

Rotary
Club of Pasig



15 SEPTEMBER 2022
Rotary Year 2022-2023

TINIG

The Official Newsletter of the Rotary Club of Pasig



DR. ANI ROSA ALMARIO
Guest Speaker

Today's Programme

**Valle Verde Country Club
September 15, 2022, 12:30 P.M
Pangkat 3 Leader Treas. Jake Oh**

Call to Order	Pres. Bong Paloma
Invocation	Rtn Carlo Doce
National Anthem	Rtn Marlo Guillano
FOUR-WAY TEST	Rtn Dickson Berberabe
Introduction of Visiting Rotarians & Guests	PP Rene Bocaya
Community Singing	Rtn Phillip Go
Wise or Otherwise	PP Arjan Ramnani
Fining Moments	PP Peter Javier
President's Time	Pres. Bong Paloma
Introduction of Guest Speaker	PP Vic Lim

DR. ANI ROSA ALMARIO-DAVID

Topic: Cultivating a Sense of Country in Our Children

GUEST SPEAKER

Open Forum	
Adjournment	Pres. Bong Paloma

**PP Rene Bocaya
Emcee**

***SEPTEMBER IS BASIC EDUCATION AND
LITERACY MONTH***

Invocation



Increase in us, Lord, the faith you have given us, and bring to a harvest worthy of heaven the praise we offer you at the beginning of this new day. We ask this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, God, for ever and ever.

Amen.

THE FOUR-WAY TEST

of the things we think, say or do:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- First :** The development of acquaintance as an opportunity for Service;
- Second :** High Ethical standards in business and professions; the Recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- Third :** The application of the ideal of service in each Rotarian's personal, business and community life;
- Fourth :** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

Song of the Day



NOW WE'RE TOGETHER

(Melody: Getting To Know Your from King and I)

Now we're together
Pasig Rotarians we all are
Getting together
As we Imagine Rotary
Happy to know that
Doing it our way but nicely
Service Above Self's our cup to tea
Now we're together
Pasig Rotarians we all are
When we're together
We get to share how we'll serve
Haven't you noticed
We all feel good and cheery
Because of all the wonderful and good
Deeds we'll keep on doing
Day by day.

(Lyrics adaptation by PP Peter)

From the President

Pres. Bong Paloma



Dear RCP,

Good afternoon.

Last Monday, we visited one of our partners, Tony Meloto (GK founder), at his San Jose Batangas Farm – Paraiso Farm. Established in 2018, this 8.8-hectare multipurpose development is built with modest villa-style accommodations, recreational facilities, a chapel, and a multipurpose hall amid agricultural lands and animal farms. He is now a farmer, and Paraiso farm is a place of respite and leisure for the elderly where they can enjoy each other's company, commune with nature, and play mahjong under the trees.

Tony prepared a sumptuous lunch of Sinampalokang Manok, Talbos ng Kamote with Tomatoes, and grilled Tilapia from Taal. We had a good talk and he invited RC Pasig to send a contingent on Oct 1, where Paraiso will host 1000 Elderly as they host the first World Purpose Passion Pleasure for the Elderly.

Last week we also heard our very own HOF PP Conrad Cuesta sharing his 36 years Rotary journey. I hope the newbies will draw inspiration from his story, create their own journey, and find a purpose-driven life within our club. Stay tuned, and we will feature more senior members during our club assembly in the coming weeks and months.

Today we have another excellent speaker who will share her thoughts on how we can cultivate a love of country in our children.

From the President

Pres. Bong Paloma

Continuation 1.

We need to teach our young generation a sense of patriotism and the love of country. I hope that whatever we learn from her today, we can echo and apply them to our children and grandchildren for a better Philippines.

Thank you for joining us today, stay strong and healthy!

