coming Holy Week. I'm sure he will call for honesty, humility, and doing good deeds to glorify God.

In closing again, I urge every club member to support our



March 2, 2023

From the President

Pres. Bong Paloma

Continuation 1.

daughter club, the RC Pasig South, which hosts this year's District Conference. Kindly register and attend the Discon 2023 happening on March 10 and 11 at Okada Hotel.

Thank you for joining us today. Stay strong and healthy!

Bong



March 2, 2023

Rotary Notes PP Benny P. De Guzman



I did not stay long last meeting as I was a bacteria carrier per my internist. I went to ask PP Peter to handle the Fining as my Pangkat Leader, PN Dodie assigned me to handle it but I got sick the same morning. It was enough time to ask our speaker, P/Col Sacro if he is the son of the noted Capt Sacro of PAL then. He is the nephew. I was hoping PP John will ask him to join us as Rtn Roman Arugay was then like him Pasig Police Chief when joined us. He still joins us in major club events.

I am glad of the recovery of PP Ferd in his serious ailment he got when he was on a cruise with spouse Linda far from his US base. In his text message, he is now doing better and will rest for a while in his US base and then will take a longer rest in our country.

Super Ingat only for the senior active Rotarians. PP Peter lost his balance and fell backwards while walking in his room. More than three months na naka cane. Club's good friend and second termer president of our first daughter club Fil Guba in a Rotary affair had a bad fall and for more than a day, many were waiting for the findings. No fractures but slightly misaligned back bones but cane as usual. The super seniors, put on your pants and your briefs while seated. Slower but surer.

Wheat Not Weeds is a very good topic. Rtn Fr Vincent can practice on his weekly homilies, his daily is only on wheats.



March 2, 2023

Rotary Notes PP Benny P. De Guzman

Continuation 1.

We have many good projects needing a good follow up. The AlpaBasa is supposed to be a good continuing one.

If these two baby Rotarians are around, expect a lively meeting even if the attendance level is not what PP Peter counted. If Doc Ato and Dante are around, they are willing to laugh and make us laugh. Lucky for Rtns Mads, Jake and Cong Roman. They had their past birthdays. Poor Rtn Ben, natapos ang birthday niya without his feeling it last 29 February. It was not BBM who removed it though.



March 2, 2023

Walking the Avenues PP Jun C. Zafra



ROTARY MEMBERS WEAVE A GLOBAL WEB OF GIVING FOR UKRAINE

On 26 January in Odesa, Mykola Stebljanko spent the day under attack. A barrage of missiles killed 11 people and destroyed critical infrastructure around Ukraine, including in the city where Stebljanko lives.

Despite not having working electricity, Stebljanko – who publishes Rotariets, Rotary's Ukrainian magazine – was determined to report on the situation and Rotary's response to it. He was able to make a cell phone call to describe an experience he's had several times during the past year of war.

"Sometimes we have time to go into the shelter, but sometimes there is no time — we're just sitting in our apartment and waiting for the end," he says. "Most of the targets are military or infrastructure objects. Not the buildings for civilians. But sometimes the missiles go to civilian buildings. We just decided, if it will be our building, that will be our destiny."

Even under fire, Stebljanko, a member of the Rotary E-Club of Ukraine, wanted to let members around the world know how important their efforts were. In an interview, he spoke about how members established humanitarian hubs along the Ukrainian border to receive supplies and distribute them throughout the county.

In the city of Kharkiv, he noted, Rotary members who own a shopping center donated space to store supplies.



March 2, 2023

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

"They provided a whole underground level for the humanitarian hub," Stebljanko says. "They provide aid each day to thousands of people. In the frontline cities, the Rotarians are real heroes. Despite their very complicated life, they try to continue to serve as Rotarians."

Members inside Ukraine have had supplies to distribute partly because of the global network of Rotary members who have used <u>disaster response grants</u> to provide them. They have sent generators, medical supplies, emergency equipment, modular housing, and other provisions, as well as providing support for refugees.

