



Rotary



Rotary Opens
Opportunities

24 SEPTEMBER 2020
Rotary Year 2020-2021

TINIG

The Official Newsletter of the Rotary Club of Pasig



Ms. Karen Tanchanco-Caballero





ROTARY CLUB OF PASIG



Tinig Newsletter

September 24, 2020

Today's Programme

Virtual Meeting via Zoom
September 24, 2020 12:30 – 2:00 PM
Pangkat No. 3 Leader PP Ed Lucero

Call to Order	Pres. RJ Ermita
Invocation	Rtn. Sammy Lazo
National Anthem	Rtn. Noel Go
FOUR-WAY TEST	Rtn. Ato Basco
Introduction of Visiting Rotarians & Guests	PP Conrad Cuesta
Community Singing	Rtn. Bong Paloma
Fining Moments	PP Peter Javier
Wise or Otherwise	
President's Time	Pres. RJ Ermita
Introduction of Guest Speaker	Rtn. Adolf Aran

MS. KAREN TANCHANCO-CABALLERO
President, Pilipinas Sepaktakraw Association Inc.
GUEST SPEAKER

Open Forum	
Adjournment	Pres. RJ Ermita

PP Ed Lucero
Emcee

BASIC EDUCATION AND LITERACY MONTH

Invocation



All-powerful and ever-living God, with you there is no darkness, from you nothing is hidden. Fill us with radiance of your light: may we understand the law you have given us and live it with generosity and faith.

Grant this through Christ our Lord.

Amen.

APAT NA URIAN NG ROTARYO

ng mga bagay na ating iniisip, sinasabi o ginagawa:

1. Iyon ba ang **KATOTOHANAN**?
2. Iyon ba ay **MAKATARUNGAN** para sa lahat ng kinauukulan?
3. Iyon ba ay lilikha ng **MABUTING KALOOBAN at LALONG MATAPAT NA PAKIKI-PAGKAIBIGAN**?
4. Iyon ba ay magiging **KAPAKI-PAKINABANG** para sa lahat ng kinauukulan?

Ang Layunin ng Rotaryo

Ang layunin ng Rotaryo ay ***“PASIGLAHIN AT IPUNLA ANG SIMULAIN NG PAGLILINGKOD BILANG BATAYAN NG ISANG GAWAIN KARAPAT-DAPAT*** at lalo’t higit pasiglahin at ipunla:

1. Ang pagpapaunlad ng pagsasama bilang pagkakataon sa paglilingkod.
2. Ang mataas na uri ng tuntunin sa pangangalakal at sa hanapbuhay, ang pagkilala sa kahalagahan ng gawain kapakipakinabang at ang pagbibigay dangal ng bawa’t Rotaryo sa kanyang hanapbuhay bilang pagkakataon upang makapaglingkod sa lipunan.
3. Ang pagsasakatuparan sa simulain ng paglilingkod sa bawa’t Rotaryo sa kanyang pansarili, pangkabuhayan at panglipunang pamumuhay.
4. Ang pag-unlad ng pagkakaunawaan, mabubuting kalooban at kapayapaan ng mga bansa sa pamamagitan ng isang pang-daigdig na kapatiran ng mga propesyonal na nabubuklod sa simulain ng paglilingkod.

Song of the Day



SEPTEMBER – Earth Wind & Fire

Do you remember the 21st night of September?
Love was changing the minds of pretenders
While chasing the clouds away

Our hearts were ringing
In the key that our souls were singing
As we danced in the night
Remember how the stars stole the night away

Hey hey hey
Ba de ya, say do you remember?
Ba de ya, dancing in September
Ba de ya, never was a cloudy day

Ba duda, ba duda, ba duda, badu
Ba duda, badu, ba duda, badu
Ba duda, badu, ba duda

My thoughts are with you
Holding hands with your heart to see you
Only blue talk and love
Remember how we knew love was here to stay
Now December found the love we shared in September
Only blue talk and love
Remember true love we share today

Hey hey hey
Ba de ya, say do you remember?

Song of the Day



Continuation 1.

Ba de ya, dancing in September
Ba de ya, never was a cloudy day

And we say
Ba de ya, say do you remember
Ba de ya, dancing in September
Ba de ya, golden dreams were shiny days

The bell was ringing, oh oh
Our souls were singing
Do you remember? never a cloudy day, yow

And we say
Ba de ya, say do you remember?
Ba de ya, dancing in September
Ba de ya, never was a cloudy day

And we say
Ba de ya, say do you remember?
Ba de ya, dancing in September
Ba de ya, golden dreams were shiny days

Ba de ya de ya de ya
Ba de ya de ya de ya
Ba de ya de ya de ya de ya

Ba de ya de ya de ya
Ba de ya de ya de ya
Ba de ya de ya

From the President

Pres. RJ Ermita



A Golden afternoon fellow Pasig Rotarians!

