

Rotary



Rotary Opens
Opportunities

27 MAY 2021
Rotary Year 2020-2021

TINIG

The Official Newsletter of the Rotary Club of Pasig



ALEJANDRO BIMBO F. DIAZ, MD,FPNA



ROTARY CLUB OF PASIG



Tinig Newsletter

May 27, 2021

Today's Programme

Virtual Meeting via Zoom

May 27, 2021, 12:30 P.M

Pangkat No. 5 Leader PP/Dir. Jun Zafra

| | |
|--|--------------------------|
| Call to Order | Pres. RJ Ermita |
| Invocation | Rtn. Ray Armas |
| National Anthem | Recorded |
| FOUR-WAY TEST | Rtn. Jecko Santos |
| Introduction of Visiting Rotarians & Guests | Rtn. Dennis Albano |
| Community Singing | Rtn. Johansson de Guzman |
| Wise or Otherwise | |
| Fining Moments | PP Jun Zafra |
| President's Time | Pres. RJ Ermita |
| Introduction of Guest Speaker | PP Rene Bocaya |

ALEJANDRO BIMBO F. DIAZ, MD,FPNA

Topic: "Hypertension, The Silent Killer How to deal with it.."

GUEST SPEAKER

| | |
|-------------|-----------------|
| Open Forum | |
| Adjournment | Pres. RJ Ermita |

Rtn. Vince Ermita
Emcee



ROTARY CLUB OF PASIG



Tinig Newsletter

May 27, 2021

Invocation



Heavenly Father, we praise and glorify your Name. As we lift to you our offer of praise, we lift to you our prayers from our hearts. We pray for all our loved ones. We pray for all our sick brothers and sisters. And we pray for our country. This we offer through Christ our Lord.

Amen

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
 2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng kinauukulan?
 3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKIPAGKAIBIGAN**?
 4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?
-

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay ***“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT*** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod

Song of the Day



IT'S THE 4-WAY TEST

(Tune: It's The Real Thing)

We'd like to help Pilipinos live
In perfect harmony
We'd like to help Pilipinos grow
As honest as can be.

The 4-Way Test is what we offer
To guide their way through life
It teaches them to tell the truth
And not to tell a lie.

Refrain:

It's the 4-Way Test
It's Rotary's way
We're all proud to say
It's the 4-Way Test

We'd like to help Philippines grow
In the most beneficial ways
And bring Pilipinos all together
In harmony and peace.

The 4-Way Test is what we offer
To bind them all as one.
They'll cherish truth as their ideal
Put lying out of mind

(Repeat Refrain)

(Adaptation from It's The Real Thing for Rotary by PP Peter)

From the President

Pres. RJ Ermita



A pleasant afternoon to all Pasig Rotarians!

In today's meeting, we will have a guest speaker who will talk about the "Silent Killer" or hypertension which is a common disease among many individuals of our age. The past year, we focused all our attention to Covid19, yet we may not be aware that aside from the virus itself, perhaps the anxiety and stress caused by it, has affected our body in other adverse ways. We are hoping for an interesting and enlightening talk this afternoon.

May I once again remind our members to update your payment of membership dues. The Rotary year is about to end and we, as responsible Pasig Rotarians, should make sure that we will not leave any outstanding payables to the club as a way of welcoming our new team led by PE Garrick Ang. Edgar and I, will be sending reminders to each of you this month end. Let us work on getting them all settled by within the month of June please.

On our 50th year, we remain..