Bong

Rotary Notes

PP Benny P. De Guzman



The worst attendance this Rotary Year was last week. We were only 18 in the face to face and those in zoom with PP Esto coming in later, were fewer than usual. All in, we were less than 30. Pres Bong was naturally alarmed. He may call an emergency meeting after our meeting today. Let us give him our full support. It can be in the foundation itself. When a sponsor gets a prospective candidate for membership, he must make the two basic MUSTS be implanted, ATTENDANCE and PAYMENT OF DUES. If you can attend every now but not the suggested weekly meeting and you can't pay your dues on installments even with great delays, you are giving the club a disservice. I stressed to Pres Bong that if a Rotarian is dropped for non-payment of his dues, he cannot join any other club in his lifetime, without first paying the dues in his former club even if incurred decades ago. For non-attendance, not one is dropped from the list especially if the dues are paid in due time. The Pangkat system is not doing its job.

Last Monday, 12 September, was a meaningful day for our club. Three from our club, Pres Bong, PRID Raffy and yours truly with PP Elmer Espiritu of upper Rizal Club went to visit the Paraiso Farms fo Gawad Kalinga founder, Tony Meloto in San Jose, Batangas. Productive elders are raising farm products efficiently marketed by Tony to affluent villages in Batangas and Metro Manila. We had a fruitful and inspiring visit to this creation of a farm village with a serenity garden, chapel and entertainment area and big, clean swimming pool and fresh farm foods with good brewed barako coffee. They even have small cottages that can accommodate four adults for visitors and those who would want to

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

have a similar one in their locality, He himself is not staying there but in nearby Sta. Elena near the golf course. But his success in his Gawad Kalinga was what prompted our Raffy to have a thorough interview over brandy. The four agreed to end the talk after the brandy was consumed with a locally made kimchi as pulutan. Raffy was so impressed he invited Tony to our Pasig Rotary GK Village after the repainting of the units are done this November.

To make the visit of Tony more enticing, the very generous Raffy committed his personal contribution of one million pesos in perpetuity annually until he goes. Tony based on his Gawad Kalinga success was invited to the Rotary Club of Manila where most of his donors for the Paraiso Farms are coming from and also from the mayors of many Batangas towns and a city. Once Tony received a million dollars for his Gawad Kalinga projects mentoring and he placed it back to his project. The two, Raffy and Tony recalled in a Rotary multi-district affair where many districts were to formally launch Rotary-Gawad Kalinga housing when PDG Jun Tambunting noticed all the PDGs were on stage and Raffy was still sitting by his lone self. When asked to go to the stage, Raffy said, “those are for those planning to build, I have done my part for Pasig”.

If our former Pasig police chief, Roman who was our member has gone due to his promotion, would the club not honor him as he goes? And our two nonagenarians, PPs Totoy and Peping who are celebrating their birthdays barely two weeks apart?

PP Topax was seen on viral to be well groomed and his sling conveniently covered. And now we heard PP Celso is entertaining going under the knife? Relax lang! Keep away from the hospitals.

Walking the Avenues

PP Jun C. Zafra



ROTARY PROJECTS AROUND THE GLOBE

September 2022

United States

While Silicon Valley is among the world's most affluent locales, hunger and income disparities strain food distribution programs in the area. For the past two years, the Rotary Club of Saratoga, California, has been a continuing presence at Martha's Kitchen, a soup kitchen in San Jose, where members prepare food once a month. The club coordinated the \$95,000 purchase of a refrigerated box truck so the facility could collect perishables and goods donated by organizations such as the Second Harvest of Silicon Valley, a food bank that covered half the truck's cost. "The soup kitchen itself does not have extensive storage facilities. The truck helps so food doesn't spoil," says Sangita Seshadri, immediate past president of the club. With \$3,000 contributed by the Rotary Club of Bangalore West, India, the project shows the power of international friendships. "Typically, people look at the developed countries giving to the developing countries," Seshadri says. "There is need all over, and when we talk about partnerships, it is both ways."

Brazil

A year after some of its members participated in their municipality's inaugural road rally, the Rotary Club of Campo Novo do Parecis ventured into a bigger role as a principal driver of the event. The Travessia do Parecis, held in April, followed a roughly 120-mile route in the west-central state of Mato Grosso, with 87 vehicles and 261 motorists participating.