Last Monday, we were able to once again, make a difference in the lives of our young Pasiguenos as we turned over the 620 reams of A4 paper to the principal and faculty of Ilugin Elementary School. Our donation completes their requirement for the printing of learning modules to be sent to each student for the duration of the off campus, flexible learning, school year.

Present (face-to-face) during the turnover were Service director Sonny Rivera, PP John Javier, PP Jess Acantilado (who arrived in style on a Lambretta), Rtn. Bong Paloma and myself. Virtually (via zoom) present were PRID Raffy Garcia, PP Jun Zafra and Public Image director Garrick Ang.

We realize that for our future community projects, your virtual presence is possible in the new normal by having Zoom, Facebook Live, etc to allow all our members to see and appreciate all that the club is doing. So we will make sure to do this.

During the visit, we were also able to visit the Rotary Ilugin Community Center. Much repairs will have to be done in order to make it conducive to the needs of doctors, community volunteers and patients. We will be able to do all these repairs and refurbishments through the remaining funds of the Rotary Grant for that flagship project. Thank you to Dir. Sonny for taking the lead.

Next week we will finally have our Club turnover and Induction on Thursday, October 1, 2020 at 5pm via ZOOM. Your board has

From the President

Pres. RJ Ermita

Continuation 1.

prepared a simple surprise for you which we will be sending to your homes.

Thank you. On RC Pasig's 50th year, your Transforming Board and I remain...

Yours in Service,

RJ Ermita
President
RY 2020-2021

Rotary Notes

PP Benny P. De Guzman



Two very outstanding U.P. medical graduates led as to a great week. In death, irregardless of the distancing and other pandemic restrictions, a grateful hospital and his peers, gave former member, Tico Sarmiento, a great wake and given full honors. In the same venue where His spouse Jo also was given honors in the same venue in the hospital where he served the best years of his life. Rest in peace Tico, you will always be loved.

As strong as ever, PP Totoy spent his 94 years in physical well being. Called Father of Urology, he was honored by another hospital as he transferred his expertise to St Lukes but he was also a mainstay in the hospital where Tico shone the brightest. The best greetings out of so many came from PRID Raffy and PP Peping that he saved their lives. Both Raffy and Peping claimed Totoy made them always rise to important occasions. The choice of advisers of Pres RJ is a very good decision as two outstanding past presidents are returning to the fold. PPs Val Chua and Al Po are certainly prized recruits. I hope for real for both. For a while I thought Val was for joke only, i.e. to dish out viber jokes.

The many greeters for our lone Covid-19 victim, Kel Pascual was started by PRID Raffy and many followed suit. In a few days it will be his spouse Annie's birthday and the mass that I told the eldest son after the pandemic cannot as yet be held. Annie was down with the virus same day as Kel months ago but Kel died on the first day **lang** while Annie was in the hospital for three weeks. Luckily for PD Dennis and spouse Mercy, they did better. Remember PD Raj was the first one to fight it off successfully. Because of Zoom, PP Jimmy Ortigas of RC San Juan may make 100% attendance in our club, but his Ortigas is not included below



Rotary Notes

PP Benny P. De Guzman

Continuation 1.

his picture as he wants his complete name, plus his mother's Miranda surname. Would you not be amused that both he and PDG Mikey Ortigas have Miranda Ortigas, as full names and yet they are not brothers? Their moms were daughters of Miranda brothers. Remember the book store Miranda and Sons? I don't think they owned it as the name would have been Miranda y Hermanos.

At the way things are going with this Covid-19 all around the world, we cannot have our Memorial Services on October 29 and our 50th Anniversary in a truly meaningful actual affair. Even if physically distanced in a soccer field one evening?

When R.I. required new clubs to have mixed gender members upon chartering, and eventually urged existing clubs to accept lady members, we insisted NEVER, EVER to have ladies in our club. However, with a First Lady President of R.I., isn't it about time but after our 50th Anniversary celebration to open membership to ladies? After all, the Noblemen of Pasig Rotary are all noted to be ladies' men. The few instance of men's independence is now challenged. PRID Raffy wanted to inject this to our minds.

Walking the Avenues

PP Jun C. Zafra



WHAT IT'S LIKE TO SURVIVE THROUGH TWO PANDEMICS

Sixty-five years ago, in 1955, I was diagnosed with polio. I was two years old, so I was unaware of what it meant to have been infected with the poliovirus, but I became more aware of it in subtle ways as I got older. And at some point, I understood what my mother meant when she said I was “one of the lucky ones.”