Yours in Rotary,

RJ Ermita

Rotary Notes

PP Benny P. De Guzman



Our Pangkat 6 has been active in club programs and our head, Rtn Bart was asked by a member if he must be called a PP, which truthfully he claimed he is not yet one. It may take a while now as he was to be the next club president when he begged off. His Pangkat is nevertheless a truly busy one. And PP Henry Uy, a returning Rotarian with a PP before his name enriched the Pangkat further. In fact, our Monday discussions oftentimes extend more than the regular Thursday meetings

It was a very fruitful meeting last week when our scholars and faculty members at Rizal High School joined our zoom meeting. The reason is because one of their best graduates was our honored speaker. Why her vitae is so rich with very nice positions currently held and also in the past that IsangBayan may not have to look for other names but just draft her even for the presidency. I do not know is she was a speaker of our club decades ago. Not trivial but very important is her recognition of events in her time. If I am not mistaken, the De la Paz always with her name is to honor her first husband who must have died about a decade ago. Both of them were achievers. The long list of those she named who graduated from that very good school she came included our PP Sonny. Today's birthday boy PP Sonny is a proud product of Rizal High School and a very generous annual granter of our scholarship program. The open forum was very encouraging too that even if after the last question, another last one was added.

From amongst us, there must have been a generous contributor to PGH for the recent fire that hit the hospital. PRID Raffy posted in his Facebook one of the hero nurses who saved so many babies with not one having a relapse or getting more ill. The one he

Rotary Notes

PP Benny P. De Guzman

Continuation 1.

featured was very beautiful. Or did our generous PRID select the prettiest to be awarded? Pag magaaward ka, di sa pinakamaganda na.

As of last week, per Pres RJ, we are still short of 7 to reach our 100th member. PVP Louie Orosa who died earlier was already counted out and newly reinducted PP Henry became the 94th member. PPs Al Po, Val Chua, Del Viola, Romy Manuel, Bert Blancaflor and Ducky Paredes may easily fit in as there will be no need for the required meetings to attend and the orientation. We need only point guys. If we get PP Romy, his nephew PP Ed Bolinao may come back. Former Rtn Andy Tan whose two sisters are so active as past presidents of sister clubs and even in district affairs may be tapped by our leaders to come back. PPs Pilar and Liza are active also in Red Cross. For the golfers, Andy just picked up the game and if you need a fresh baka, you get him in.

Did you realize that we have lost 11 doctors of medicine from our membership over the 50 years? That should make them the most number in all the classifications. When I said lost, I meant “deadbol”. The others went out but their practices cannot make them rejoin are former Rotarians Butch Jocson (whose dad was a PDG in the Visayas), Alex Reyes, Jack Arroyo and there must have been 2 more from Medical City. We have Dir Sonny who used to be a city councilor and before, former Rotarians Atoy Co and Obet Barreto. Easy to get 100. Last call na ito.

Walking the Avenues

PP Jun C. Zafra



ROTARY MEMBERS IN ITALY APPLY EXPERTISE TO ASSIST IN COVID-19 VACCINATIONS

“We End COVID” initiative draws on volunteers’ diverse skills to support vaccination campaign in Italy’s Verona region

by Ryan Hyland

Riccardo De Paola knew that as Italy’s supply of COVID-19 vaccine doses increased, more people would be needed to administer the shots and staff vaccination sites. He started contacting medical directors in the Verona region about how Rotary clubs could be ready to help — and began mobilizing a volunteer force that has since become a critical government partner.

De Paola, a past governor of Rotary District 2060 (Italy), says the dozen medical directors he talked to in late 2020 all echoed the same refrain: They desperately needed volunteer help to get vaccination sites up and running. De Paola coordinated with the current district governor, Diego Vianello, to recruit volunteers from the region’s 91 Rotary clubs.

“Our members work in so many professions, with deep and diverse expertise. We wanted our volunteers to use their skills in the best way possible,” says De Paola, a founding member of the Rotary Club of Marco Polo Passport D2060, which was chartered in July 2020 with the specific purpose of carrying out coronavirus-related service.

Within a week of the initial call for volunteers in January 2021, more than 150 Rotarians and Rotaractors had stepped forward.

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

The group included several current and retired doctors, nurses, and paramedics. The volunteers were vaccinated and trained in specific health protocols, which vary from city to city.