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

“The setting for the event is full of natural beauty — spectacular waterfalls, rivers with crystal clear waters — and indigenous culture,” says Adriano Paz, a club member and organizer who, with his wife, Heloisa, finished second at the intermediate level. About 35 of the club’s 44 members handled food and beverage chores to help the club raise more than \$4,200.

Sri Lanka

The Rotaract Club of Colombo celebrated its 52nd anniversary by completing 52 projects during the 2021-22 Rotary year. In March, to finish 10 of them, the Rotaractors boarded a bus for a 30-hour drive. The Charity Bus, as the decade-old project is known, delivered books to a school library, heaters to a wildlife rehabilitation center, an electric oven to a skills development center, a rice cooker to a children’s residence, and rations and other products to homes that serve children and older adults. The group installed plastic recycling bins along a beach and planted trees to help prevent erosion and nurture turtle hatchlings. The initiatives are funded by current and past club members, families, and businesses. “We have developed a culture of building a network of generous well-wishers as opposed to holding fundraisers,” says Chedliya Ishak, immediate past president.

France

For nearly a decade, the Rotaract Club of Tours has raised money for a rotating slate of charities through regular sales of baskets containing a croissant, a pain au chocolat, a tea bag, honey, and a surprise treat. During the 2021-22 Rotary year, the club sold 852 baskets to generate about \$4,700 for the Sapeurs-Lipopette

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

Association, a firefighters charity that provides stuffed animals and other gifts for pediatric patients. The club obtained the baskets' items for free from six donor businesses. Most of the Tours club members participate in the effort, and other area clubs, including the Rotary Club of Tours Plumereau, assist with the deliveries. Local Rotarians also take delight in purchasing the baskets. "It is a collective effort and a beautiful project that is truly making an impact in our city," says Léonore Afif, immediate past president of the club.

Italy

The Rotaract Club of Fiorenzuola d'Arda partnered with municipal officials and the Rotary clubs of Fiorenzuola d'Arda, Cortemaggiore Pallavicino, and Piacenza S. Antonino to challenge high school students to propose environmentally sustainable projects that city leaders could implement. Dozens of students of the Mattei Institute vied for cash prizes in the (Rotar)Act for Nature. Rotaractors served as tutors for the process, says Guido Bosi, the club's immediate past president. "First place, and €500 [about \$550 at the time], went to a project to rehabilitate Lucca Park," Bosi says, noting that jurors were impressed with the students' research incorporating existing park plans into their proposal.

This story originally appeared in the September 2022 issue of Rotary magazine.

Our Guest Speaker



DR. ANI ROSA ALMARIO-DAVID

Dr. Ani Rosa Almario is the School Director and Co-Founder of the Raya School, a progressive school that aims to develop a sense of country in its students. She is also the Vice President for Product Development of Adarna House, the country's first and largest children's book publishing firm. She has a masters degree in Learning, Design and Technology from Stanford University and a doctorate in Curriculum Studies from UP Diliman. She currently lectures in UP Diliman and Miriam College.

Tinig Tidbits

By: PP Peter M. Javier



FASCINATING SCIENCE FACTS

1. Babies have around 100 more bones than adults.

Newborn babies have around 305 bones. That's 100 more bones than adult human skeleton. As they grow up, some of their bones fuse together to form one bone in a process called ossification.

2. The average person walks the equivalent of three times around the world in their lifetime.

An average adult takes around 7,500 steps per day and will walk 120,700 km over their lifetime. That's the equivalent of travelling around the world three times.

3. The human stomach can dissolve razor blades.

If you accidentally end up swallowing a razor blade, don't panic. Our stomach acids are so strong that they can dissolve razor blades.

4. There are more trees on the planet than stars in the galaxy.

NASA estimates that there are approximately 100 to 400 billion stars in the Milky Way galaxy. Pretty incredible, isn't it? But that number pales in comparison to the number of trees on planet Earth. According to a tally by an international team of scientists, the total number of trees on the planet amounts to 3.04 trillion.