My mother came from Jersey City, New Jersey, and she sounded like it all her life, aided and abetted by a daily regimen of unfiltered Kool cigarettes. She drove a supply truck as a civilian during World War II and delighted in telling a tale about a GI who tried to “get fresh” with her when she gave him a lift back to the base. When she told him she was married and her husband was deployed overseas, he said, “Baby, what’re you saving it for — the worms?”

She stopped the truck and told him, “Ride in back, buster!” I have no doubt that she used an expletive, although she never employed one in the retelling, Jersey accent notwithstanding. But she still thought “saving it for the worms” was the funniest line she had ever heard. She was a woman who could take things in stride, the quintessential “tough cookie.”

But there was one recollection that could unravel my mother like no other — the one that involved her youngest son being diagnosed with polio and the palpable fear that stalked parents across the country during the summers of the early 1950s. She could not stop her voice from cracking when she spoke about that time. That, along with her warnings about staying out of “polio

Walking the Avenues

PP Jun C. Zafra

Continuation 1.

puddles” after it rained, shaped my awareness of how frightening the epidemic had been.

Among my childhood memories, getting the oral polio vaccine is as vivid as the classroom drills that taught us to seek safety under our desks in case of a nuclear attack. While I can now joke about how sturdy school desks must have been back then, there’s no amusement in my recollection of lining up outside the local firehouse for the Sabin sugar cube — that was serious, important business. I knew it then, and I know it now.

My appreciation for having survived polio faded away over time, but returned in force about 12 years ago when I began writing for Rotary magazine. I had assumed polio had been eradicated — or, more accurately, I didn’t think about it. I have since had the opportunity to get to know, and be awed by, some of the Rotarian volunteers who are working to achieve that goal.

One of the lucky ones

Now, as the novel coronavirus makes its way across the world, I feel a renewed gratitude for what it means to be one of the lucky ones — and a deeper understanding of how terrifying life was for many people six decades ago. As a 67-year-old former smoker, I’m among those now considered vulnerable — I have two adult children to keep reminding me of that — but I’m also among the privileged. My wife and I are able to work from home, we live in a single-family house with creature comforts, and we can afford to practice social distancing with little sacrifice.

Although adults were not immune to polio — President Franklin D. Roosevelt famously contracted the disease at age 39 — most of its victims were young children. Today, COVID-19 appears to

Walking the Avenues

PP Jun C. Zafra

Continuation 2.

pose the most danger to people over 60 — that is, the same group that polio targeted 65 years ago. “There was a high level of fear in the country then, very similar to what we have now,” says Cort Vaughan, who is one of those volunteers I’m awed by. When we spoke in April, Vaughan and his wife, Tonya, had recently returned from participating in a polio vaccination campaign in India.

A member of the Rotary Club of Greater Bend, Oregon, and a past End Polio Now coordinator, Vaughan began his work on the polio front before he was even aware of it: He was a March of Dimes poster child in Riverside, California, when he was three years old. He still has a copy of an article from a local newspaper with a photo of him dressed as a cowboy guarding the spare change that people contributed during a fundraising drive in 1955.

Vaughan doesn’t remember contracting polio at age two in October 1954, but, he says, “I have clear memories of my parents relating stories about it, and I could feel the emotion in their voices about what they went through. For my mother, it was like she was reliving the fear and anxiety of having her child stricken with a potentially deadly disease. Their stories were so vivid, so palpable, they almost became my own memories.”

The darkest story starts with his mother discovering one morning that her toddler was suddenly unable to walk, calling the doctor, and rushing him to the hospital. “If you had to go to the hospital, there was a high probability of being crippled for life,” Vaughan says. “Once my parents took me there, it was out of their hands.” At that time, polio wards restricted visitors, and Vaughan’s mother was desperate to be with him. “She discovered a women’s group

Walking the Avenues

PP Jun C. Zafra

Continuation 3.

that was sending volunteers to hospitals. She joined the Junior League primarily to get to see me.”

Vaughan’s illness paralyzed his right leg from the knee down, requiring him to wear a brace and sentencing him to a childhood in which frequent trips to the hospital for physical therapy replaced playing outdoors with friends. “I didn’t feel lucky then, but looking back, now I do,” he says. He also believes that the knowledge that comes from living with the scars of polio has heightened his grasp of what is required to overcome the current pandemic. “I know what it’s like to face a hidden threat, and I understand the need for people to stay vigilant and work together to prevent the spread,” he says. “I was defending the stay-at-home order in Oregon early on, when friends and relatives were thinking it was not really serious.”