Some volunteers had to purchase insurance to be able to administer the vaccine. A task force De Paola and Vianello set up worked with insurance brokers to obtain coverage for four retired doctors at a cost of about \$300 each. The task force also established a group of volunteer lawyers to review agreements between various municipalities and the volunteers, providing legal support as needed.

“We even had a member who was a professional notary who could notarize the insurance papers and documents,” De Paola adds. “We weren’t just providing volunteers, we were providing our organization, our resources, our experience, and our reliability.”

Members typically teamed up in groups of four to work a morning or afternoon shift, logging patient names in a database, coordinating with other volunteers and, if they were qualified, administering shots.

Impressed with how quickly and efficiently the Rotary members had mobilized, medical authorities in Verona put the Rotary district in charge of all COVID-19 vaccine volunteer activities in the region, including scheduling patients, assigning shifts, and reporting data.

De Paola says the sanitary director for the city of Treviso credited Rotary with making it possible to increase the number of vaccinations and lauded Rotary members for helping officials reach an incredibly important goal.



Walking the Avenues

PP Jun C. Zafra

Continuation 2.

The task force's volunteer roster has grown to more than 700 people, representing more than 25,000 of hours worked that's worth over \$1 million, and more than 300,000 people in the region have been vaccinated as a result, De Paola says. Those numbers are expected to increase sharply when Italy ends its current lockdown, which was triggered by a deadly spike in COVID-19 cases in early February.

These efforts have been adopted by all Rotary districts in Italy. Inspired by Rotary's "End Polio Now" campaign, De Paola and Vianello call their initiative "We End COVID." All volunteers at the vaccination sites, including nonmembers, wear "We End COVID" badges and pins with Rotary branding.

Vianello says Rotary's involvement in this historic effort has greatly increased the public's awareness of the organization.

"We End COVID' has been a great boost for us. Communities are seeing the impact Rotary is having," he says. "Our clubs have a new energy."

Our Guest Speaker



ALEJANDRO BIMBO F. DIAZ, MD,FPNA

- Associate Professor, Department of Neurosciences and Behavioral
- Medicine, UST Faculty of Medicine and Surgery
- Fellow, Philippine Neurological Association
- Treasurer, Philippine Society of Hypertension
- Vice President, Philippine Society of Clinical Neurophysiology
- Past Vice Chair for Internal Affairs USTH Department of Neurology and Psychiatry
- Member, Stroke and Neuromuscular Councils, Philippine Neurological Association
- Chair, Technical Writing Group for HTN Management in Stroke PSH CPG
- Country Leader, May Measurement Month 2021
- Hospital Affiliation – SLMC QC, SJDH, USTH

Tinig Tidbits

By: PP Peter M. Javier



THE WORST PREDICTIONS IN HISTORY

- Rock n' roll? It will be gone by June. (Variety magazine, 1955)
- The Beatles have no future in show business. (A Decca Records executive, 1962)
- Remote shopping, while entirely feasible, will flop. (Time magazine, 1968)
- Democracy will be dead by 1950 (John Langdon Davies, A Short History of the Future, 1936)
- It will be years – not in my time – before a woman becomes Prime Minister. (Margaret Thatcher, 1969)
- You will be home before the leaves have fallen from the trees.,(Kaiser Wilhelm II at the outset of World War One, August, 1914)
- We can close the books on infectious diseases. (Surgeon General of US William Stewart, 1969)
- Rail travel at high speed is not possible because passengers, unable to breath, will die of asphyxia (Dr. Dionysys Larder, science writer & academic, 1828)
- There is no likelihood man can ever tap the power of the atom. (Robert Millikan, physicist & Nobel Prize winner, 1928)
- A rocket will never be able to leave the Earth's atmosphere. (New York Times, 1936)
- I predict the internet will soon go spectacularly supernova and in 1996 catastrophically collapse. (Robert Metcalfe, inventor of Ethernet, 1995)
- The horse is here to stay but the automobile is only a novelty –