The Rotary Foundation has awarded more than 300 disaster response grants, totaling nearly US\$15 million, to help people affected by the war. More than 270 districts have sponsored grants. That's more than half of all districts.

Some governors credit their involvement to Diana Nestorova, of the Rotary Club of Acton-Boxborough, Massachusetts, USA. She led an online workshop about disaster response grants for more than 500 people in September.

"I took it upon myself to go back to everybody I knew around the world and explain: 'What is a disaster response grant? How can you apply for it? Why apply for it?'" she says. "I saw that what [I] could do was to educate."

Districts in more than 50 countries have used these grants to help. Beyond the nearby countries in Europe, the districts are in Australia, Bolivia, Colombia, India, Japan, Korea, New Zealand,



March 2, 2023

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

South Africa, Taiwan, and the U.S, among others. Here are some of their diverse projects.

Medical supplies

Members of District 9350 were inspired after Ukrainian ambassador Liubov Abravitova spoke to the Rotary Club of Waterfront, South Africa. "Everyone said, 'What can we do?" recalls Governor Tracey Wilson. "She said, 'You can pray or you can assist, and we'd like both."

Still, it was difficult for Wilson and other members in her district to decide how to help. Then they learned about the extraordinary efforts of members in District 1842 in Germany and decided to work with them. Rotary and Rotaract clubs there have created a streamlined system to deliver medical supplies. A team of 15 people communicates regularly with Rotary clubs, hospitals, and charity organizations in Ukraine about what's needed. Then they purchase supplies in bulk, which saves money, and send them where they'll be most useful.

"It's mainly emergency medicine – as you would expect from a war situation – a lot of tourniquets, dressing material," says Oliver Pannke, a member of the Rotary Club of München-Bavaria, Germany, who works full time directing the effort. When members realized how damaged the health infrastructure was, they began providing a wider range of supplies.

To be continued...



March 2, 2023

Our Guest Speaker



PHILIP RAINIER VALERO BELEY

Married to Annette Pastoral Beley Blessed with 3 boys: Bryan, Niccolo, and Jonathan

Current Affiliations:

- President, Brotherhood of Christian Businessmen and Professionals
- ➤ Committee Head, Movement Against Disinformation
- Business Development Consultant, BuzzOne Influencer Marketing Company
- Member, Creator and Influencer Council of the Philippines

Past Affiliations:

Country Head, BuzzOne Influencer Marketing Company

VP for Sales, Innity Philippines Senior Digital Solutions Manager, Yahoo Philippines Partner, White Stone Creatives President, infinit-1 Productions Business Unit Director, McCann-Erickson Philippines



March 2, 2023

Tinig Tidbits

By: PP Peter M. Javier



18 INCREDIBLY MINDBLOWING FACTS

- 1. People born in the 90s have lived through three decades, 2 centuries and 2 millenia and they're not even 30 yet!
- 2. An average cloud is as heavy as 100 elephants while an average storm cloud weighs as much as around 200,000 elephants!
- 3. Your age is simply the number of circles you've made around the sun.
- 4. In your lifetime, you'll meet around 16 murderers without even realizing it.
- 5. You can work out how many days each month has by using your knuckles. Simply make a fist, and count the months by using your knuckles and the gaps between them. Each knuckle is a month with 31 days and each gap contains 30 or less. Once you reach the last knuckle of one fist, move on to the first knuckle of the other one so that July and August are both counted on knuckles.
- 6. In a single day, your heart makes enough energy for a 19-mile truck trip.
- 7. Your sense of smell deactivates while you sleep.
- 8. Two 30 cm pizzas are still smaller than one 43 cm pizza.
- 9. There is a painkiller in our saliva called opiorphin which is 6 times more powerful than morphine.