Breaking the silence around polio

If the term “tough cookie” ever makes it back into common parlance, Carol Ferguson could be its poster adult. It wasn’t until her late 40s that she realized the pain and muscle weakness she was experiencing were post-polio syndrome linked to contracting the virus four decades earlier. Six years ago, Ferguson enlisted the help of three other polio survivors and five friends to launch the Pennsylvania Polio Survivors Network, a volunteer advocacy organization that shares people’s stories, provides information about post-polio syndrome, and lobbies legislators to increase awareness of polio and of the need to prevent infectious diseases through immunization.

Ferguson, a member of the Rotary Club of Doylestown, Pennsylvania, and District 7430 PolioPlus subcommittee chair, says the stories she began hearing at the start of the first wave of COVID-19 bear an eerie resemblance to those her fellow polio

Walking the Avenues

PP Jun C. Zafra

Continuation 4.

survivors tell: a girl hospitalized at age five who remembers weekly visits from her parents during which she could only wave to them through a window; a two-year-old boy who was turned away from a hospital because no beds were available.

Ferguson's own story is revealing for what her parents didn't tell her. "When I was two years old, I had the 'summer gripe,' which we now know to be polio," she says. "Ten years later, a doctor examined me and said I had a 'polio foot.' That was the only time that word was mentioned. My mother lived to be 92, but she didn't speak about polio until shortly before she died. My father died having never spoken the word. I realize now that this is a reflection of the fear that they felt."

Ferguson feels no such need for silence. Earlier this year, she spearheaded an initiative, in partnership with the Pennsylvania Immunization Coalition and local Rotary clubs, to produce a vaccination information and resource card to distribute to new parents in the state.

When Jonas Salk announced the success of his historic vaccine trial in April 1955, there was widespread acceptance of the need for mass immunizations. At some point in the future, a modern-day Salk or Albert Sabin will emerge to announce a vaccine to control the spread of COVID-19. But it's anyone's guess how widely accepted that vaccine will be.

Although we now have the benefit of communications technology that people in the 1950s could hardly imagine, that technology can also allow misinformation — and disinformation — to spread as rapidly as a virus itself. Ferguson is hopeful that credible and accurate information about vaccines will prevail. Oh, do I hope she's right.

Meet Our Guest Speaker



MS. KAREN TANCHANCO-CABALLERO
President, Pilipinas Sepaktakraw Association Inc.

- First Woman Vice President of The Asian Sepaktakraw Federation (ASTAF) and the International Sepaktakraw Federation (ISTAF)
- Chair of Women in Sport Committee of ISTAF and ASTAF
- Vice Chair of Women in Sport Commission, The Philippine Olympic Committee
- Board Member of the Air Force Special Services Group, Multi-Sector Advisory Board focusing on Gender and Development and Sports and Athlete's Management and Program

Tinig Tidbits

By: PP Peter M. Javier



10 NEW WORDS THAT EMERGED DURING THIS COVID-19 PANDEMIC

- **BLURSDAY** – An unspecified day because of lockdown's disorientating effect on time.
- **RONA** – Also 'Miss Rona' as a shortening of the full name of the corona virus.
- **QUARANBAKING** – Therapeutic act of baking during lockdown.
- **DOOM-SCROLLING** – Constantly refreshing our newsfeeds for the latest news about the pandemic.
- **QUARANTINI** – A cocktail people drink at home while in quarantine during and because of the corona virus.
- **SPENDEMIC** – A tendency among people to overspend (*on online shopping*) or retail therapy at a time of crisis.
- **DRACULA COUGH & SNEEZE** – Imitate Dracula raising his cape to cover his face and sneeze in your elbow.
- **COVIDIOT** – Someone who disregards health and safety guidelines about the corona virus.
- **CORONAGEDDON** – The end-of-times condition created either by the actual corona virus or the massive devastation caused by it.
- **COVEXIT** – Relaxing the restrictions on the public imposed by government due to the corona virus crisis.