Tinig Tidbits

By: PP Peter M. Javier

Continuation 1.

a fad. (president of Michigan Savings Bank, 1903)

- The telephone has too many shortcomings to be seriously considered as a means of communication. (William Orton, president of Western Union, 1876)
- The cinema is little more than a fad. It's canned drama. What audiences really want to see is flesh and blood on the stage. (Charlie Chaplin, 1916)
- The idea that cavalry will be replaced by these iron coaches is absurd. (An aide to a British Field Marshal Haig following a tank demonstration, 1916)
- Feeling around with alternating current is just a waste of time. Nobody will use it, ever. (Thomas Edison, 1889)
- Television won't last. It's a flash in the pan. (Mary Somerville, pioneer of radio educational broadcasts, 1948)
- Next Christmas the iPod will be dead, finished, gone, kaput. (Alan Sugar, 2005)
- Computers in the future may weigh no more than 1.5 tons. (Popular Mechanics, 1949)
- Using Twitter for literate communications is about as likely as firing up a CB radio and hearing some guy recite The Iliad (Sci-fi writer, 2007)
- There's no chance that the iPhone is going to get any significant market share. No chance. (Microsoft CEO Steve Balmer, 2007)

(From BabaMail)



ROTARY CLUB OF PASIG



Tinig Newsletter

May 27, 2021

Rotarians' Scholarship Pledges RY 2020 - 2021

Scholarship Pledges

| | |
|--------------------|-----------|
| Anonymous | 10 – Paid |
| Anonymous | 8 – Paid |
| PP Ner Laiño | 6 – Paid |
| Garrick & Bernard | 12 – Paid |
| PP Conrad Cuesta | 3 |
| PP Peping Mabanta | 2 – Paid |
| Pres. RJ Ermita | 2 – Paid |
| PP Rel Gomez | 2 – Paid |
| Rtn. Flor de Pano | 1 – Paid |
| PP Jess Acantilado | 1 |
| PP John Javier | 1 – Paid |
| Rtn Roy Quejada | 1 – Paid |
| PP Peter Javier | 1 – Paid |
| Rtn Gary Ona | 1 – Paid |
| Rtn Bong Paloma | 1 – Paid |
| Rtn Bart Ronquillo | 1 – Paid |
| PP Ed Lucero | 1 – Paid |
| Rtn Jake Oh | 1 – Paid |
| PP Vic Lim | 1 – Paid |
| PP Rhett Ermita | 1 |
| Rtn Pal Bolivar | 1 – Paid |

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

PANGKAT MEMBERS RY 2020 – 2021

PANGKAT NO. 1

- 1. Pres. RJ Ermita - Leader**
2. Tony Diaz – Co-Leader
3. Ner Laino
4. Jing Jose
5. Rene Bocaya
6. Celso Ylagan
7. Leo Barbo
8. Philip Yoon
9. Arjan Ramnani
10. Marlo Guillano
11. Manfred Guangko
12. Sonny Samson
13. Jay Bautista
14. Nilo Ocampo

PANGKAT NO. 2

- 1. John Javier - Leader**
2. Nicky Ty –Co-Leader
3. Peping Mabanta
4. Ogie Lim
5. Nick de Guzman
6. Vico Sotto
7. Sonny Rivera
8. Ben Baniel
9. Raffy Garcia III
10. Ramy Garcia IV
11. Garrick Ang
12. Ferd Rivera
13. Johan Ramos
14. Roland Vasquez
15. Rtn. Dickson Berberabe
16. Rtn. Tet Mallare

PANGKAT NO. 3

- 1. Ed Lucero - Leader**
2. Bong Paloma – Co-Leader
3. Wowie Benitez
4. Noel Go
5. Conrad Cuesta
6. Louie Orosa
7. Nesty Carolina
8. Esto Lichauco
9. Rhett Ermita
10. Peter Javier
11. Sammy Lazo
12. Gerard Estrada
13. Ato Basco
14. Jake Oh
15. Rtn. Bernard Bobadilla
16. Rtn. Gary Ona