March 2, 2023

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

- 10. The person sitting closest to you on the left is actually the farthest from you on the right.
- 11. We need oxygen to live yet it is also responsible for our aging and ultimately our death.
- 12. Every year, 98% of you changes since your atoms end up getting renewed.
- 13. If a pregnant woman damages her internal organs, her baby will send over some stem cells to help speed up the healing process.
- 14. In a day, our brain makes enough energy to power a 10-watt light bulb.
- 15. New babies typically cost their parents around 750 hours of sleep in their first year.
- 16. By the time you reach 60, you will have lost around half of your taste buds.
- 17. The carbon all of us and indeed all living things are made of was created inside stars because only the fierce furnace of the sun could create this heavier element out of the lighter elements like hydrogen.
- 18. Every time you shuffle a deck of playing cards, you are most likely the first person ever to have created such a sequence.

(from BabaMail)



March 2, 2023

Wheat not Weeds

By: Rtn. Fr. Kell Ortega



Real Dad

They say Filipinos are family centered. But also, Filipino families are patriarchal, i.e., the father is usually the head of the family. I grew up in a typical Filipino family wherein my father was the head. As head, we, my siblings and I, simply obey no matter how strict he was. That's where I grew fearful of him. But my fear of my dad also affected my prayer, to the point I couldn't pray well personally because I see God as a merciless father. I'm sure, most of us (if not all of us) grew up with a strict father. But the God that we worship is totally different from the fathers we grew up with.

The Bible is very apologetic in describing God as merciful, compassionate, and loving Father. In fact, the Book of the Prophet Joel describes God through this passage: "Return to me with your whole heart, with fasting, weeping, and mourning; rend your hearts, not your garments, and return to the Lord, your God. For gracious and merciful is he, slow to anger, rich in kindness, and relenting in punishment (Joel 2:12-13). So, this God is really totally different from our strict human fathers. Even if we sinned, he would more excited to forgive us for as long as we repent and return to Him to ask forgiveness and even for help in dealing our own personal issues. In fact, Pope Francis once tweeted in his Twitter account: There is no sin that God cannot forgive.

I know it may be easier said than done but we are invited to pray to God not with courage (as if we are facing an opponent) but with faith and trust that He would listen, understand, and even embrace us lovingly as His children.



March 2, 2023







IATP starts club's 32nd meeting with PN Dodie as emcee. Dir Tet leads invocation







Singing of Pambansang Awit is led by PN Dodie. Apat na Urian ng Rotaryo recited by Rtn Rod.Rtn Flor handles introduction



Quartet of PN Dodie, PP Peter, Dir Tet & Rtn Flor sings song of the day.



Tinig Newsletter March 2, 2023



PDG Benny Ricafort on forthcoming Discon. PP John on stipend giving for PLP scholars. PP Bert on lechon from birthday celebrants.



Updates on drinking/washing stations, Ilugin CC repairs & polyclinic construction. PP Arjan shares a joke. It's IATP Bong's time.



PP John introduces P/Col Celerino M. Sacro, Jr.



March 2, 2023





The Pasig City Police Chief talks on the crime situation





in Pasig and law enforcement accomplishments





by his S.A.F.E. Police Officers and his COP Kamustahanprogram.



March 2, 2023







Replying to PP Bert on number coding windows & PP Peter on peak times for crimes.







Questions on sidewalk vendors from Rtn Bebert & robbery incidence from Rtn Rod are replied to.







Answering queries of PP Jun on drug-free barangays & PP Henry on city's poverty alleviation program



March 2, 2023







Welcomes Rtn Raj's volunteering his assistance for liaison between police & community





Receiving club's token from IATP Bong who then adjourns meeting



A group photo with his soon to be (?) fellow pasig Rotarians.



March 2, 2023

Stipend giving of Scholars at Pamantasan Lunsod ng Pasig







Remarks from Ms Perla Marasigan, PLP's Director of Student Affars; PE Adolf & Sec/PP John.







Also from Dr. Glicero Maningas, PLP OIC; Rtn Raj, Rotaract Adviser & Dir Tet.





PE Adolf assisted by PN Dodie hands over stipends to the scholars who are also core members of Rotaract Club at PLP.