5. Bananas are radioactive.

We already know that bananas have naturally high levels of

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

potassium. But you're probably not aware that a small fraction of all potassium is radioactive. According to the United States Environmental Protection Agency, each banana can emit 0.1 millirem (0.1 microsieverts) of radiation. No need to worry, though. This is a very small amount of radiation. To be affected by radiation poisoning, you would need to eat 10,000,000 bananas at once.

(From BabaMail)

Rotarian's Scholarship Pledges RY 2022-2023

As of September 15, 2022

1. Anonymous	50k Pd
2. Anonymous	50k Pd
3. PP Ner Laino	25k Pd
4. PP Conrad Cuesta	25k Pd
5. Rtn Manfred Guangko	25k Pd
6. PP Jun Zafra	12k
7. PP Peter Javier	12k
8. Rtn Henry Claravall	6k Pd
9. Rtn Mads Bengua	6k Pd
10. Rtn Ato Basco	6k Pd
11. Rtn Richard Berganos	6k Pd
12. Rtn Gary Ona	5k Pd
13. PP Celso Ylagan	6k Pd
14. Rtn Nicky Ty	6k
15. Rtn Sammy Lazo	6k
16. PP Vic Lim	6k
17. Rtn Noel Go	6k
18. PP Ferd Rivera	6k
19. Rtn Philip Yoon	6k
20. PP Hermie Orbe	6k
21. PP Tito Henson	6k

Climpses of Our Last Meeting



IATP Bong calls meeting to order with IPP Garrick as emcee. Rtn Bernard leads invocation.



IPP Garrick leads singing of Pambansang Awit. Rtn Mads recites 4-Way Test.



PP John introduces visiting Rtn Martin Scheneider & guest Ernie Mascanon.

Climpses of Our Last Meeting



Pangkat 3 singing Beatles' Let It Be with lyrics adaptation by PP Rene.



PP Benny reminder on visit to Paraiso Farms. PP Celso on traffic rerouting due subway construction. Fining by HOF/PP Peter.



It's IATP Bong's time. PP John does charging of Peter Pancho.

Climpses of Our Last Meeting



IATP Bong administers oath of membership. Pinning by sponsor IPP Garrick.



A welcome handshake from PP Peping. HOF/PP Conrad shares his Rotary life.



Comments from PP Bert & Dir Dodie. Adjournment by IATP Bong.

Pangkat Members RY 2022 - 2023

PANGKAT NO. 1

1. Pres Bong Paloma - Leader

2. PP Jun Zafra - Co-L
3. Rtn Jay Bautista
4. Rtn Nesty Carolina
5. PP Conrad Cuesta
6. Rtn Nico David
7. Rtn Rovic De Jesus
8. Rtn. Rtn Tony Diaz
9. Rtn Roehl Fontanilla
10. Rtn. Noel Go
11. Rtn Sammy Lazo
12. PP Esto Lichauco
13. Rtn Demy Magpantay
14. Rtn Gene Menor
15. PP Hermie Orbe
16. Rtn Bart Ronquillo
17. Rtn Vico Sotto

PANGKAT NO. 3

1. Dir. Jake Oh – Leader

2. IPP Garrick Ang – Co-L
3. Rtn Mads Bengua
4. Rtn Dickson Berberabe
5. Rtn Benard Bobadilla
6. PP Rene Bocaya
7. Rtn Carlo Doce
8. Rtn Phillip Go
9. Rtn Manfred Guangko
10. Rtn Marlo Guillano
11. PP Peter Javier

PANGKAT NO. 2

1. Dir. Bernard Dy - Leader

2. Dir. Tet Mallare- Co-L
3. Rtn Henry Claravall
4. PP Topax Colayco
5. PP Benny de Guzman
6. Rtn Flor de Pano
7. Rtn Gerard Estrada
8. Rtn Vince Ermita
9. PRID Raffy Garcia III
10. Rtn. Chony Gimenez
11. Rtn Edison Go
12. PP Ner Laino
13. Rtn Ferdie Legaspi
14. Rtn. Rod Moreno
15. Rtn Fr. Kell Ortega
16. Rtn Roman Romulo
17. Rtn Nicky Ty

12. Rtn. Dante Lardizabal

13. Rtn Nilo Ocampo
14. PP Arjan Raqmmani
15. PP Sonny Samson
16. Rtn. Jeffrey Sonora
17. Rtn. Philip Yoon

Pangkat Members RY 2022 - 2023

Continuation 1.