PANGKAT NO. 4

- 1. Rel Gomez - Leader**
2. Ed Evangelista- Co-Leader
3. Toti Buhain
4. Bert Albano
5. Raj Cordova
6. Vic Aquino
7. James Porter
8. Chito Bernardo
9. Alex Lacson
10. Ping Tan
11. Pal Bolivar
12. Carlo Doce
13. Allan Almazar
14. Rtn. Arnel Condicion
15. Rtn. Dekdek Paloma

**PANGKAT MEMBERS
RY 2020 – 2021**

Continuation 1.

PANGKAT NO. 5

- 1. Jun Zafra - Leader**
2. Jecko Santos – Co-Leader
3. Ray Armas
4. Bebert Lacuna
5. Dennis Albano
6. Totoy Bartolome
7. Arnel Estaniel
8. Hermie Orbe
9. Vic Lim
10. Nick Guzman
11. Tito Henson
12. Johansson de Guzman
13. Vince Ermita
14. Rtn. Cesar Lacuna
15. Rtn. Roy Quejada
16. Jeffrey Sonora
17. Roehl Fontanilla

PANGKAT NO. 6

- 1. Bart Ronquillo - Leader**
2. Adolf Aran – Co-Leader
3. Ike Ona
4. Kell Ortega
5. Benny de Guzman
6. Albert Mendiola
7. Edison Go
8. Flor de Pano
9. Topax Colayco
10. Roman Romulo
11. Chony Gimenez
12. Jess Acantilado
13. Nico David
14. Oyie Averilla
15. Rtn. Ferdie Legaspi
16. Rod Moreno
17. Henry Uy

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present42
% of Attendance (05/20/21).....45%

Guest and Visiting Rotarians

1. Mr. Gilbert Inocencio, RHS Principal
2. Ella Mae Leonidas, RHS Scholar
3. Charito Ambay, RHS Scholar
4. Marie Kristine Sion, RHS Scholar
5. Bryce Hamet Ballagbis, RHS Scholar



From the Secretary's Desk

Continuation 1.

6. Kyla Salvador, RHS Scholar
7. John Philip Nadala, RHS Scholar
8. Gian Famador, RHS Scholar
9. Nataniel Ducay, RHS Scholar
10. Juan Miguel Cabugguang, RHS Scholar
11. Vivian Abuan, RHS Scholar
12. Noel Florendo, RHS Scholar
13. Emma Gonzalvo, RHS Scholar
14. Nora Talag, RHS Scholar
15. Beth Villabroza, RHS Scholar
16. Shane Picardal, RHS Scholar
17. Revie Santos, RHS Scholar
18. Joan Rosario, RHS Scholar
19. Brithey Unilongo, RHS Scholar
20. Marivic D. Lising, RHS Scholar



ROTARY CLUB OF PASIG



Tinig Newsletter

May 27, 2021

Officers and Directors

ROTARY CLUB OF PASIG (RY 2020-2021)

| | |
|--------------------------|------------------------------------|
| President | Renato Carlos “RJ” H. Ermita, Jr. |
| Vice President/PE | Roberto “Bart” C. Ronquillo |
| Club Secretary | PP Peter John “John” U. Javier |
| Treasurer | Rtn. James Philip Roland V. Porter |

DIRECTOR:

| | |
|------------------------------|------------------------------------|
| Club Administration | PP Rogelio “Ogie” S. P. Lim |
| Membership | PP Aurelio “Rel” L. Gomez |
| Public Relations | Rtn. Garrick “Garrick” L. Ang |
| Service Community | Rtn. Francisco “Sonny” D.C. Rivera |
| The Rotary Foundation | PP Marcelo “Jun” C. Zafra, Jr. |
| Youth Service | PP Roy Eduardo “Ed” T. Lucero |
| Ex-Officio | IPP Nick “Nick” C. Guzman |