(From BabaMail)

PANGKAT MEMBERS FOR RY 2020 – 2021**PANGKAT NO. 1**

1. **Pres. RJ Ermita - Leader**
2. Tony Diaz – Co-Leader
3. Ner Laino
4. Jing Jose
5. Rene Bocaya
6. Celso Ylagan
7. Leo Barbo
8. Philip Yoon
9. Arjan Ramnani
10. Marlo Guillano
11. Manfred Guangko
12. Sonny Samson

PANGKAT NO. 2

1. **John Javier - Leader**
2. Nicky Ty –Co-Leader
3. Peping Mabanta
4. Ogie Lim
5. Nick de Guzman
6. Vico Sotto
7. Sonny Rivera
8. Ben Baniel
9. Raffy Garcia III
10. Ramy Garcia IV
11. Garrick Ang
12. Ferd Rivera
13. Johan Ramos

PANGKAT NO. 3

1. **Ed Lucero - Leader**
2. Bong Paloma – Co-Leader
3. Wowie Benitez
4. Noel Go
5. Conrad Cuesta
6. Louie Orosa
7. Nesty Carolina
8. Esto Lichauco
9. Rhett Ermita
10. Peter Javier
11. Sammy Lazo
12. Rtn Gerard Estrada

PANGKAT NO. 4

1. **Rel Gomez - Leader**
2. Ed Evangelista - Co-Leader
3. Toti Buhain
4. Bert Albano
5. Raj Cordova
6. Vic Aquino
7. James Porter
8. Chito Bernardo
9. Alex Lacson
10. Ping Tan
11. Pal Bolivar
12. Carlo Doce

PANGKAT NO. 5

1. **Jun Zafra - Leader**
2. Jecko Santos – Co-Leader
3. Ray Armas
4. Bebert Lacuna
5. Dennis Albano
6. Totoy Bartolome
7. Arnel Estaniel
8. Hermie Orbe
9. Vic Lim
10. Nick Guzman
11. Tito Henson
12. Rtn. Johansson de Guzman
13. Rtn. Vince Ermita

PANGKAT NO. 6

1. **Bart Ronquillo - Leader**
2. Adolf Aran – Co-Leader
3. Ike Ona
4. Kell Ortega
5. Benny de Guzman
6. Albert Mendiola
7. Edison Go
8. Flor de Pano
9. Topax Colayco
10. Roman Romulo
11. Chony Gimenez
12. Jess Acantilado

***DECLARATION OF ROTARIANS
IN
BUSINESS AND PROFESSIONS***

As a Rotarian engaged in a business or profession, I am expected to:

1. Consider my vocation to be another opportunity to serve;
2. Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;
3. Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;
4. Be fair to my employer, employees, associates, competitors, customers, the public and all those with whom I have a business or professional relationship;
5. Recognize the honor and respect due to all occupations which are useful to society;
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community;
7. Adhere to honesty in my advertising and in all representations to the public concerning my business or professions;
8. Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

ROTARY CODE OF CONDUCT

As a Rotarian, I will

1. Exemplify the core value of integrity in all behaviors and activities
2. Use my vocational experience and talents to serve in Rotary
3. Conduct all of my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example to others
4. Be fair in all dealings with others and treat them with the respect due to them as fellow human beings
5. Promote recognition and respect for all occupations which are useful to society
6. Offer my vocational talents: to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring dis-favor or reflect adversely on Rotary or fellow Rotarians
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship

From the Secretary's Desk

Sec. PP John Javier



Attendance

Members Present37

% of Attendance (09/17/20).....49%

Birthday Celebrants for the Month of September 2020

Wedding Anniversaries for the Month of September 2020

Guest and Visiting Rotarians

1. PP Jimmy Ortigas, RC San Juan
2. DG Tonipi Parungao
3. Marthony Basco
4. Roland Valdez
5. Roland Vasquez
6. Nico David
7. Tina Amistoso Austria



ROTARY CLUB OF PASIG



Tinig Newsletter

September 24, 2020

Officers and Directors

ROTARY CLUB OF PASIG (RY 2020-2021)

President	Renato Carlos “RJ” H. Ermita, Jr.
Vice President/PE	Roberto “Bart” C. Ronquillo
Club Secretary	PP Peter John “John” U. Javier
Treasurer	Rtn. James Philip Roland V. Porter

DIRECTOR:

Club Administration	PP Rogelio “Ogie” S. P. Lim
Membership	PP Aurelio “Rel” L. Gomez
Public Relations	Rtn. Garrick “Garrick” L. Ang
Service Community	Rtn. Francisco “Sonny” D.C. Rivera
The Rotary Foundation	PP Marcelo “Jun” C. Zafra, Jr.
Youth Service	PP Roy Eduardo “Ed” T. Lucero
Ex-Officio	IPP Nick “Nick” C. Guzman

Advisers:

HOF/PP Rhett Ermita
PP Conrad Cuesta
Rtn. Ike Ona



Editorial Staff

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MAKE-UP SLIP

This serves as proof of your attendance

Name of Visiting Rotarian

Name of Rotary Club

RC – Pasig Club Secretary: _____ **Date:** _____