PANGKAT NO. 4

- 1. Dir. Ato basco – Leader**
2. Dir. Dekdek Paloma-Co L
3. PP Bert Albano
4. Rtn Fr. Vincent Amores
5. Rtn Richard Berganos
6. Rtn Pal Bolivar
7. PP Toti Buhain
8. PP RJ Ermita
9. PP Ramy Garcia IV
10. Rtn Cesar Lacuna
11. PP Ogie Lim
12. PP Peping Mabanta
13. Rtn Albert Mendiola
14. Rtn Gary Ona
15. Rtn Rebo Saguisag
16. Rtn Ping Tan
17. Rtn Roland Vasquez

PANGKAT NO. 5

- 1. Dir. Roy Quejada -Leader**
2. PP John Javier – Co-L
3. Rtn Dennis Albano
4. PP Jess Acantilado
5. PP Vic Aquino
6. PP Totoy Bartolome
7. Rtn Raj Cordova
8. Rtn Arnel Estaniel
9. PP Rel Gomez
10. PP Tito Henson
11. Rtn Dodot Jaworski
12. Rtn Bebert Lacuna
13. Rtn Ike Ona
14. Rtn Fr. Jojo Opinio
15. Rtn James Porter
16. Rtn Sonny Rivera
17. Rtn Jecko Santos

PANGKAT NO. 6

- 1. PE Adolf Aran – Leader**
2. Rtn Anson Tan - Co-L
3. Rtn Roman Arugay
4. Rtn Oyie Averilla
5. Rtn Ben Baniel
6. Rtn Chito Bernardo
7. Rtn Johan De Guzman
8. PP Nick Guzman
9. Rtn Charlie Jaramillo
10. Rtn Alex Lacson
11. PP Vic Lim

12. Rtn. Peter Pancho
13. Rtn Charles Reyes
14. PP Ferd Rivera
15. PP Henry Uy
16. Rtn Stephen Valera
17. PP Celso Ylagan

Officers and Directors

ROTARY CLUB OF PASIG (RY 2022-2023)

President	Josefino “Bong” M. Paloma
Vice President/PE	Adolfo “Adolf” de Jesus Aran
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. Joaquin “Jake” Oh

DIRECTOR:

Club Administration	Rtn. Roy Marvin “Roy” Quejada
Membership	Rtn. Bernard “Bernard” C. Dy
Public Relations	Rtn. Marthony “Ato” Basco
Service Community	Rtn. Saturnino “Tet” G. Mallare III
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	Rtn. Roderick “Dekdek” C. Paloma
Ex-Officio	IPP Garrick “Garrick” L. Ang

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present27

% of Attendance (09/08/22).....27%

Birthday Celebrants for the Month of September 2022

Wedding Anniversaries for the Month of September 2022

Guest and Visiting Rotarians

1. Peter Pancho, Host: IPP Garrick Ang
2. Ernie Mascenon, Host: IPP Garrick Ang
3. Martin Scheneider, RC Kusnacht-Zurich Switzerland

Editorial Staff

TINIG STAFF RY 2022-2023	FEATURE WRITERS	
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ROY QUEJADA Club Bulletin Admin.	BENJAMIN P. DE GUZMAN Rotary Notes	JUN C. ZAFRA, JR. Walking the Avenues RTN. FR. KELL ORTEGA RTN. FR. JOJO OPINIO RTN. FR. VINCENT AMORES Invocation

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____



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