March 2, 2023

Stipend giving of Scholars at Pamantasan Lunsod ng Pasig







Group photo of Pasig Rotarians led by PE Adolf with PLP staff led by OIC Dr Maningas.



Group photo with the PLP scholars.



March 2, 2023

Pangkat Members RY 2022 - 2023

PANGKAT NO. 1

- 1. Pres Bong Paloma Leader
- 2. PP Jun Zafra Co-L
- 3. Rtn Jay Bautista
- 4. Rtn Nesty Carolina
- 5. PP Conrad Cuesta
- 6. Rtn Nico David
- 7. Rtn Roehl Fontanilla
- 8. Rtn. Noel Go
- 9. Rtn Sammy Lazo
- 10. PP Esto Lichauco
- 11. Rtn Demy Magpantay
- 12. Rtn Gene Menor
- 13. PP Hermie Orbe
- 14. Rtn Bart Ronquillo
- 15. Rtn Vico Sotto
- 16. Rtn. Richie Defensor

PANGKAT NO. 3

- 1. Dir. Jake Oh Leader
- 2. IPP Garrick Ang Co-L
- 3. Rtn Mads Bengua
- 4. Rtn Dickson Berberabe
- 5. Rtn Benard Bobadilla
- 6. PP Rene Bocaya
- 7. Rtn Carlo Doce
- 8. Rtn Phillip Go
- 9. Rtn Manfred Guangko
- 10. Rtn Marlo Guillano
- 11 PP Peter Javier

PANGKAT NO. 2

- 1. Dir. Bernard Dy Leader
- 2. Dir. Tet Mallare- Co-L
- 3. Rtn Henry Claravall
- 4. PP Topax Colayco
- 5. PP Benny de Guzman
- 6. Rtn Flor de Pano
- 7. Rtn Gerard Estrada
- 8. Rtn Vince Ermita
- 9. PRID Raffy Garcia III
- 10. Rtn. Chony Gimenez
- 11. Rtn Edison Go
- 12. PP Ner Laino
- 13. Rtn. Rod Moreno
- 14. Rtn Fr. Kell Ortega
- 15. Rtn Roman Romulo
- 16. Rtn Nicky Ty
 - 12. Rtn. Dante Lardizabal
 - 13. Rtn Nilo Ocampo
 - 14. PP Arjan Ramnani
 - 15. Rtn. Jeffrey Sonora
 - 16. Rtn. Philip Yoon



March 2, 2023

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. Dir. Ato Basco Leader
- 2. Dir. Dekdek Paloma-Co L
- 3. PP Bert Albano
- 4. Rtn Fr. Vincent Amores
- 5. Rtn Richard Berganos
- 6. Rtn Pal Bolivar
- 7. PP Toti Buhain
- 8. PP RJ Ermita
- 9. PP Ramy Garcia IV
- 10. Rtn Cesar Lacuna
- 11. PP Ogie Lim
- 12. PP Peping Mabanta
- 13. Rtn Albert Mendiola
- 14. Rtn Gary Ona
- 15. Rtn Ping Tan
- 16. Rtn Roland Vasquez

PANGKAT NO. 6

- 1. PE Adolf Aran Leader
- 2. Rtn Anson Tan Co-L
- 3. Rtn Roman Arugay
- 4. Rtn Oyie Averilla
- 5. Rtn Ben Baniel
- 6. Rtn Chito Bernardo
- 7. PP Nick Guzman
- 8. Rtn Alex Lacson
- 9. PP Vic Lim
- 10. Rtn. Ike Ona

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader
- 2. PP John Javier Co-L
- 3. Rtn Dennis Albano
- 4. PP Jess Acantilado
- 5. PP Vic Aquino
- 6. PP Totoy Bartolome
- 7. Rtn Raj Cordova
- 8. Rtn Arnel Estaniel
- 9. PP Rel Gomez
- 10. PP Tito Henson
- 11. Rtn Dodot Jaworski
- 12. Rtn Bebert Lacuna
- 13. Rtn Fr. Jojo Opinio
- 14. Rtn James Porter
- 15. Rtn Sonny Rivera
- 16. Rtn Jecko Santos
 - 11. Rtn. Peter Pancho
 - 12. PP Ferd Rivera
 - 13. PP Henry Uy
 - 14. PP Celso Ylagan
 - 15. Rtn. Bien Sibug