Advisers:

HOF/PP Rhett Ermita
PP Conrad Cuesta
Rtn. Ike Ona



Editorial Staff

| TINIG STAFF RY 2020-2021 | FEATURE WRITERS | |
|----------------------------------|--|--|
| | RJ ERMITA From the President | JOHN JAVIER Secretary's Desk |
| PETER JAVIER Editor in Chief | BENJAMIN P. DE GUZMAN Rotary Notes | JUN C. ZAFRA, JR. Walking the Avenues |
| OGIE LIM Club Bulletin Admin. | PETER M. JAVIER Tinig Tidbits | RTN. FR. KELL ORTEGA Invocation |

Website: www.rcpasig.org

Email : rcpasig@hotmail.com

Secretariat Office: Ylagan Law Office
Unit 809, City & Land Mega Plaza
ADB Avenue Corner Garnet Road
Ortigas Center, Pasig City Tel. No. 635-2234

Edgar Manalang: 0927-9414528; rcpasig@hotmail.com

MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

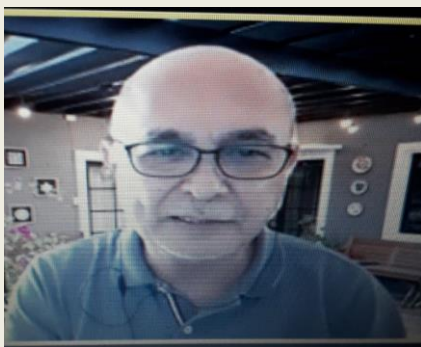
Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____

Glimpses of Our Last Meeting



TP Rj starts hus 41st meeting which PP Jun emcees



Rtn Jeffrey leads the invocation. Rtn Roehl recites Apat Na Urian Rotaryo



PP Hermie introduces visiting Rotarians & guests Rtn Bebert does the fining

Glimpses of Our Last Meeting



PP John reports on the ayuda & donation to fire victims Rtn Adolf on livelihood seminar for coop members

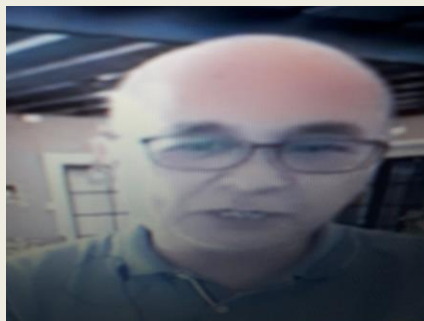


TP Rj on campaign for 100 members PP Vic introduces Corazon De la Paz – Bernardo

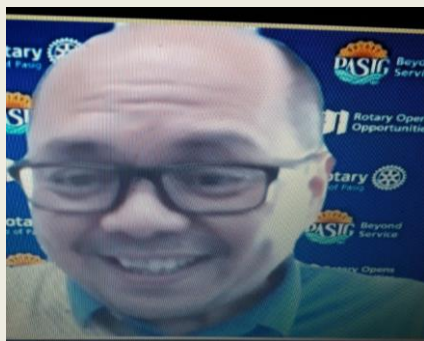
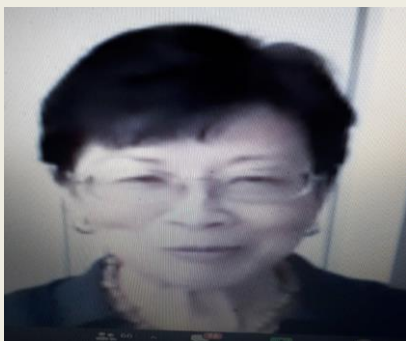


who talks nostalgically of Rizal High and on long term effects of the pandemic

Glimpses of Our Last Meeting



Questions are from PP Bert on PhilHealth and from Rtn Roehl on urban poverty



A happy thank you from TP Rj before adjourning meeting