March 2, 2023

Rotarian's Scholarship Pledges RY 2022-2023

As of March, 2022

1.	Anonymous	50k Pd
2.	Anonymous	50k Pd
3.	PP Ner Laino	25k Pd
4.	PP Conrad Cuesta	25k Pd
5.	Rtn Manfred Guangko	25k Pd
6.	PP Ogie Lim	25k Pd
7.	PP Jun Zafra	12k Pd
8.	PP Peter Javier	12k Pd
9.	Rtn Dennis Albano	12k Pd
10.	Rtn Henry Claravall	6k Pd
11.	Rtn Mads Bengua	6k Pd
12.	Rtn Ato Basco	6k Pd
13.	Rtn Richard Berganos	6k Pd
14.	Rtn Gary Ona	5k Pd
15.	PP Celso Ylagan	6k Pd
16.	Rtn Nicky Ty	6k
17.	Rtn Sammy Lazo	6k Pd
18.	PP Vic Lim	6k Pd
19.	Rtn Noel Go	6k Pd
20.	PP Ferd Rivera	6k Pd
21.	Rtn Philip Yoon	6k Pd
22.	PP Hermie Orbe	6k
23.	PP Tito Henson	6k
24.	Rtn Flor de Pano	6k Pd
25.	PP Topax Colayco	6k Pd



March 2, 2023

Officers and Directors

ROTARY CLUB OF PASIG (RY 2022-2023)

PresidentJosefino "Bong" M. PalomaVice President/PEAdolfo "Adolf" de Jesus AranClub SecretaryPP Peter John "John" U. Javier

Treasurer Rtn. Joaquin "Jake" Oh

DIRECTOR:

Club AdministrationRtn. Roy Marvin "Roy" QuejadaMembershipRtn. Bernard "Bernard" C. DyPublic RelationsRtn. Marthony "Ato" BascoService CommunityRtn. Saturnino "Tet" G. Mallare IIIThe Rotary FoundationPP Marcelo "Jun" C. Zafra, Jr.Youth ServiceRtn. Roderick "Dekdek" C. PalomaEx-OfficioIPP Garrick "Garrick" L. Ang

IMAGINE ROTARY

Tinig Newsletter

March 2, 2023

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present	41	
% of Attendance (02/23/23)	43.1	%

Birthday Celebrants for the Month of March 2023

Wedding Anniversaries for the Month of March 2023

Guest and Visiting Rotarians

- 1. PDG Benny Ricafort, RC Pasig South
- 2. Christian Almenilla, Pasig Police Officer
- 3. Reymon Dacanay, Pasig Police Officer

March 2, 2023

Editorial Staff

TINIG STAFF RY 2022-2023	FEATURE WRITERS		
K1 2022-2025	BONG PALOMA	JOHN JAVIER	
PETER JAVIER	From the President	Secretary's Desk	
Editor in Chief			
ROEHL FONTANILLA	BENJAMIN P.	JUN C. ZAFRA, JR.	
	DE GUZMAN	Walking the Avenues	
ROY QUEJADA	Rotary Notes		
Club Bulletin Admin.	RTN. FR. KELL ORTEGA		
	PETER M. JAVIER RTN. FR. JOJO OPINIO		
	Tinig Tidbits RTN. FR. VINCENT AMORES		
		Invocation	

Website: www.rcpasig.org
Email : rcpasig@hotmail.com

Secretariat Office: Y

Ylagan Law Office

Unit 809, City & Land Mega Plaza ADB Avenue Corner Garnet Road

Ortigas Center, Pasig City Tel. No. 635-2234

Edgar Manalang: 0927-9414528; rcpasig@hotmail.com

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian	
Name of Rotary Club	
RC – Pasig Club Secretary:	Date: